Towards Sustainable Healthcare Cyber-Physical Systems (H-CPS)

Keynote – International Conference on Cognitive, Green and Ubiquitous Computing (IC-CGU 2024, https://www.ic-cgu.co.in/)

Bhubaneswar, India, 1--2 Mar 2024

Homepage:
www.smohanty.org

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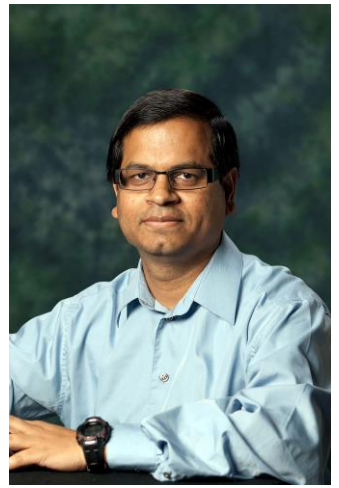
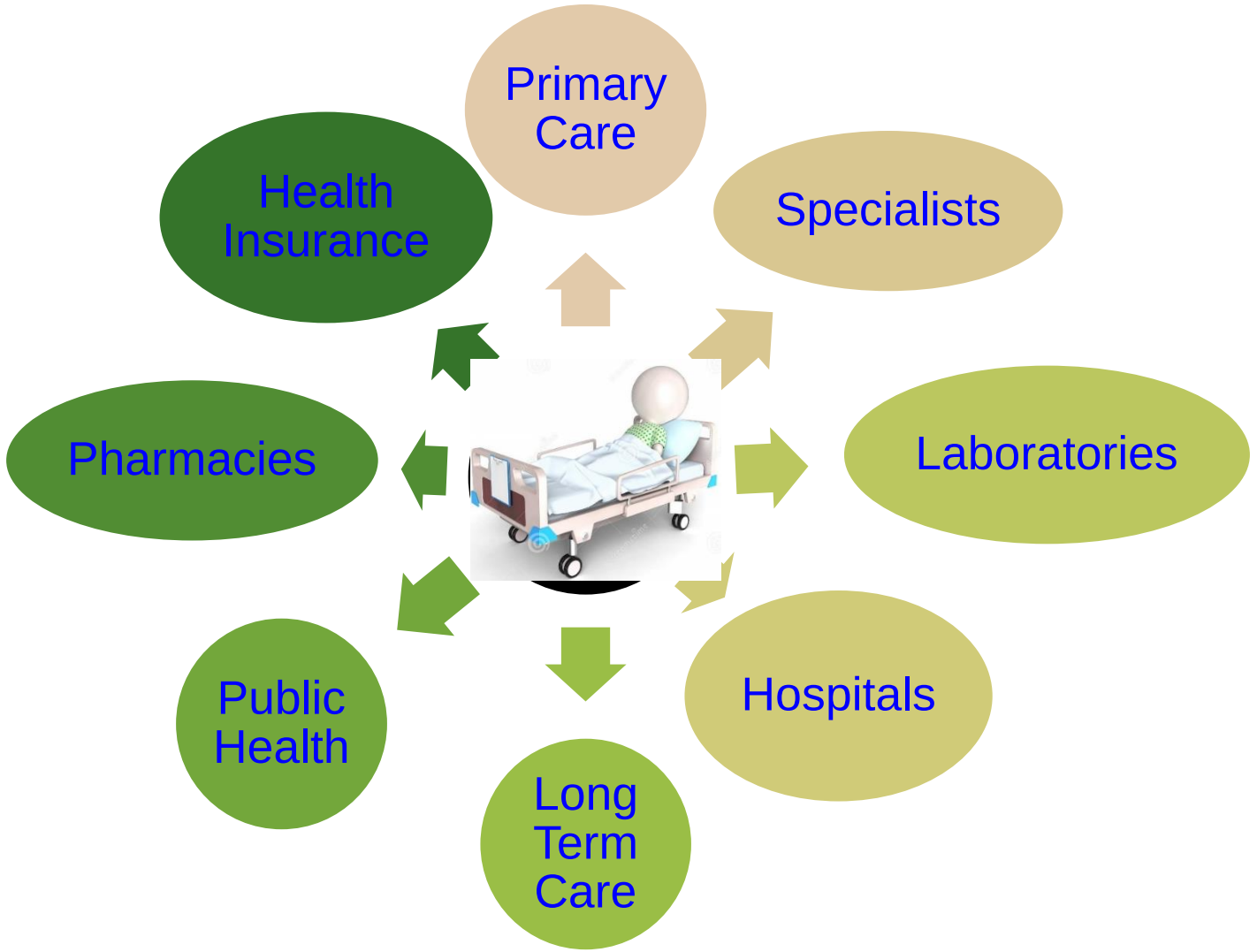


Outline

- Smart Healthcare – Broad Introduction
- Smart Healthcare – Challenges Against Sustainability
- Selected Cybersecurity Solutions for IoT/CPS
- Drawbacks of Existing Cybersecurity Solutions of H-CPS
- Security by Design (SbD) Principle
- Security by Design (SbD) Example Solutions
- Trustworthy Pharmaceutical Supply Chain
- Is PUF the Solution of Every Cybersecurity Problems?
- Is Blockchain the Solution of Every Cybersecurity Problems?
- Conclusions and Future Directions

Smart Healthcare – Broad Introduction

Traditional Healthcare



- Physical presence needed
- Deals with many stakeholders
- Stakeholders may not interact
- May not be personalized
- Not much active feedback
- Less effective follow-up from physicians

Healthcare → Smart Healthcare

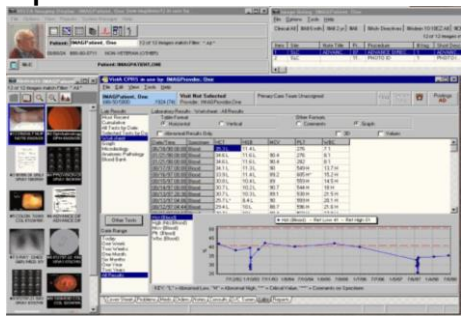
Healthcare

eHealth

Telemedicine

mHealth

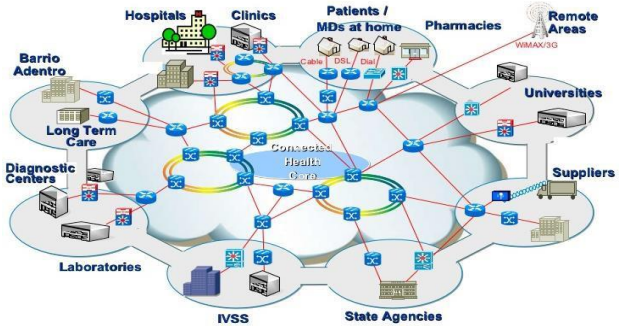
The use of information and communication technologies (ICT) to improve healthcare services.



Telemedicine is the use of telecommunication and information technology to provide clinical healthcare from a distance.

Healthcare supported by *mobile devices* that uses mobile telecommunications and multimedia technologies for the delivery of healthcare services and health information.

cHealth



sHealth

Spire Stone - Breath

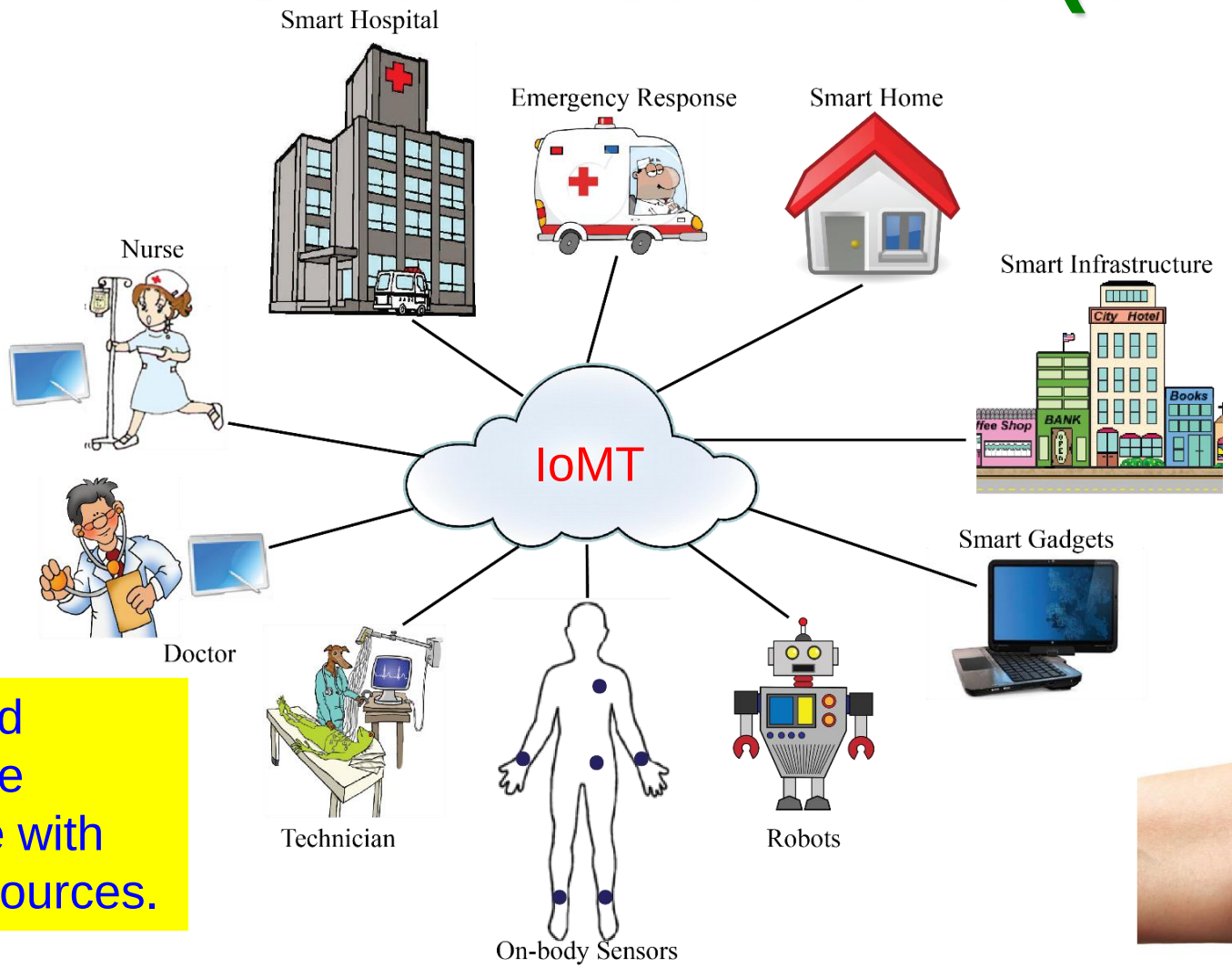
Embedded Skin Patches

Thync's - UltrasoVibeund

Muse - EEG

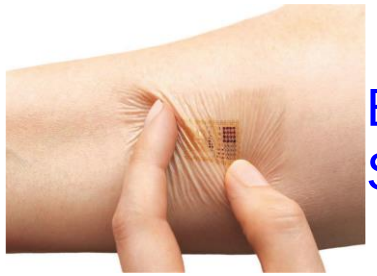
Source: **S. P. Mohanty**, "Smart Healthcare: From Healthcare to Smart Healthcare", ICCE 2020 Panel, Jan 2020.

Smart Healthcare (sHealth)



Fitness Trackers

Headband with Embedded Neurosensors



Embedded Skin Patches

Quality and sustainable healthcare with limited resources.

Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 7, Issue 1, January 2018, pp. 18-28.

What is Smart Healthcare?

Smart Healthcare ←
- Conventional Healthcare
- + Body sensors
- + Smart Technologies
- + Information & Communication Technology (ICT)
- + AI/ML

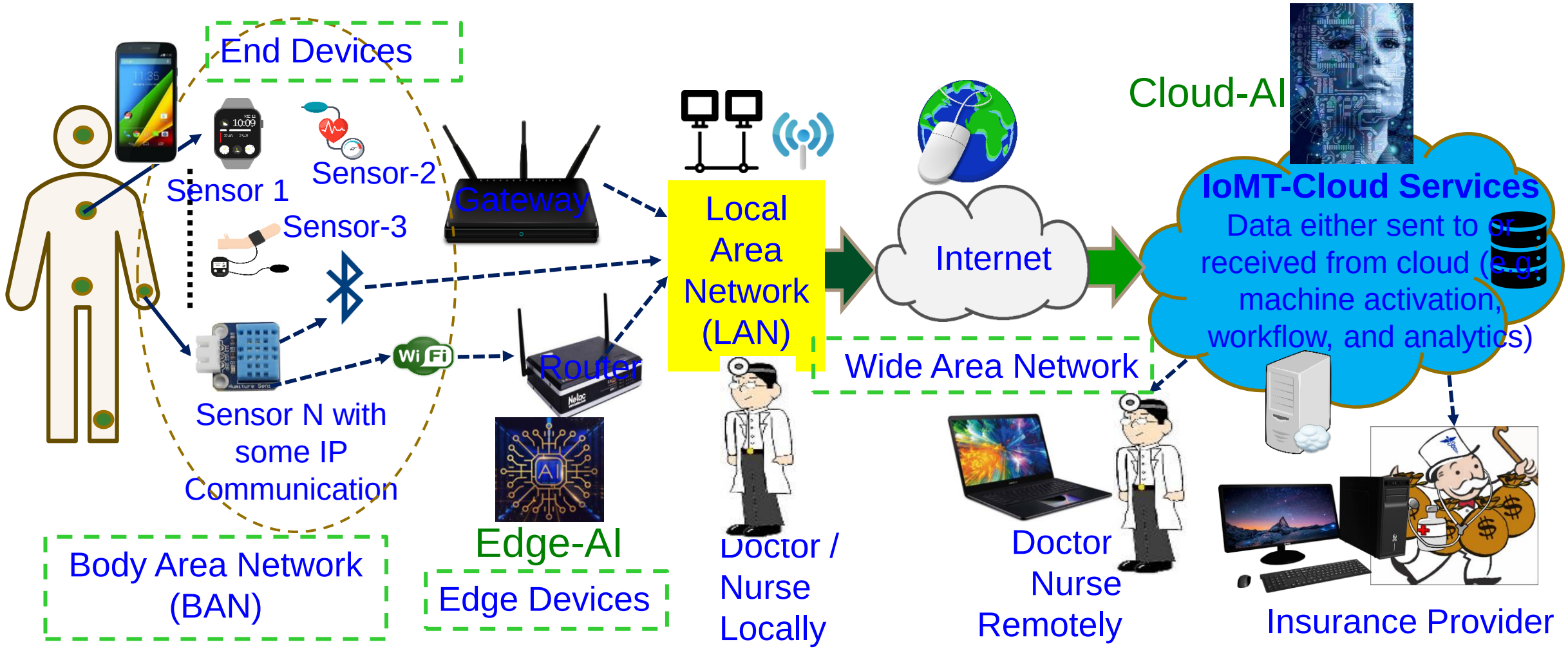
Internet of Medical Things (IoMT)

Internet of Health Things (IoHT)

Healthcare Cyber-Physical Systems (H-CPS)

Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, “Everything You Wanted to Know about Smart Health Care”, *IEEE Consumer Electronics Magazine (MCE)*, Volume 7, Issue 1, January 2018, pp. 18-28.

Smart Healthcare – Healthcare CPS

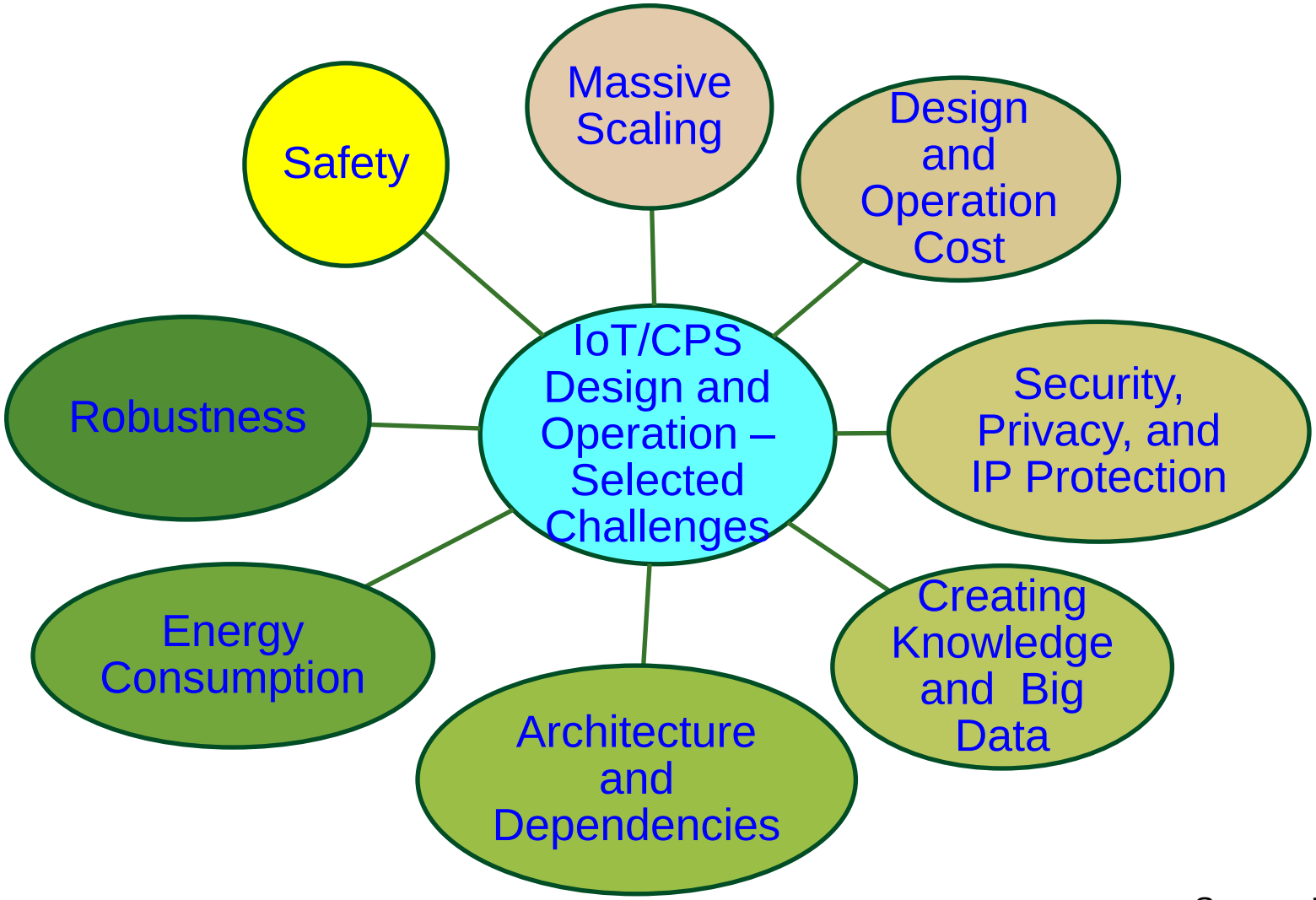


Frost and Sullivan predicts smart healthcare market value to reach US$348.5 billion by 2025.

Source: S. P. Mohanty, Secure IoT by Design, Keynote, 4th IFIP International Internet of Things Conference (IFIP-IoT), 2021, Amsterdam, Netherlands, 5th November 2021.

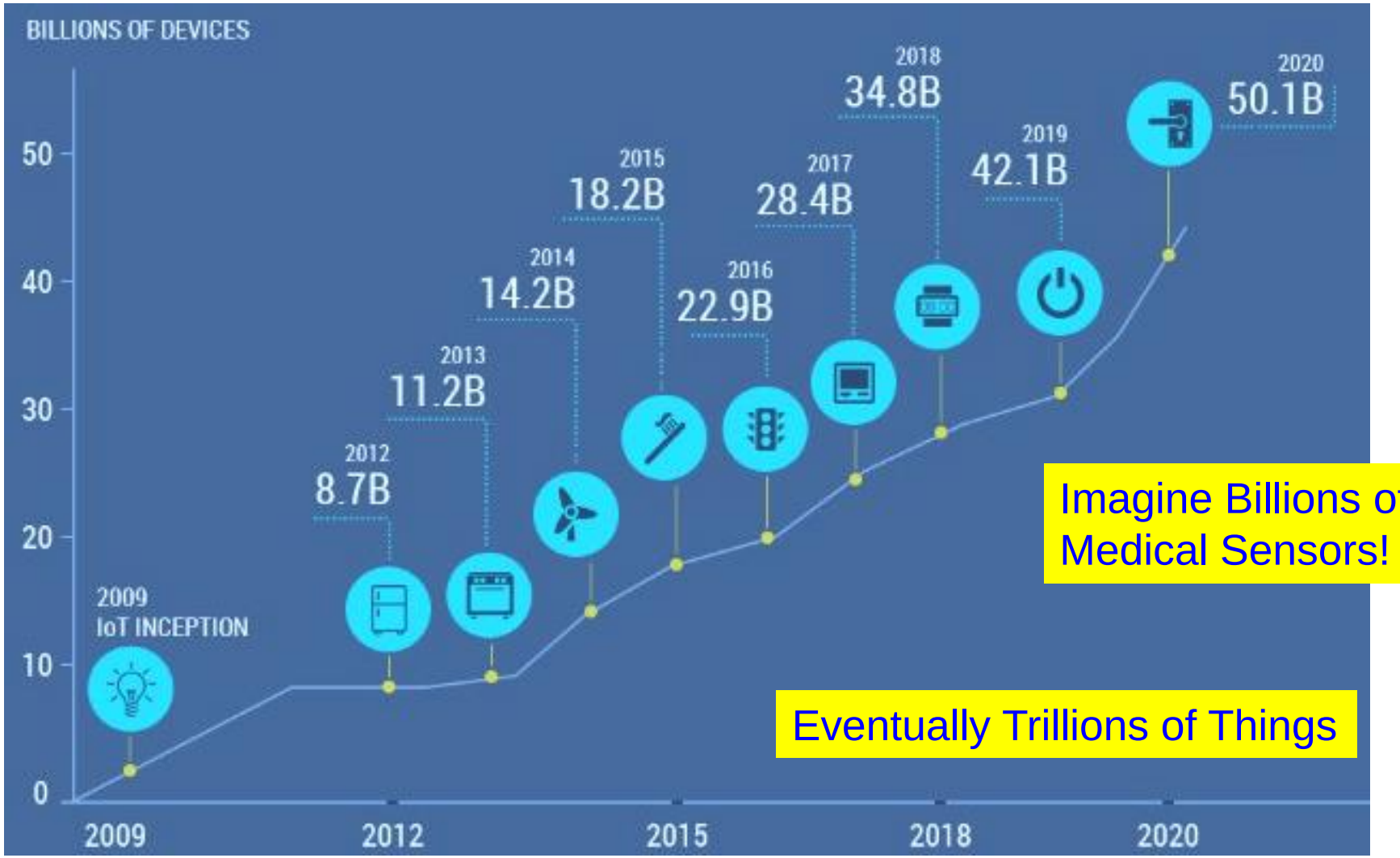
Smart Healthcare – Challenges Against Sustainability

CPS – Sustainability Challenges



Source: Mohanty ICIT 2017 Keynote

Massive Growth of Sensors/Things



Source: https://www.linkedin.com/pulse/history-iot-industrial-internet-sensors-data-lakes-0-downtime

Challenges of Data in IoT/CPS are Multifold

Data Curation

Data Cost

Data Storage

Lots of Data

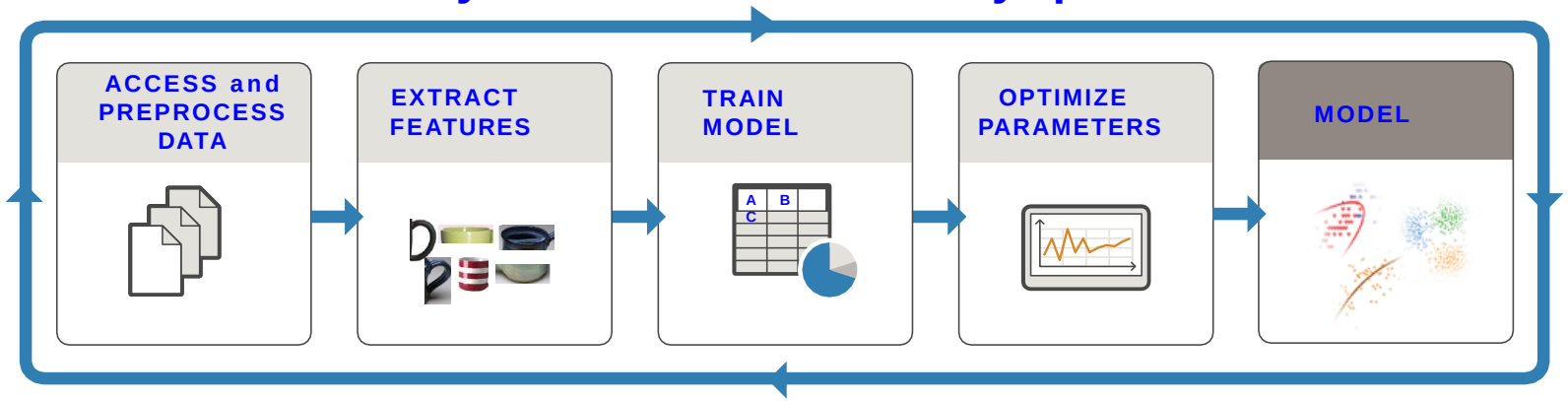
Data Ownership

Data Modeling

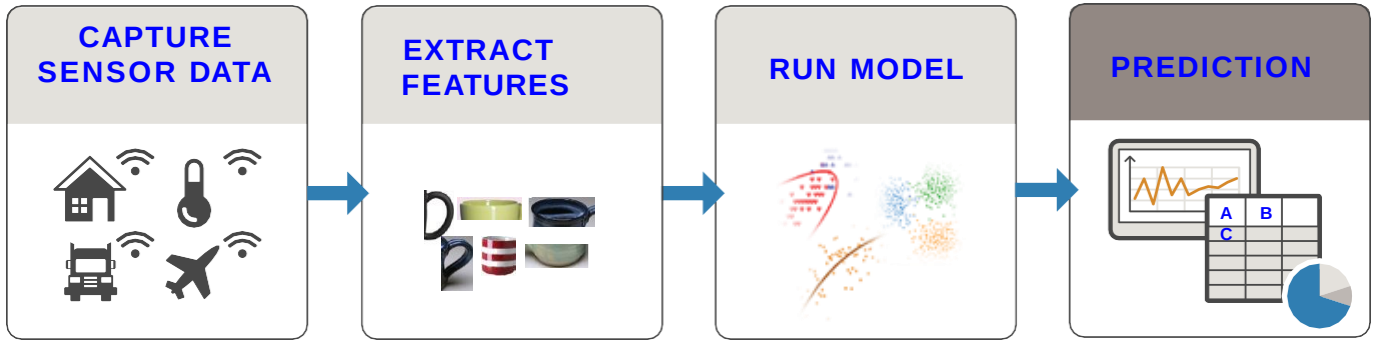
Data Quality

Deep Neural Network (DNN) - Resource and Energy Costs

TRAIN: Iterate until you achieve satisfactory performance.



PREDICT: Integrate trained models into applications.



Source: https://www.mathworks.com/campaigns/offers/mastering-machine-learning-with-matlab.html

Needs Significant:

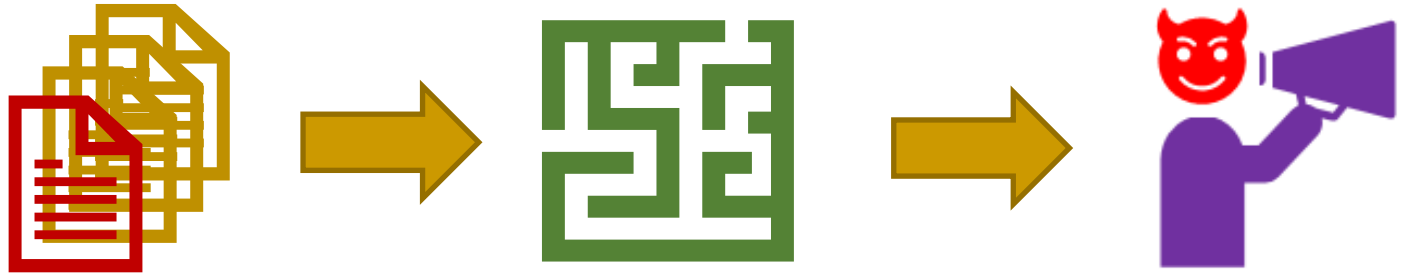
- Computational Resource
- Computation Energy

Limited Computational Capability
Limited Battery Life

Needs:

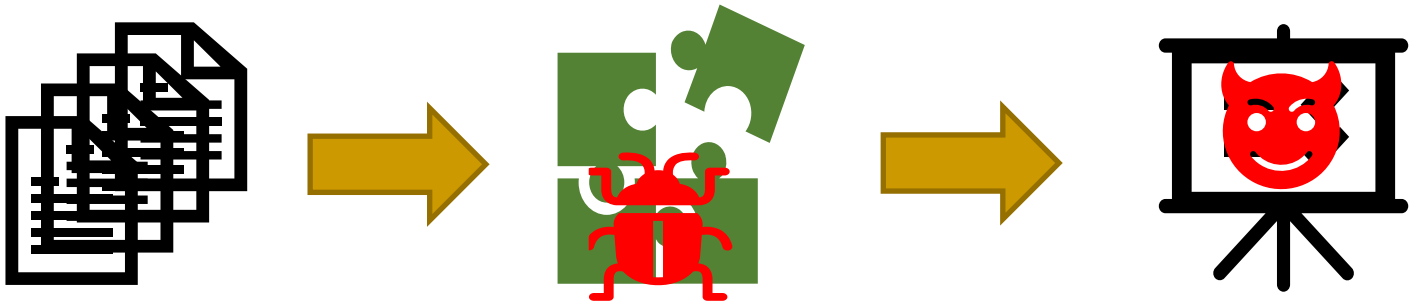
- Computational Resource
- Computation Energy

AI/ML – Cybersecurity Issue



Corrupted Input Dataset → Predictive modelling → Corrupted Decision/ Prediction

Input attack in machine learning

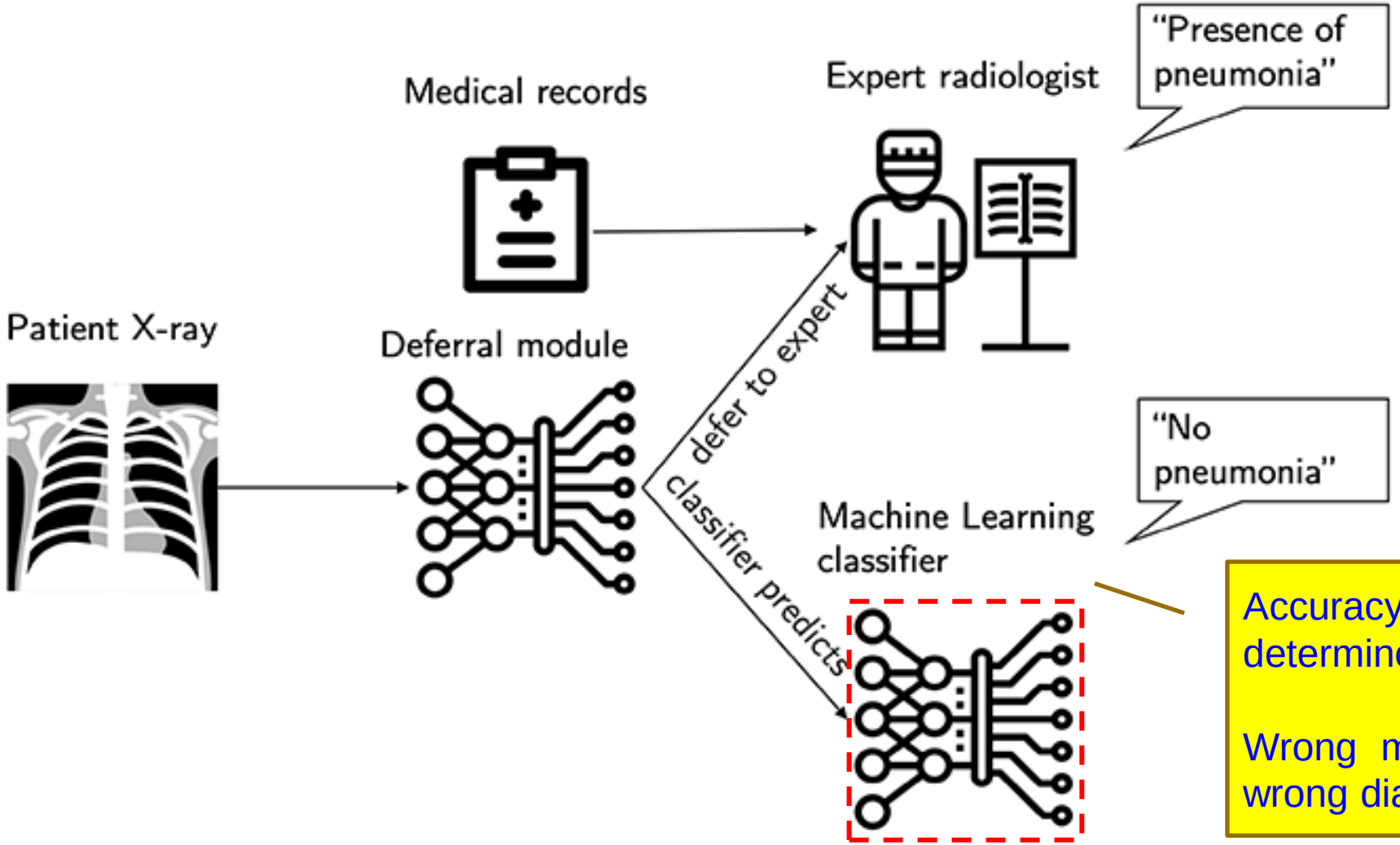


Input Dataset → Attacked training Process → Corrupt Classifications

Poisoning attack in training process

Source: D. Puthal, and **S. P. Mohanty**, "Cybersecurity Issues in AI", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 10, No. 4, July 2021, pp. 33--35.

Wrong ML Model → Wrong Diagnosis



Accuracy is important determine pneumonia

Wrong model can lead to wrong diagnosis altogether

Source: https://www.healthcareitnews.com/news/new-ai-diagnostic-tool-knows-when-defer-human-mit-researchers-say

Smart Healthcare - Security Challenges

Selected Smart Healthcare Security/Privacy Challenges

- Data Eavesdropping
- Data Confidentiality
- Data Privacy
- Data Integrity
- Identity Threats
- Unique Identification
- Personal Privacy
- Location Privacy
- Access Control
- Device Security

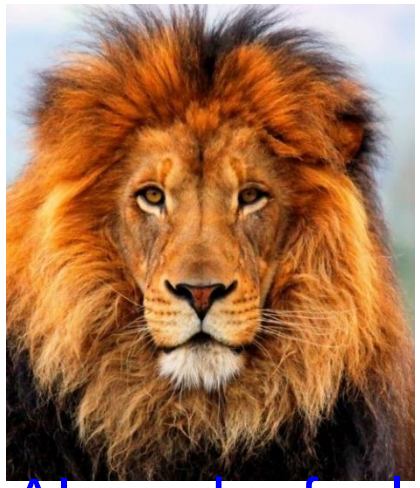
Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, “Everything You Wanted to Know about Smart Health Care”, *IEEE Consumer Electronics Magazine (CEM)*, Volume 7, Issue 1, January 2018, pp. 18-28.

Implantable Medical Devices - Attacks

- The vulnerabilities affect implantable cardiac devices and the external equipment used to communicate with them.
- The devices emit RF signals that can be detected up to several meters from the body.
- A malicious individual nearby could conceivably hack into the signal to jam it, alter it, or snoop on it.

Source: Emily Waltz, Can "Internet-of-Body" Thwart Cyber Attacks on Implanted Medical Devices?, *IEEE Spectrum*, 28 Mar 2019, https://spectrum.ieee.org/the-human-os/biomedical/devices/thwart-cyber-attacks-on-implanted-medical-devices.amp.html.

Fake Data and Fake Hardware – Both are Equally Dangerous in CPS

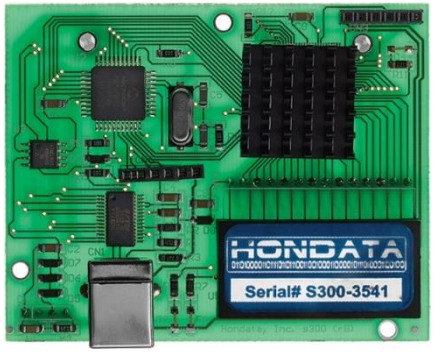


AI can be fooled by fake data

AI can create fake data (Deepfake)

Authentic Fake

An implantable medical device



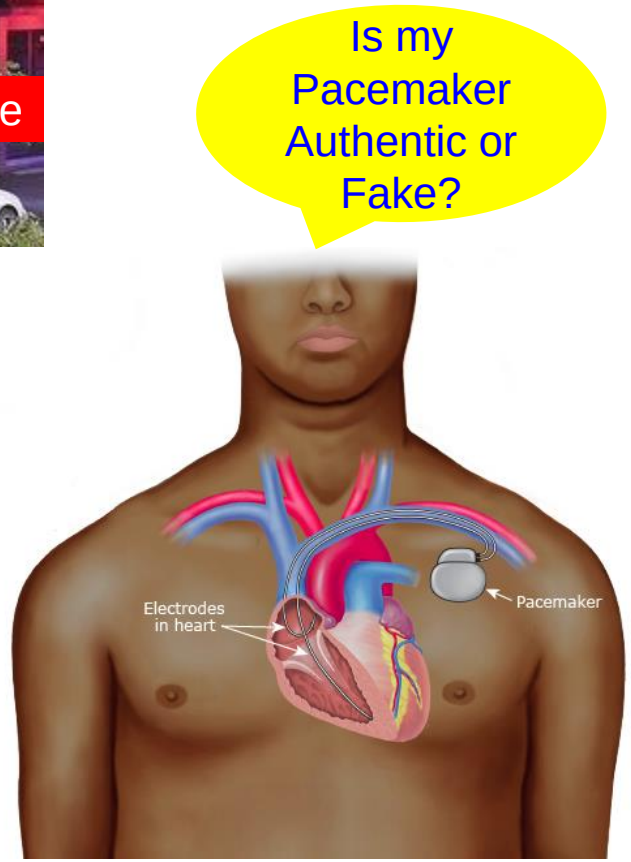
Authentic Fake

A plug-in for car-engine computers

Fake is Cheap – Why not Buy?

Source: https://www.quora.com

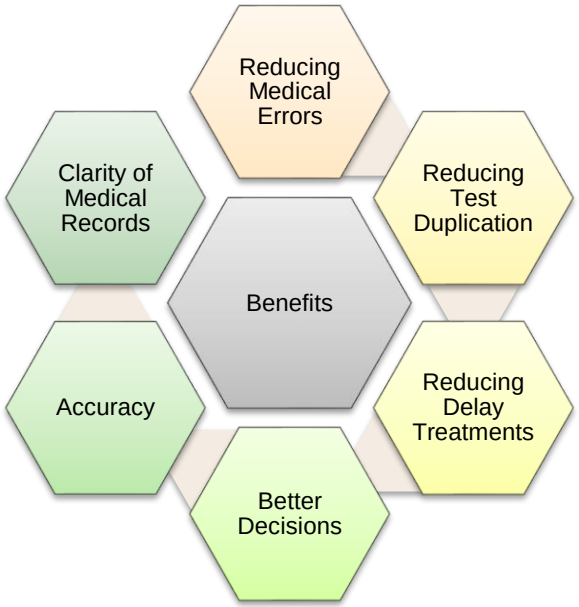
Source: https://nypost.com/



Source: https://apro.ipsf.org/

Electronic Health Records (EHR's)

- Electronic Health Record (EHR) is an electronic version of patient medical history maintained by the provider
- Contains demographics, progress notes, problems, medications, and other administrative information



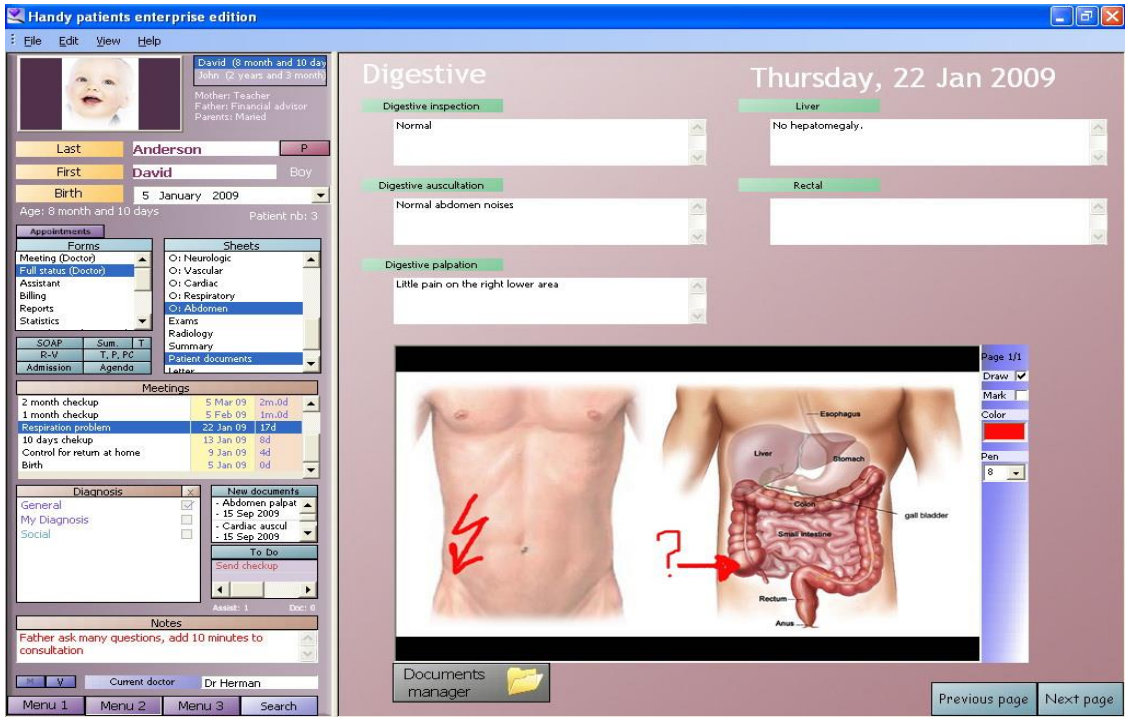
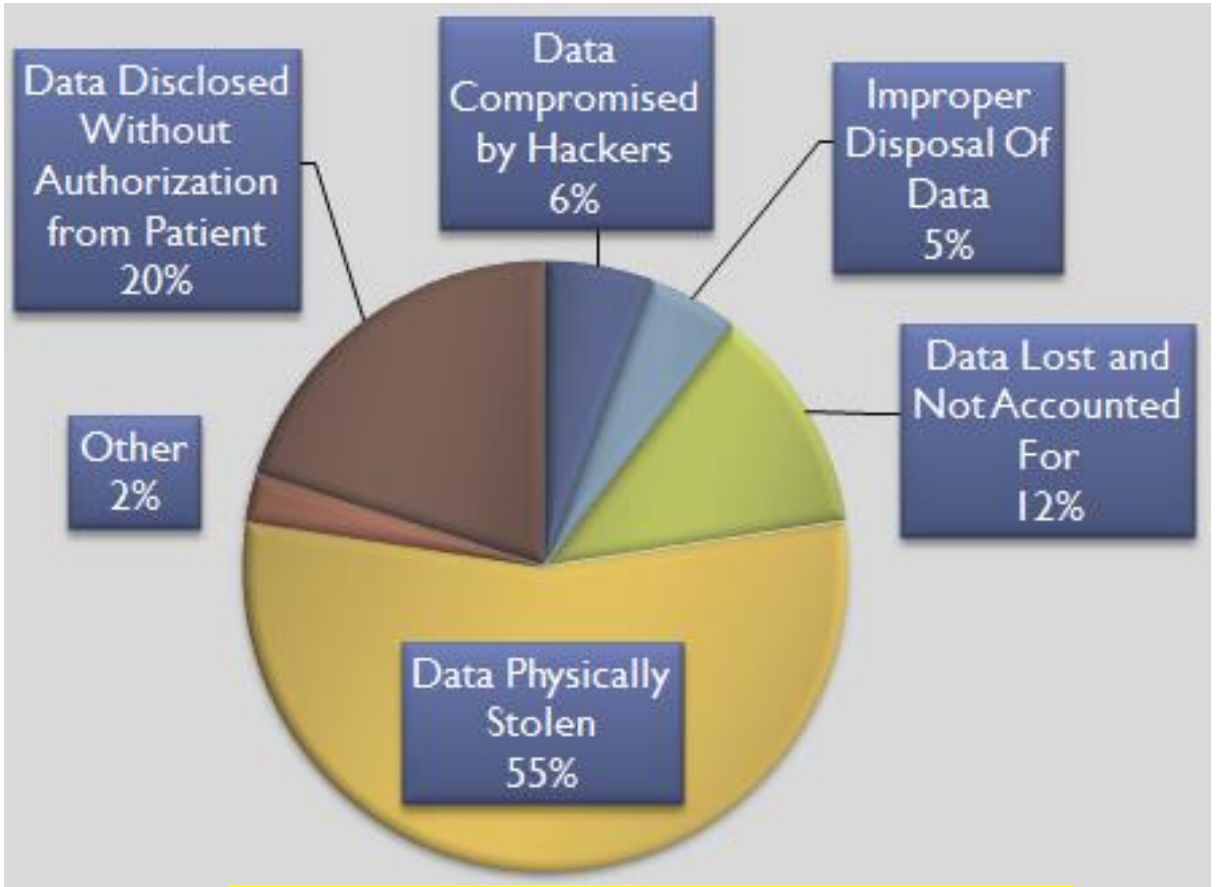


Image Source: DaCarpenther, An electronic medical record example, Handy patients electronic medical record (free open-source version)

Health Insurance Portability and Accountability Act (HIPPA)

HIPAA
Health Insurance Portability and Accountability Act

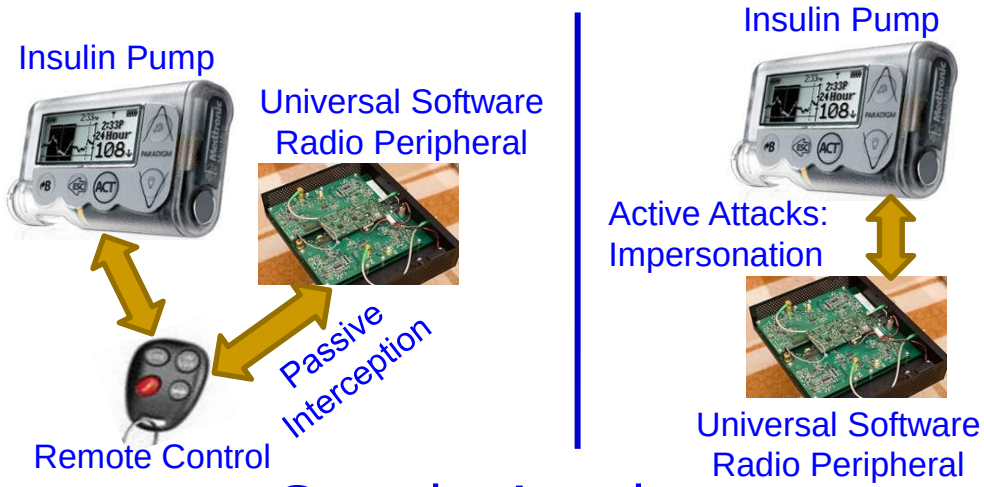


HIPPA Privacy Violation by Types

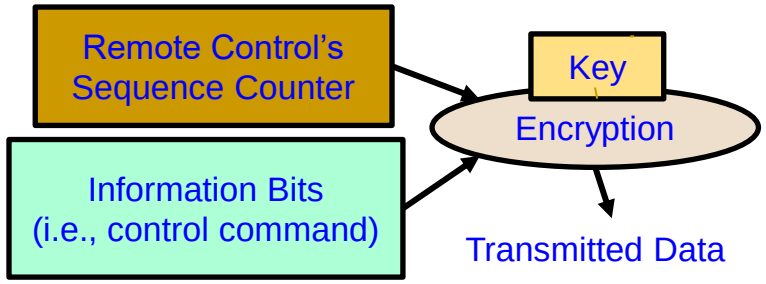
Cybrsecurity Solution for IoT/CPS

Smart Healthcare Cybersecurity

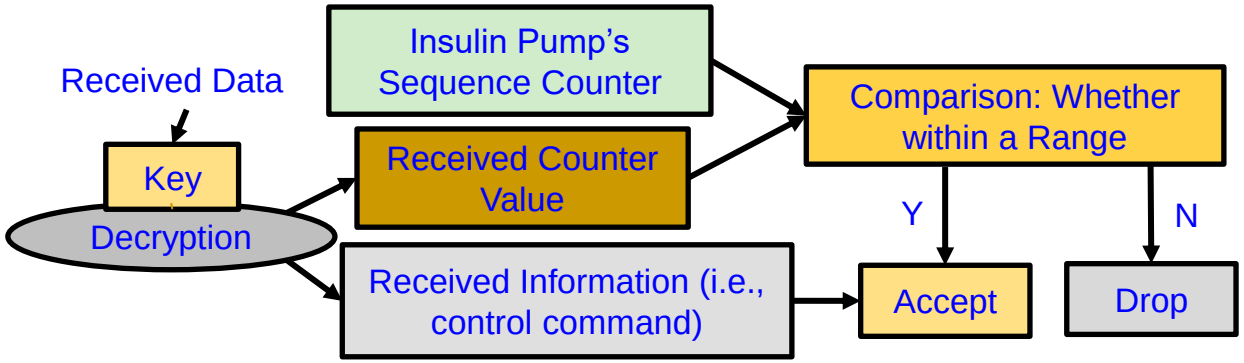
Insulin Delivery System



Security Attacks



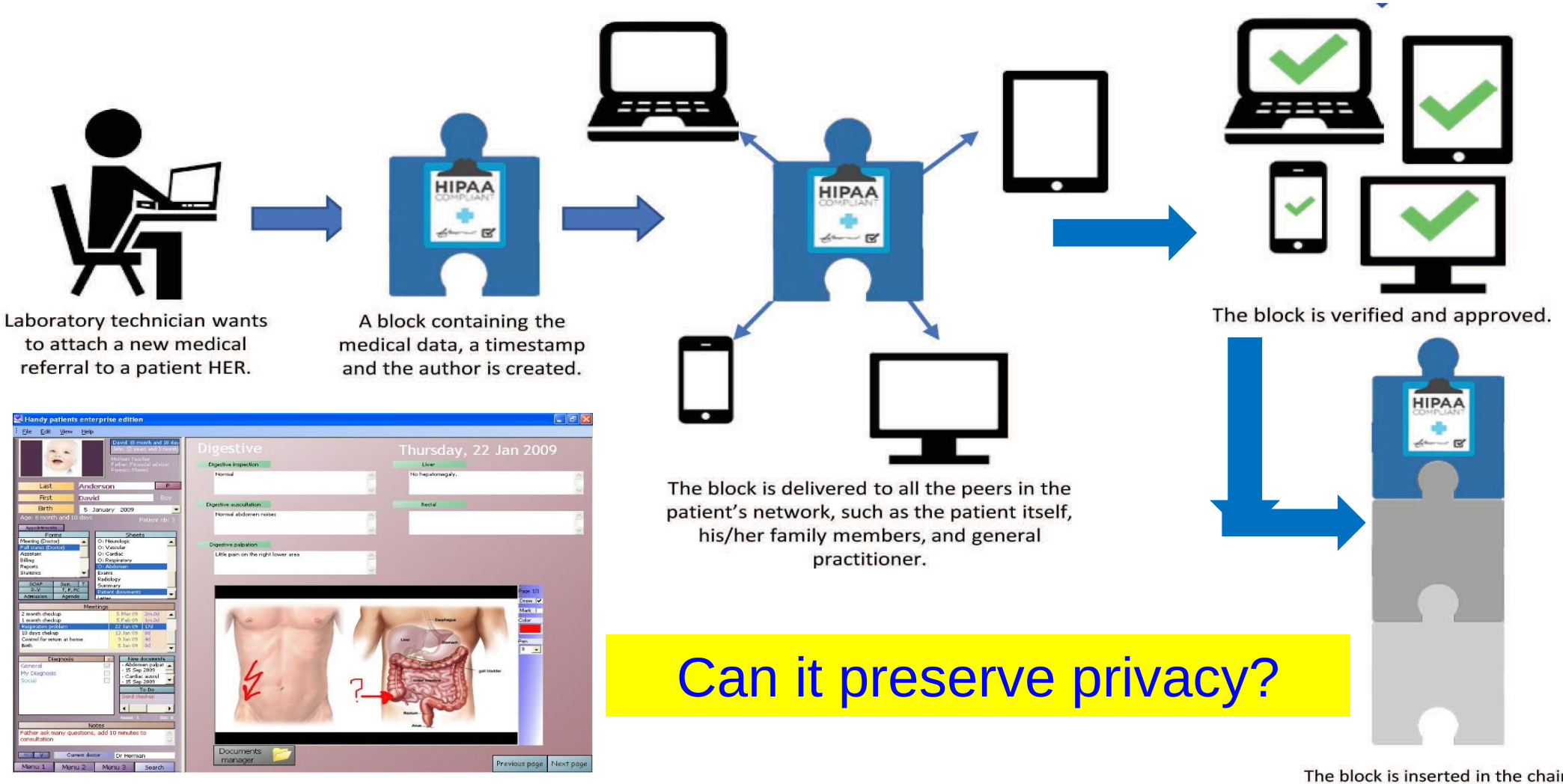
Rolling Code Encoder in Remote Control



Rolling Code Decoder in Insulin Pump

Source: Li and Jha 2011: HEALTH 2011

Blockchain in Smart Healthcare



Can it preserve privacy?

Source: C. Esposito, A. De Santis, G. Tortora, H. Chang and K. R. Choo, "Blockchain: A Panacea for Healthcare Cloud-Based Data Security and Privacy?," *IEEE Cloud Computing*, vol. 5, no. 1, pp. 31-37, Jan./Feb. 2018.

Nonvolatile Memory Security and Protection

Source: http://datalocker.com

Nonvolatile / Harddrive Storage

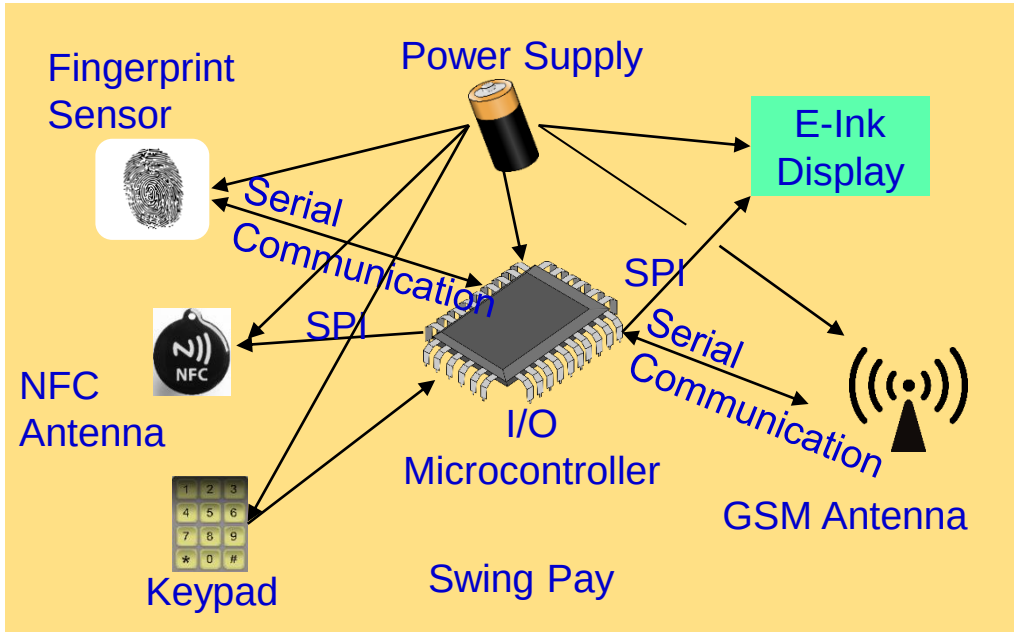
Hardware-based encryption of data secured/protected by strong password/PIN authentication.

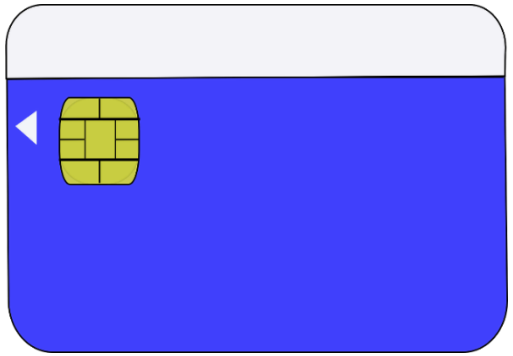
Software-based encryption to secure systems and partitions of hard drive.

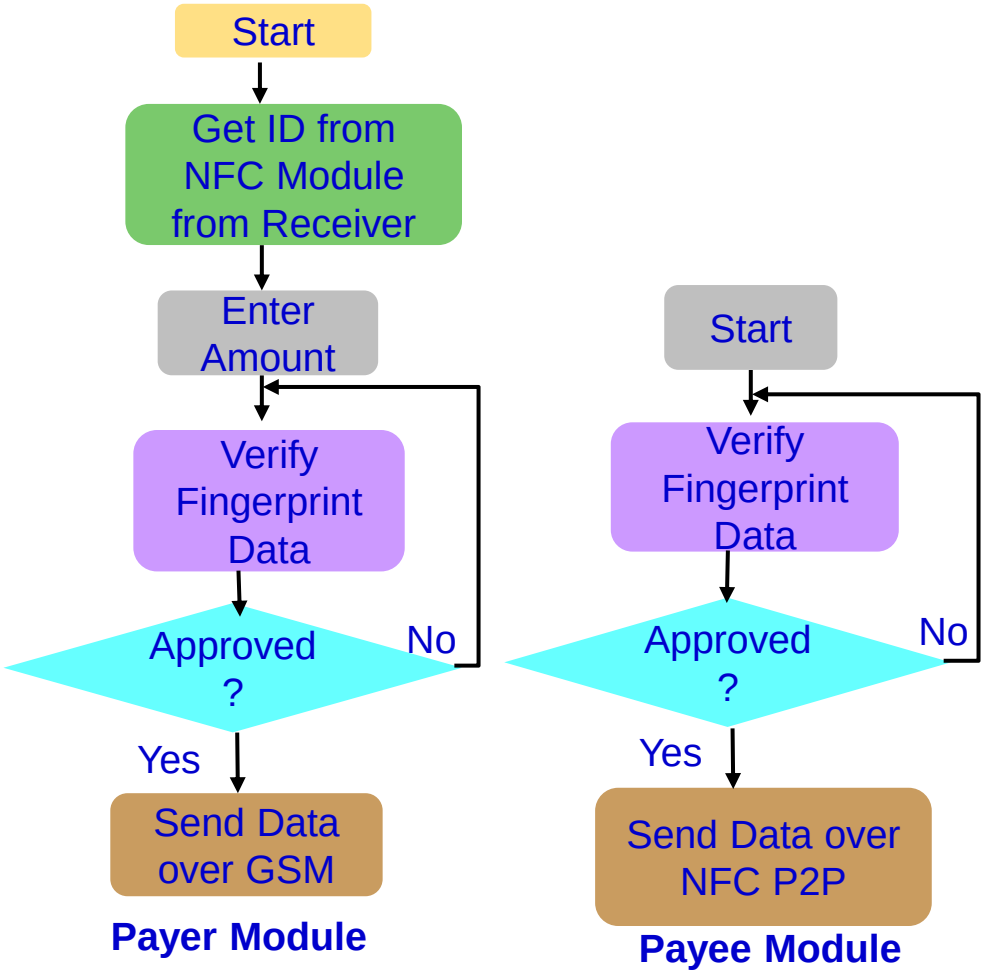
Some performance penalty due to increase in latency!

How Cloud storage changes this scenario?

Our Swing-Pay - NFC Cybersecurity Solution







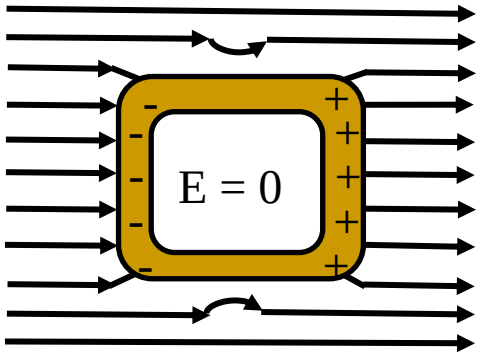
Source: S. Ghosh, J. Goswami, A. Majumder, A. Kumar, **S. P. Mohanty**, and B. K. Bhattacharyya, "Swing-Pay: One Card Meets All User Payment and Identity Needs", *IEEE Consumer Electronics Magazine (MCE)*, Volume 6, Issue 1, January 2017, pp. 82--93.

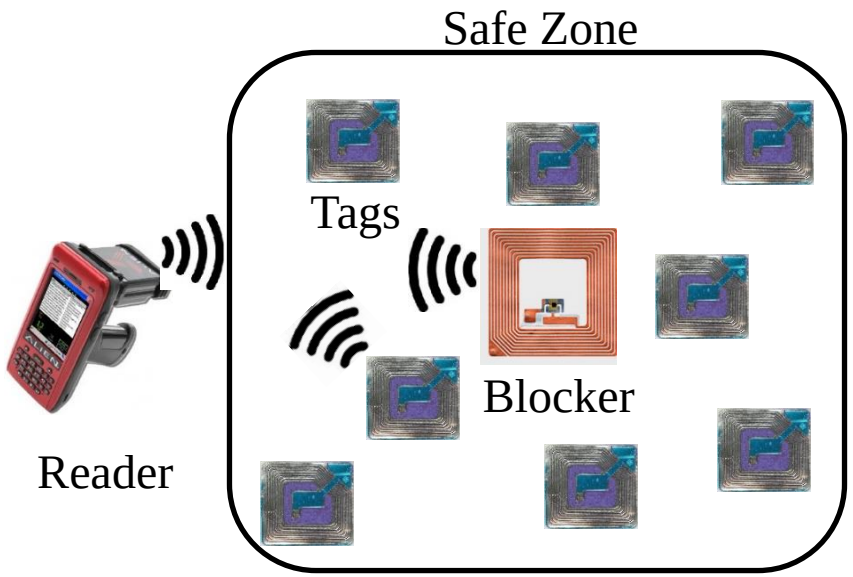
RFID Cybersecurity - Solutions

Selected RFID Security Methods

- Killing Tags
- Sleeping Tags
- Faraday Cage
- Blocker Tags
- Tag Relabeling
- Minimalist Cryptography
- Proxy Privacy Devices

Faraday Cage





Blocker Tags

Source: Khattab 2017, Springer 2017 RFID Security

Drawbacks of Existing Cybersecurity Solutions

IT Cybersecurity Solutions Can't be Directly Extended to IoT/CPS Cybersecurity

IT Cybersecurity

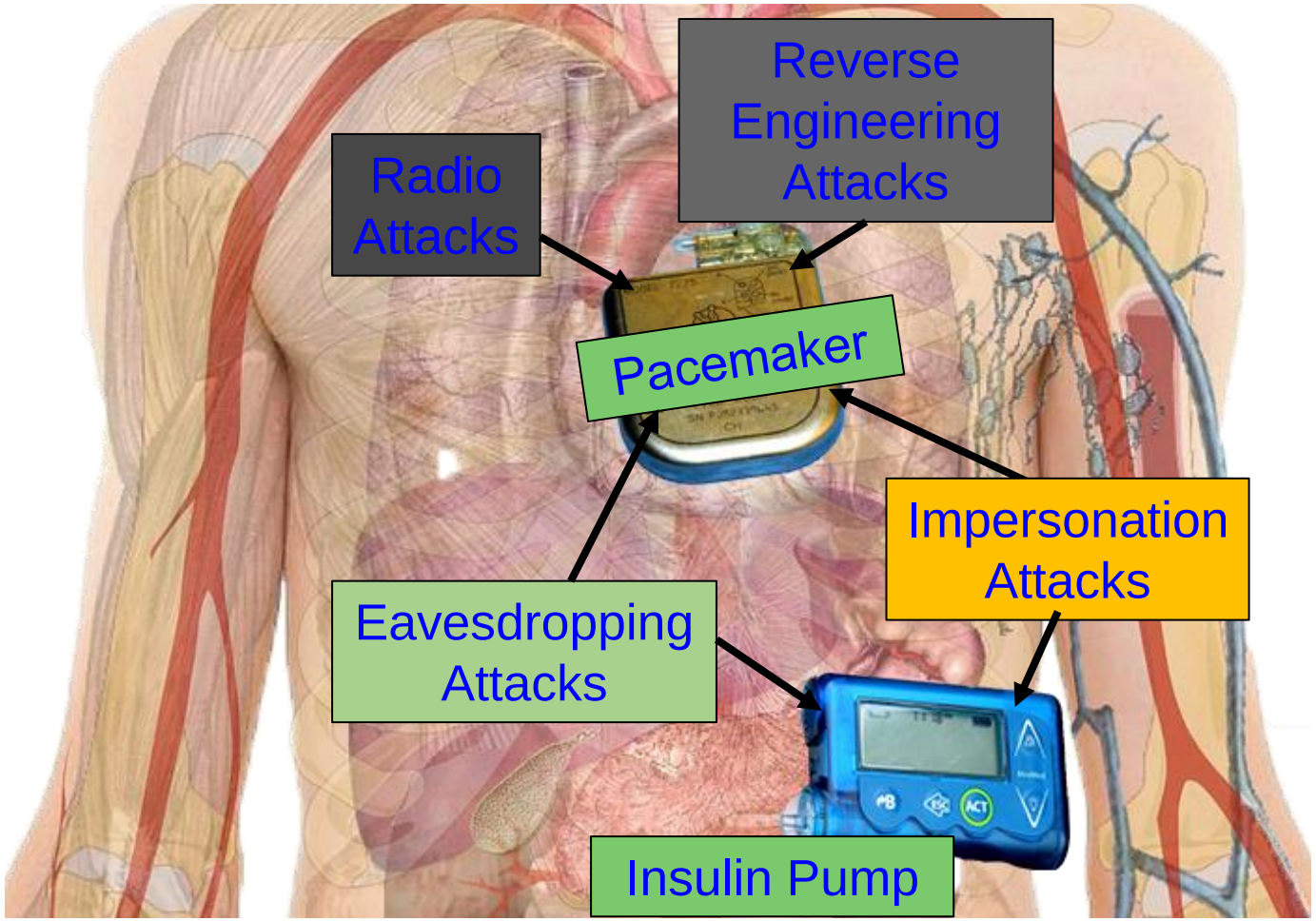
- IT infrastructure may be well protected rooms
- Limited variety of IT network devices
- Millions of IT devices
- Significant computational power to run heavy-duty security solutions
- IT security breach can be costly

IoT Cybersecurity

- IoT may be deployed in open hostile environments
- Significantly large variety of IoT devices
- Billions of IoT devices
- May not have computational power to run security solutions
- IoT security breach (e.g. in a IoMT device like pacemaker, insulin pump) can be life threatening

Maintaining of Cybersecurity of Electronic Systems, IoT, CPS, needs Energy, and affects performance.

Cybersecurity Measures in Healthcare Cyber-Physical Systems is Hard

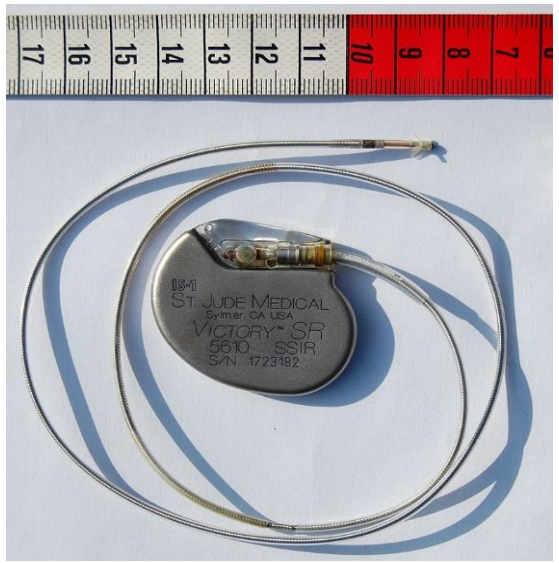


Collectively (WMD+IMD): Implantable and Wearable Medical Devices (IWMDs)

Implantable and Wearable Medical Devices (IWMDs):

→ Longer Battery life
→ Safer device
→ Smaller size
→ Smaller weight
→ Not much computational capability

H-CPS Cybersecurity Measures is Hard - Energy Constrained



Pacemaker
Battery Life
- 10 years

Neurostimulator
Battery Life
- 8 years

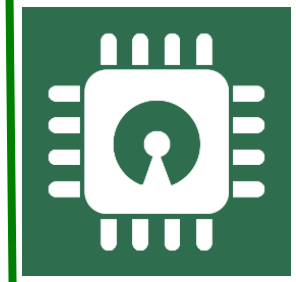
- Implantable Medical Devices (IMDs) have integrated battery to provide energy to all their functions → Limited Battery Life depending on functions
- Higher battery/energy usage → Lower IMD lifetime
- Battery/IMD replacement → Needs surgical risky procedures

Source: C. Camara, P. Peris-Lopeza, and J. E.Tapiadora, "Security and privacy issues in implantable medical devices: A comprehensive survey", *Elsevier Journal of Biomedical Informatics*, Volume 55, June 2015, Pages 272-289.

Cybersecurity Attacks – Software Vs Hardware Based

Software Based

- Software attacks via communication channels
- Typically from remote
- More frequent
- Selected Software based:
  - Denial-of-Service (DoS)
  - Routing Attacks
  - Malicious Injection
  - Injection of fraudulent packets
  - Snooping attack of memory
  - Spoofing attack of memory and IP address
  - Password-based attacks



Hardware Based

- Hardware or physical attacks
- Maybe local
- More difficult to prevent
- Selected Hardware based:
  - Hardware backdoors (e.g. Trojan)
  - Inducing faults
  - Electronic system tampering/ jailbreaking
  - Eavesdropping for protected memory
  - Side channel attack
  - Hardware counterfeiting

Source: Mohanty ICCE Panel 2018

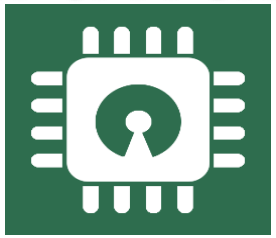
Cybersecurity Solutions – Software Vs Hardware Based

Software Based

- Introduces latency in operation
- Flexible - Easy to use, upgrade and update
- Wider-Use - Use for all devices in an organization
- Higher recurring operational cost
- Tasks of encryption easy compared to hardware – substitution tables
- Needs general purpose processor
- Can’t stop hardware reverse engineering

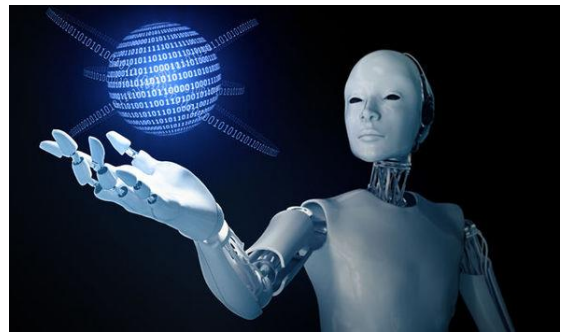
Source: Mohanty ICCE Panel 2018

Hardware Based



- High-Speed operation
- Energy-Efficient operation
- Low-cost using ASIC and FPGA
- Tasks of encryption easy compared to software – bit permutation
- Easy integration in CE systems
- Possible security at source-end like sensors, better suitable for IoT
- Susceptible to side-channel attacks
- Can’t stop software reverse engineering

Security-by-Design (SbD) – The Principle



CPS Design - Multiple Objectives for Sustainability

Non-recurring Design Cost

Recurring Operational Cost

Energy Consumption, Battery Life

Ethics, Safety

Security, Privacy, IP Rights

Smart Cities
Vs
Smart Villages

Performance, Latency

Intelligence

Source: Mohanty ICCE 2019 Keynote

Security by Design (SbD) and/or Privacy by Design (PbD)

Embedding of security/privacy into the architecture (hardware+software) of various products, programs, or services.

Retrofitting: Difficult → Impossible!

Source: https://teachprivacy.com/tag/privacy-by-design/

Security by Design (SbD) and/or Privacy by Design (PbD)

7 Fundamental Principles

- Proactive not Reactive
- Security/Privacy as the Default
- Security/Privacy Embedded into Design
- Full Functionality - Positive-Sum, not Zero-Sum
- End-to-End Security/Privacy - Lifecycle Protection
- Visibility and Transparency
- Respect for Users

Source: https://iapp.org/media/pdf/resource_center/Privacy%20by%20Design%20-%207%20Foundational%20Principles.pdf

Hardware-Assisted Security (HAS)

- Hardware-Assisted Security: Security provided by hardware for:
  (1) information being processed,
  (2) hardware itself,
  (3) overall system

Privacy by Design (PbD)

Security/Secure by Design (SbD)

- Additional hardware components used for cybersecurity.
- Hardware design modification is performed.
- System design modification is performed.

RF Hardware Security

Digital Hardware Security – Side Channel

Hardware Trojan Protection

Information Security, Privacy, Protection

Bluetooth Hardware Security

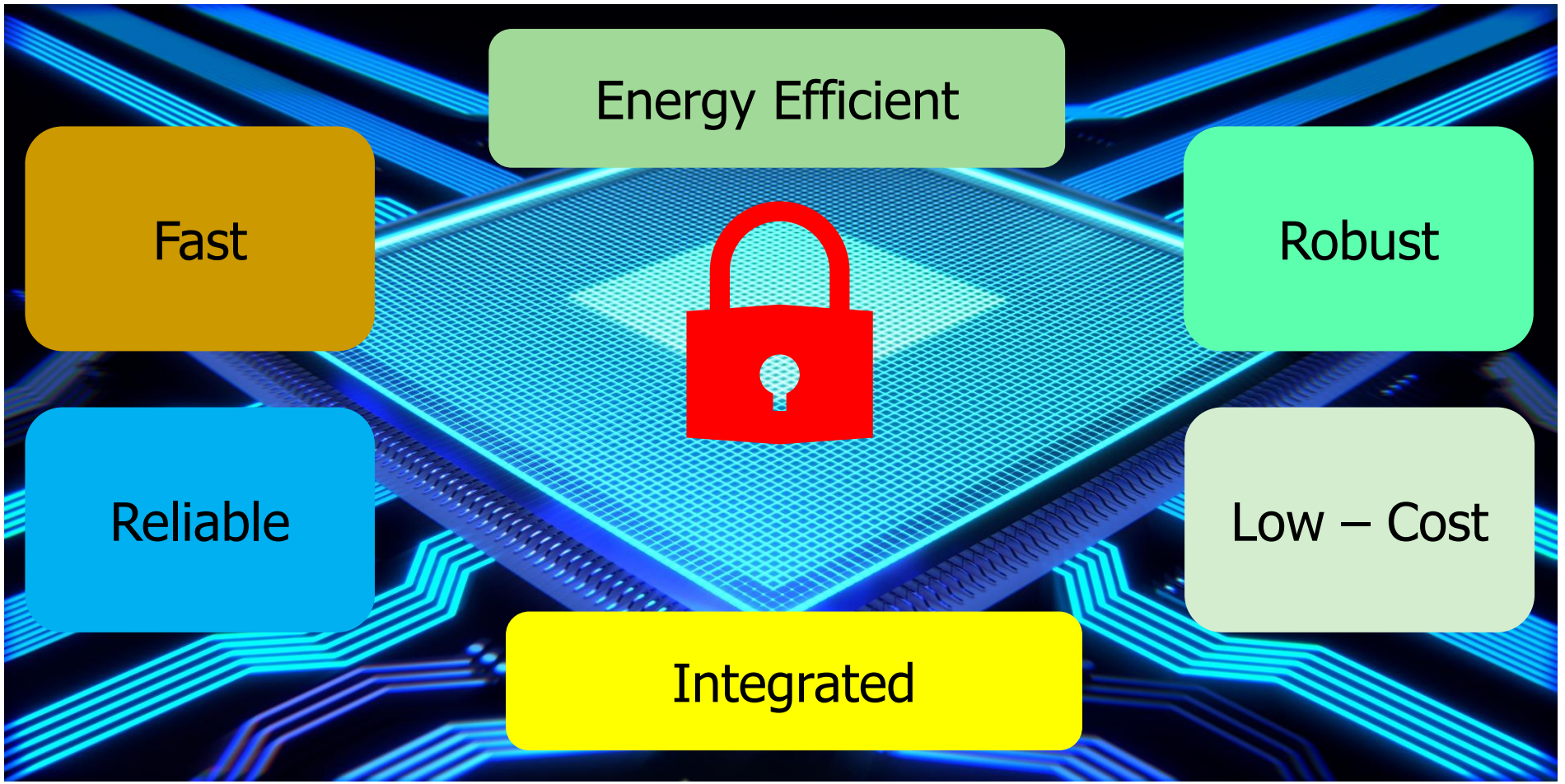
Memory Protection

Digital Core IP Protection

Source: Mohanty ICCE 2018 Panel

Source: E. Kougianos, S. P. Mohanty, and R. N. Mahapatra, "Hardware Assisted Watermarking for Multimedia", Special Issue on Circuits and Systems for Real-Time Security and Copyright Protection of Multimedia, Elsevier International Journal on Computers and Electrical Engineering, Vol 35, No. 2, Mar 2009, pp. 339-358..

Hardware Assisted Security (HAS) or Security-by-Design (SbD) - Advantages



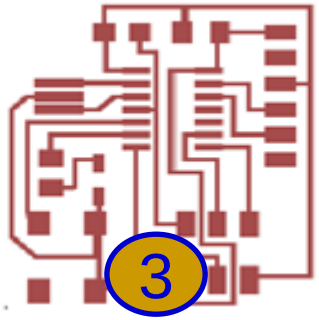
Trustworthy Electronic System

- A selective attributes of electronic system to be trustworthy:
  - It must maintain integrity of information it is processing.
  - It must conceal any information about the computation performed through any side channels such as power analysis or timing analysis.
  - It must perform only the functionality it is designed for, nothing more and nothing less.
  - It must not malfunction during operations in critical applications.
  - It must be transparent only to its owner in terms of design details and states.
  - It must be designed using components from trusted vendors.
  - It must be built/fabricated using trusted fabs.

SbD Principle – IoT/CPS Design Flow

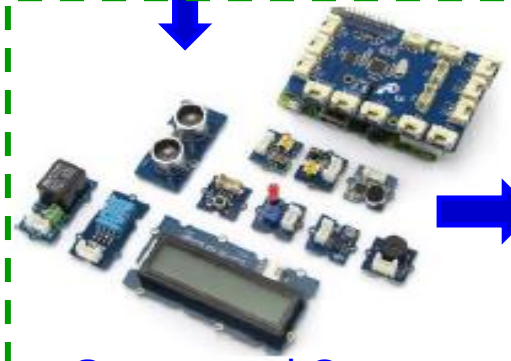
1 Concept

2 High Level Design

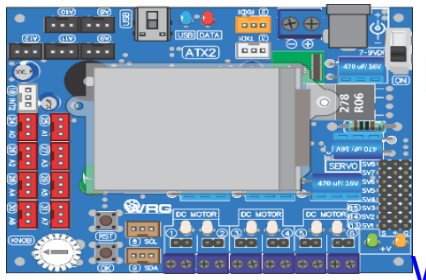


3 Component Level Design

4 Design Analysis



Sensor and Component Assembly



Writing Device Drivers

Writing Application Programming Interface (APIs) for Cloud Infrastructure

Client Integration (Desktop, Tablet, Mobile) Prototyping

5

To Next Step

6

How to integrate cybersecurity and privacy at every stage of design flow?

Source: http://events.linuxfoundation.org/sites/events/files/slides/Design%20-%20End-to-End%20%20IoT%20Solution%20-%20Shivakumar%20Mathapathi.pdf

SbD Principle – IoT/CPS Design Flow

6 Field Testing

7 Release of Beta Version

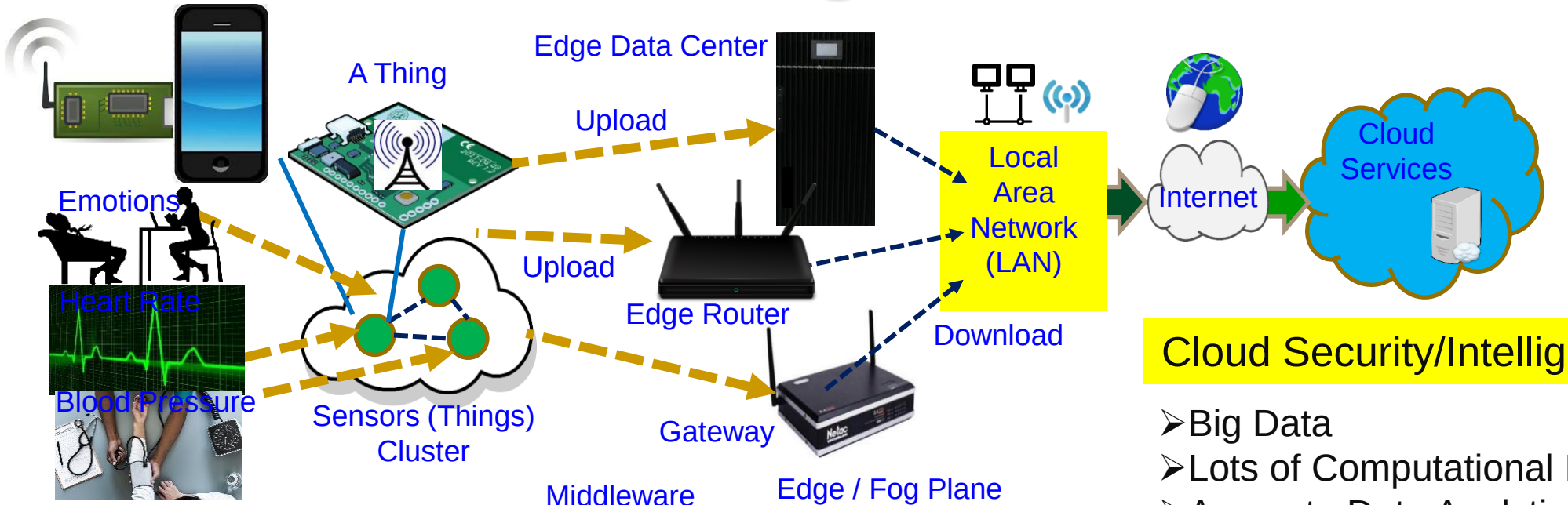
8 Production

9 Release and Documentation

How to validate and document cybersecurity and privacy features at every stage of production?

Source: http://events.linuxfoundation.org/sites/events/files/slides/Design%20-%20End-to-End%20%20IoT%20Solution%20-%20Shivakumar%20Mathapathi.pdf

CPS – IoT-Edge Vs IoT-Cloud



End Security/Intelligence

- Minimal Data
- Minimal Computational Resource
- Least Accurate Data Analytics
- Very Rapid Response

Edge Security/Intelligence

- Less Data
- Less Computational Resource
- Less Accurate Data Analytics
- Rapid Response

Cloud Security/Intelligence

- Big Data
- Lots of Computational Resource
- Accurate Data Analytics
- Latency in Network
- Energy Overhead in Communications

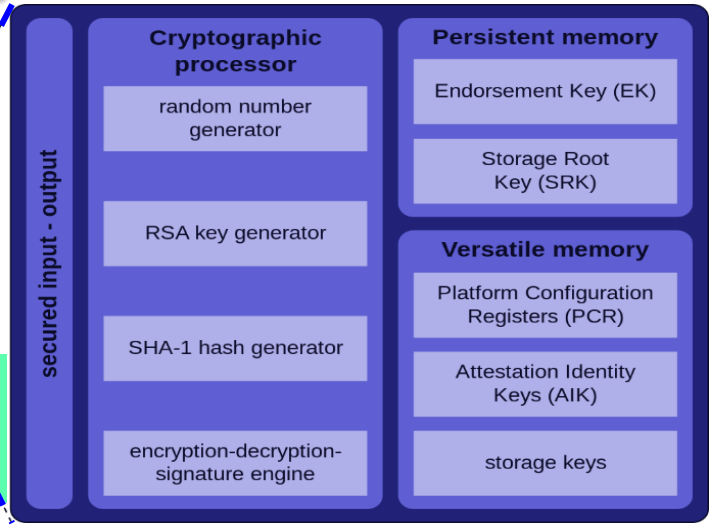
TinyML at End and/or Edge is key for smart villages.

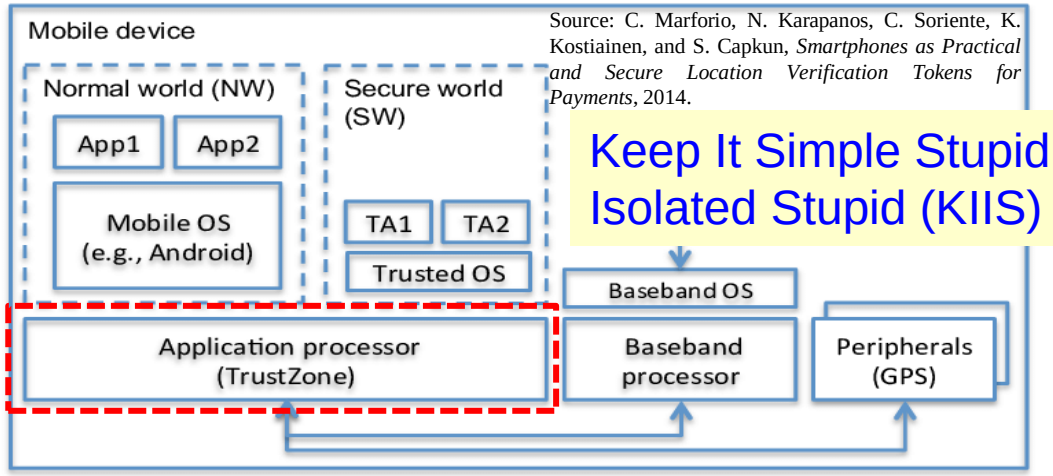
Heavy-Duty ML is more suitable for smart cities

Hardware Cybersecurity Primitives – HSM, TrustZone, TPM, and PUF

Hardware Security Module (HSM)

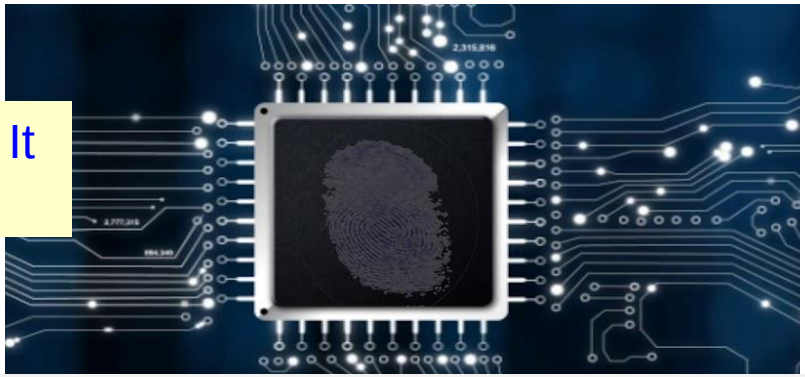
Trusted Platform Module (TPM)





Source: C. Marforio, N. Karapanos, C. Soriente, K. Kostiainen, and S. Capkun, *Smartphones as Practical and Secure Location Verification Tokens for Payments*, 2014.

Keep It Simple Stupid (KISS) → Keep It Isolated Stupid (KIIS)

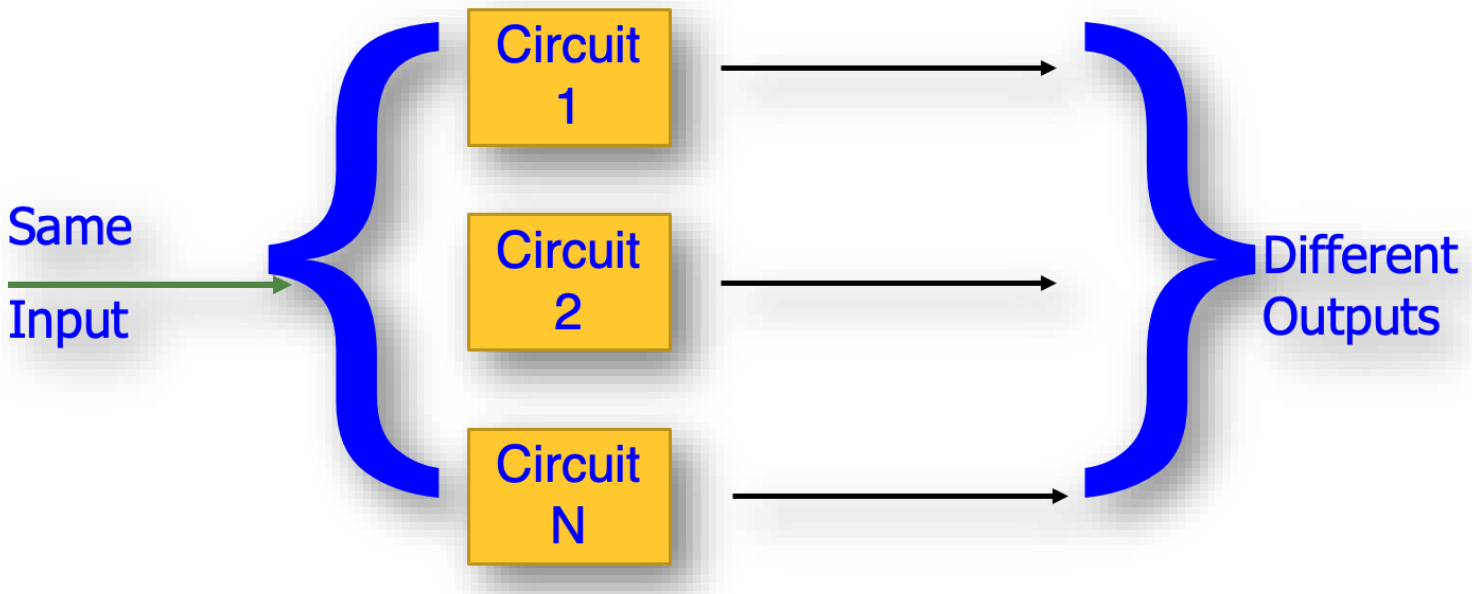


Physical Unclonable Functions (PUF)

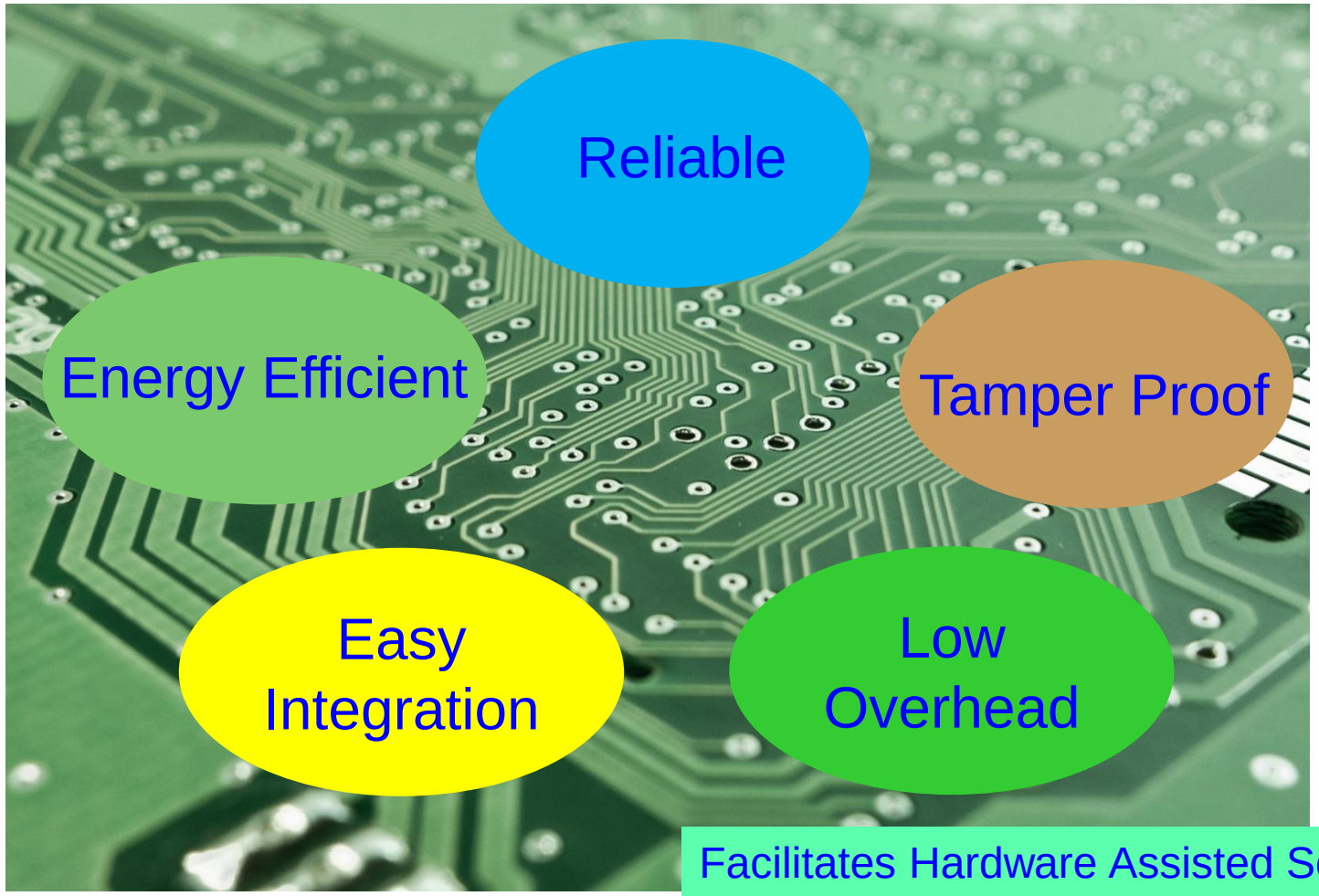
Source: Electric Power Research Institute (EPRI)

Physical Unclonable Functions (PUF)

- Uses manufacturing variations for generating unique set of keys for cryptographic applications.
- Input of PUF is a challenge and output from PUF is response.



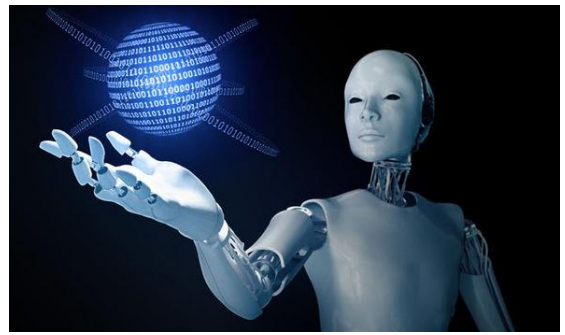
PUF: Advantages



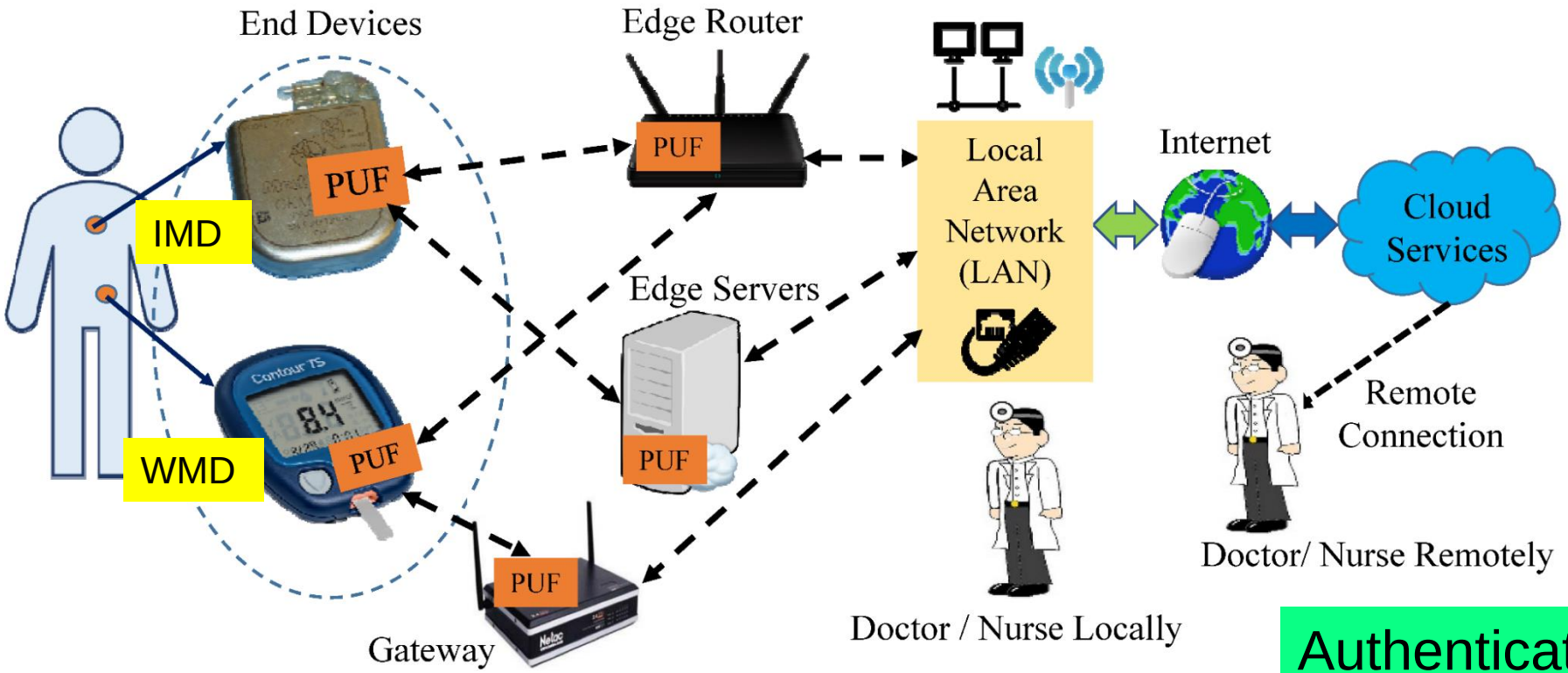
- A secure fingerprint generation scheme based on process variations in an Integrated Circuit
- PUFs don't store keys in digital memory, rather derive a key based on the physical characteristics of the hardware; thus secure.
- A simple design that generates cryptographically secure keys for the device authentication

Facilitates Hardware Assisted Security (HAS) or Security-by-Design (SbD).

Security-by-Design (SbD) – Specific Examples



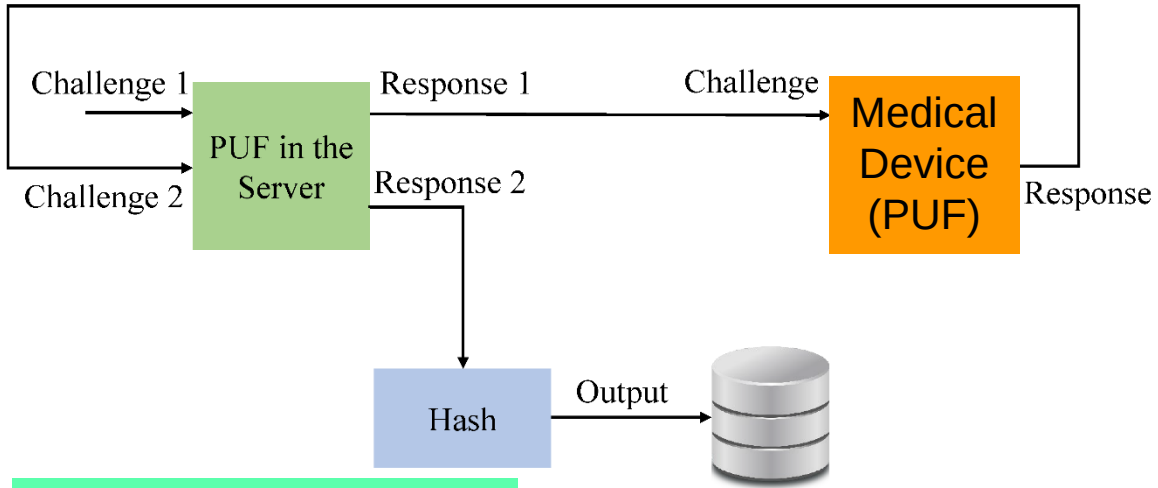
PMsec: Our Secure by Design Approach for Robust Security in Healthcare CPS



Authenticates Time - 1 sec
Power Consumption - 200 μW

Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

IoMT Security – Our Proposed PMsec

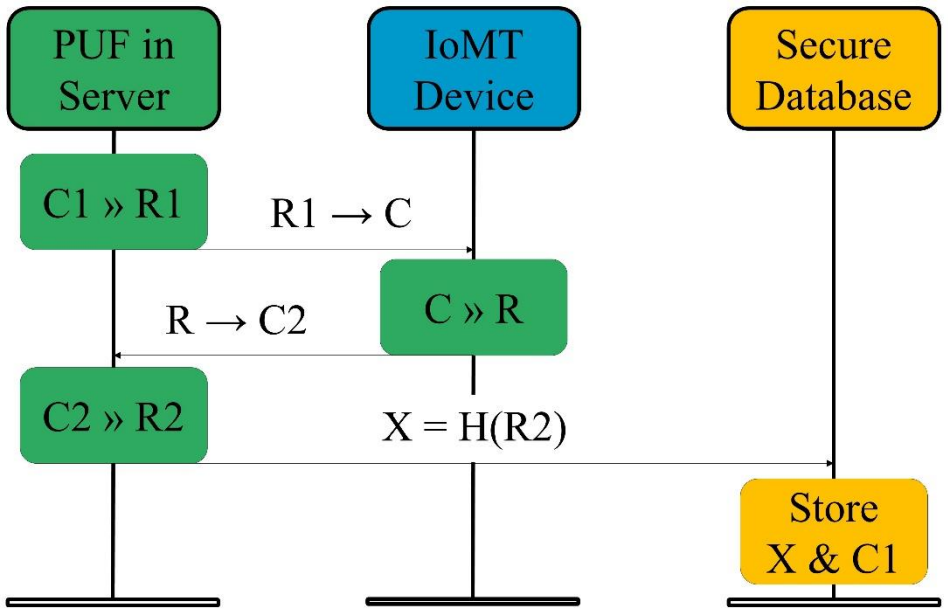


Enrollment Phase

At the Doctor

- When a new IoMT-Device comes for an User

Device Registration Procedure

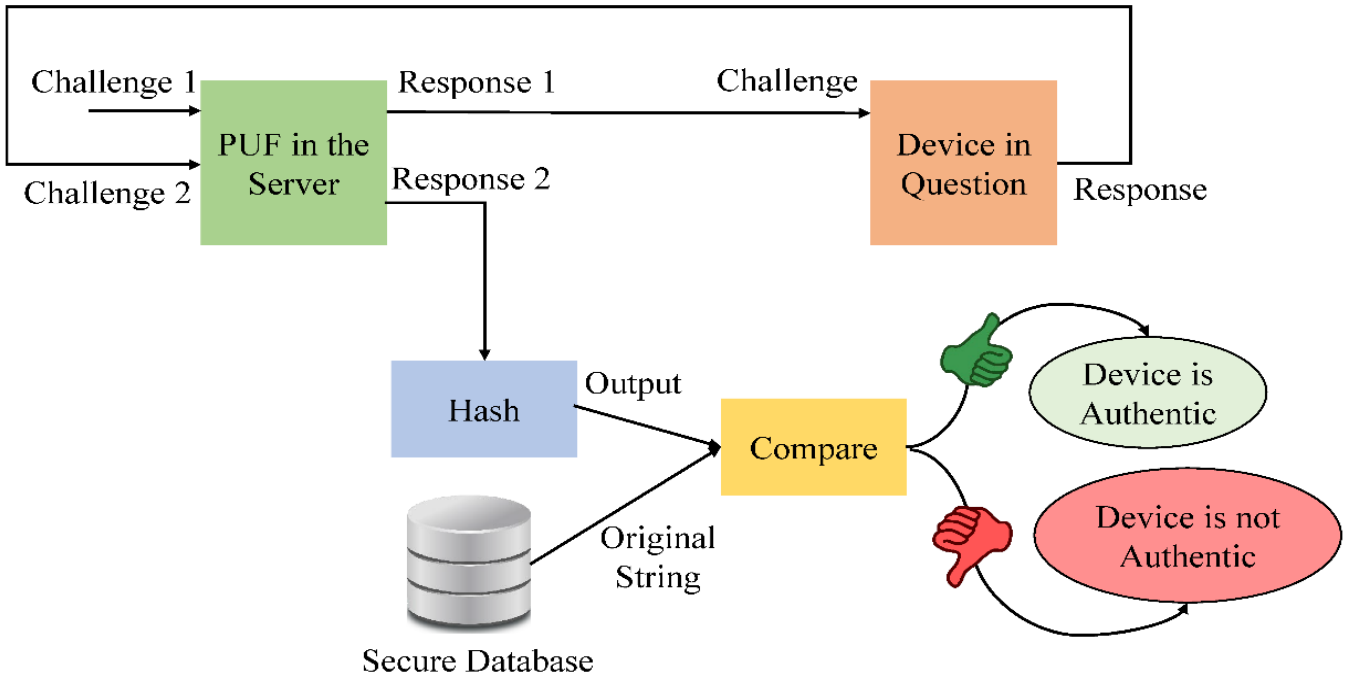


PUF Security Full Proof:

- Only server PUF Challenges are stored, not Responses
- Impossible to generate Responses without PUF

Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

IoMT Security – Our Proposed PMsec

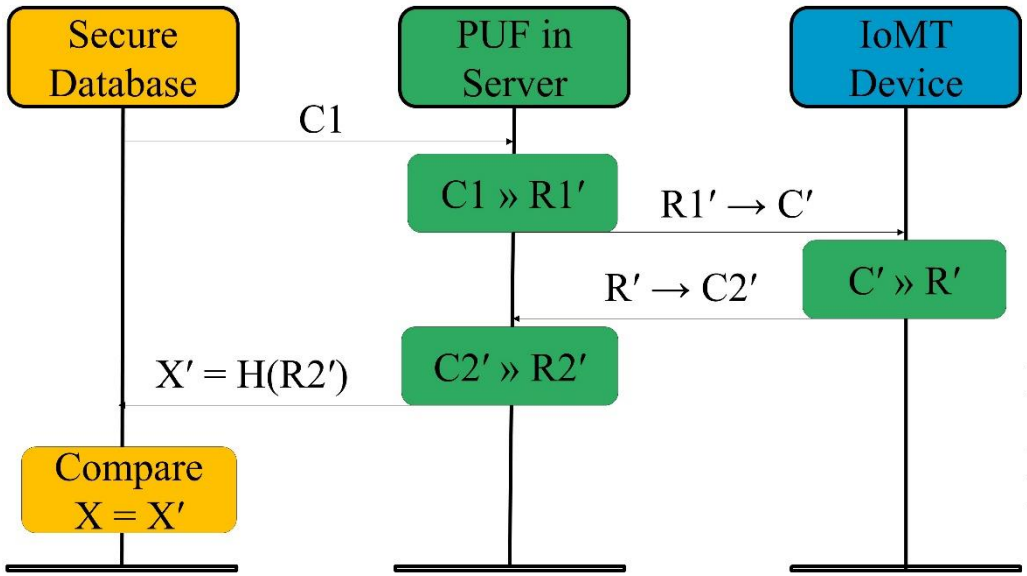


Authentication Phase

At the Doctor

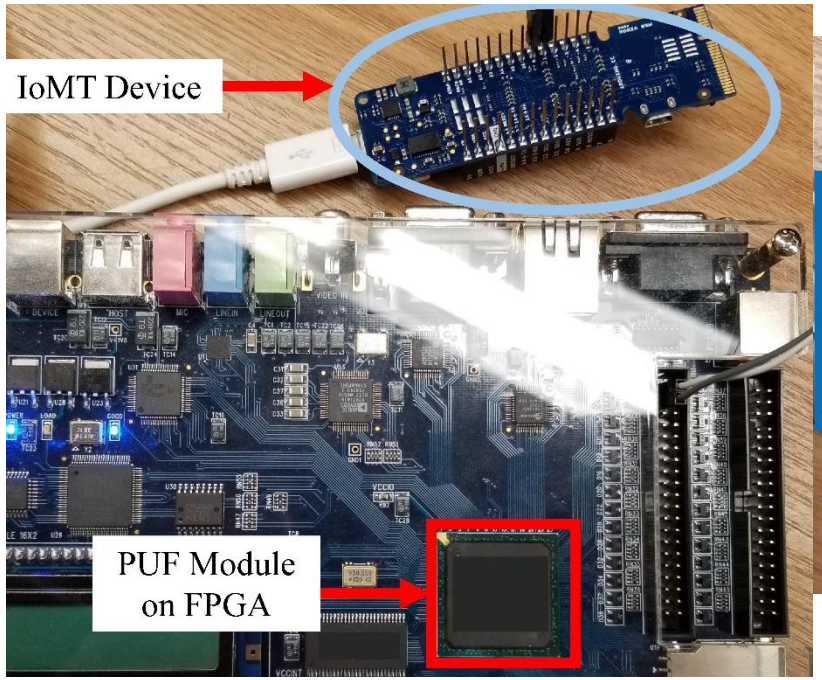
- When doctor needs to access an existing IoMT-device

Device Authentication Procedure



Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

IoMT Security – Our Proposed PMsec



Average Power Overhead – 200 μW

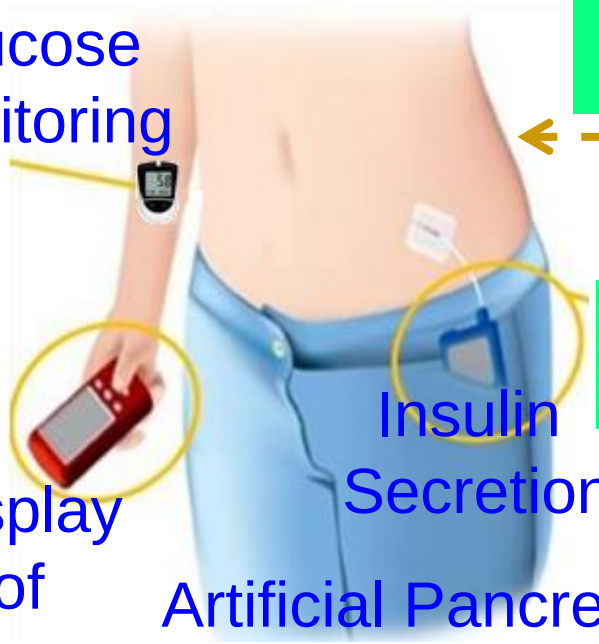
Ring Oscillator PUF – 64-bit, 128-bit, …

Proposed Approach Characteristics	Value (in a FPGA / Raspberry Pi platform)
Time to Generate the Key at Server	800 ms
Time to Generate the Key at IoMT Device	800 ms
Time to Authenticate the Device	1.2 sec - 1.5 sec

Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics*, Vol 65, No 3, Aug 2019, pp. 388--397.

Secure-iGLU - Our Intelligent Non-Invasive Glucose Monitoring with Insulin Control Device

Continuous Glucose Monitoring



Privacy-Assured Health Data Storage

Security-Assured System

Cloud Storage

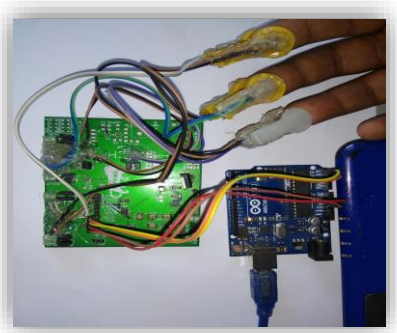
Hospital

Doctor

Display of Parameters

Insulin Secretion

Artificial Pancreases System (APS)

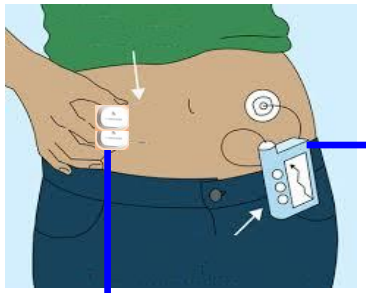


Near Infrared (NIR) based Noninvasive, Accurate, Continuous Glucose Monitoring

Smart Healthcare (H-CPS) → Security, Privacy, …

P. Jain, A. M. Joshi, and S. P. Mohanty, "iGLU: An Intelligent Device for Accurate Non-Invasive Blood Glucose-Level Monitoring in Smart Healthcare", *IEEE Consumer Electronics Magazine (MCE),* Vol. 9, No. 1, January 2020, pp. 35–42.

Secure-iGLU: Accurate Glucose Level Monitoring and Secure Insulin Delivery



iGLU Insulin Delivery Subsystem (PUF)

Secure-iGLU Controller (PUF)

Edge Datacenter or Cloud Datacenter (CRPs from PUFs of Devices)

iGLU Glucose-Level Monitoring Subsystem (PUF)

Arbiter PUF – 64-bit, 128-bit, 256 bit …

iGLU Device (IoMT Node)

PUF

Challenge Response Table

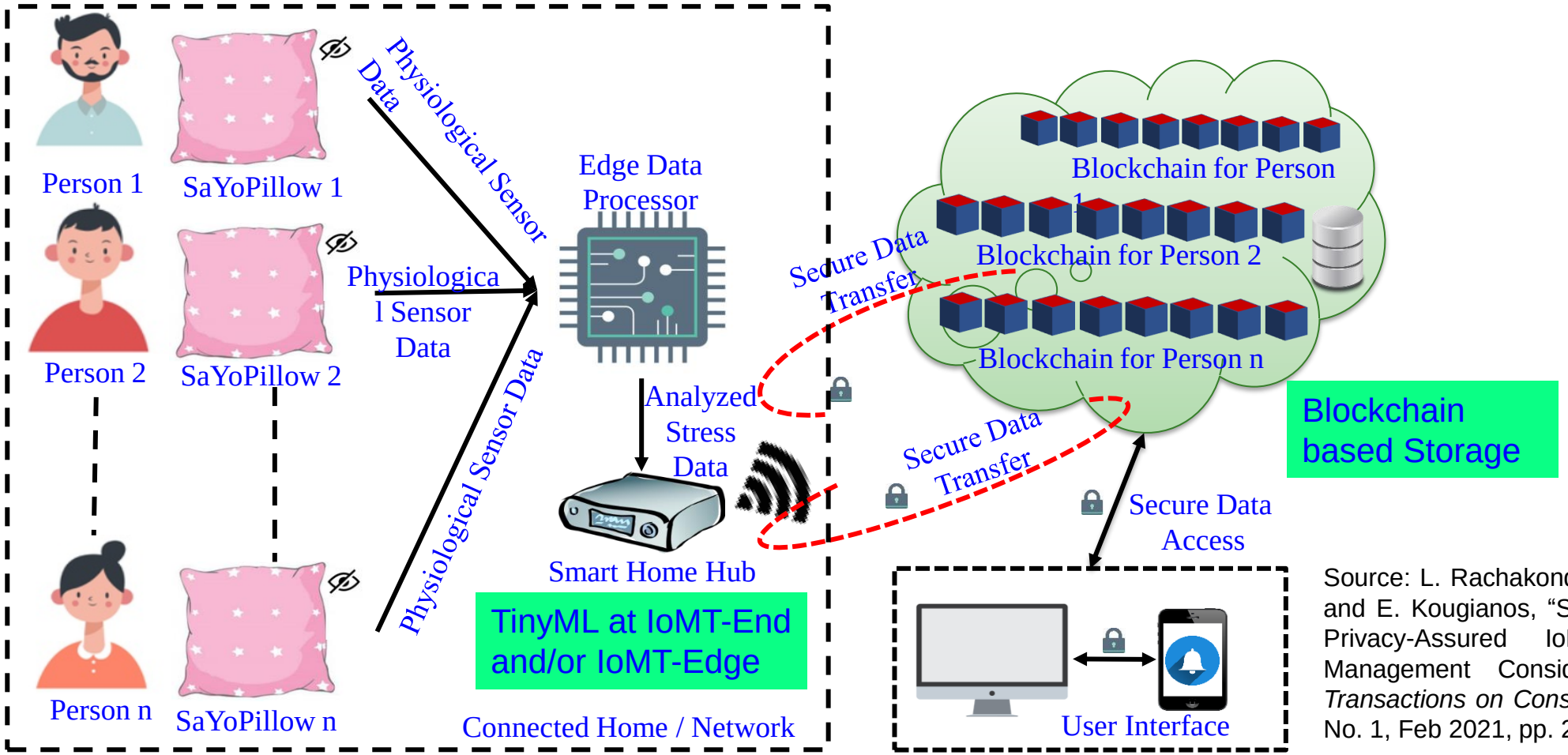
Challenges	Responses Ri
100101100	11010110
100101001	101001010
010111001	110111101

Secure-iGLU Controller (PUF)

Match ?

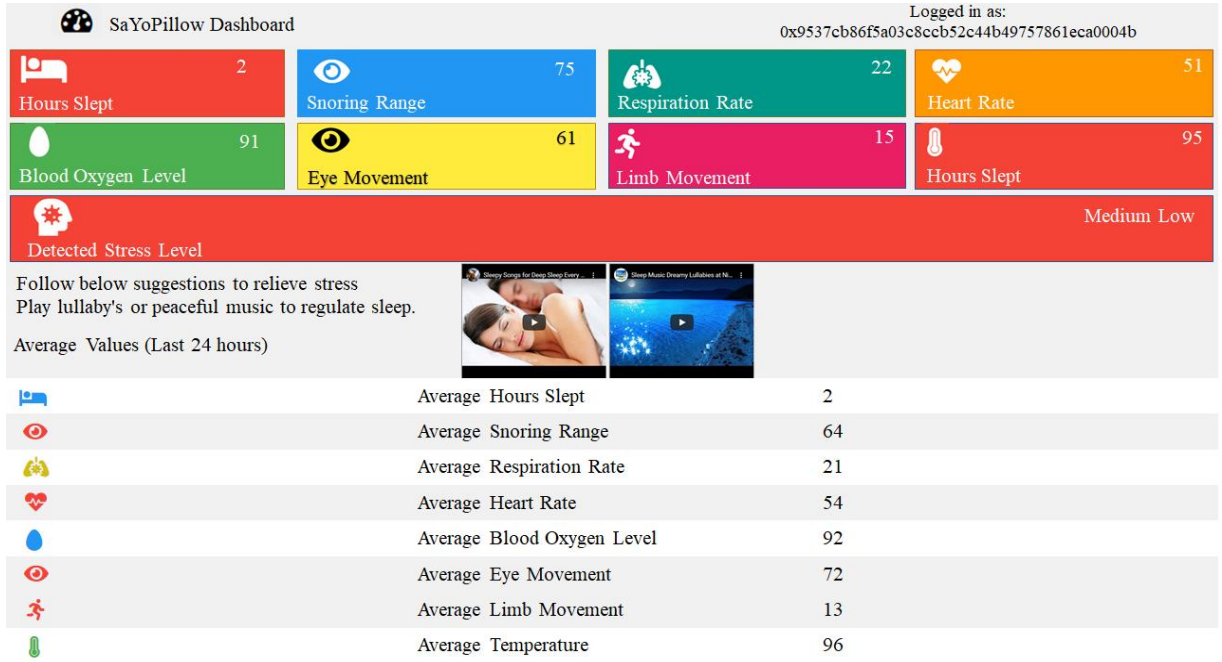
Source: A. M. Joshi, P. Jain, and S. P. Mohanty, "Secure-iGLU: A Secure Device for Noninvasive Glucose Measurement and Automatic Insulin Delivery in IoMT Framework", *Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI)*, 2020, pp. 440-445.

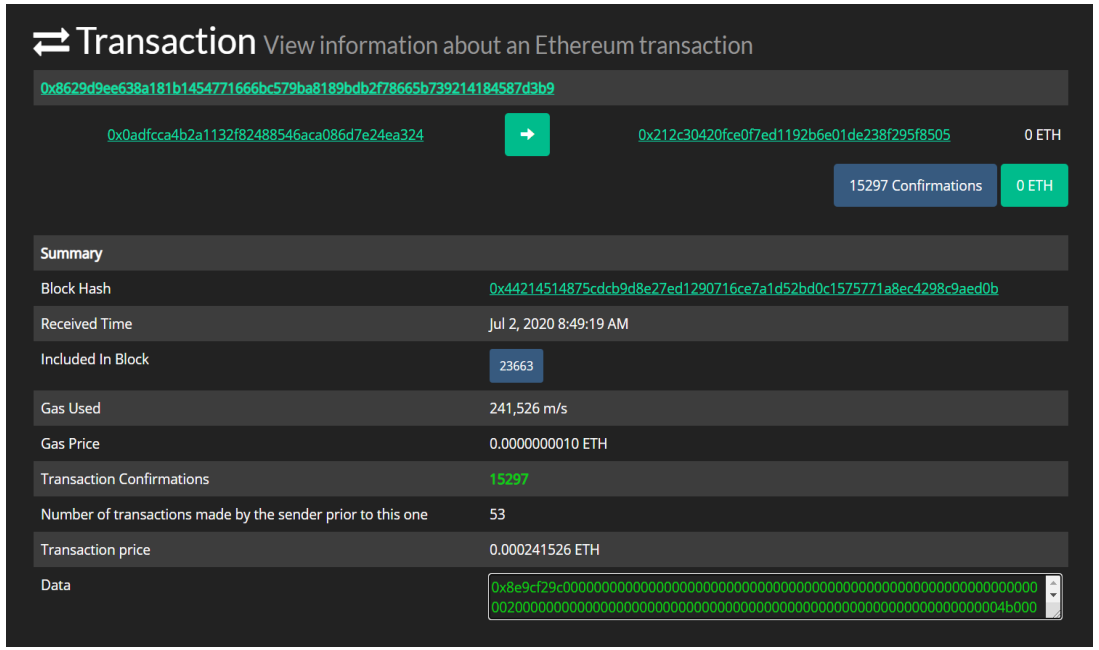
Our Smart-Yoga Pillow (SaYoPillow) with TinyML and Blockchain based Security

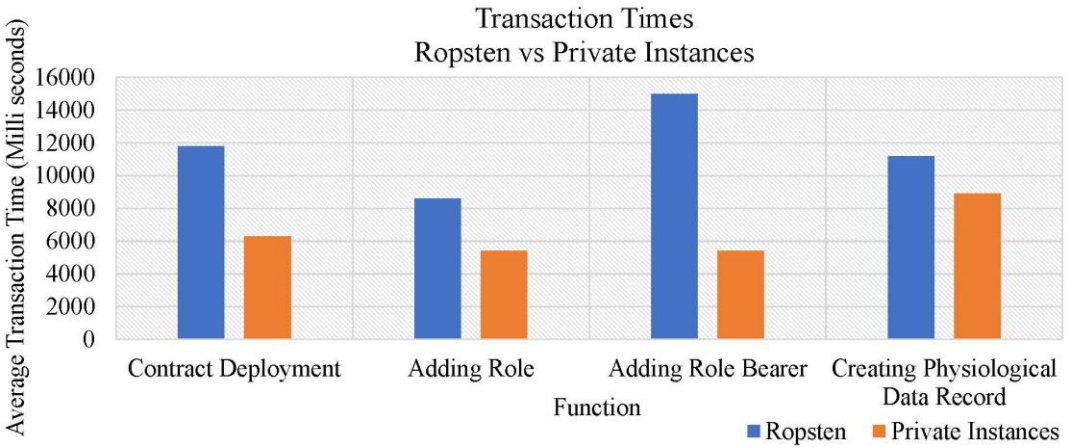


Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougianos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habit", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

SaYoPillow: Blockchain Results



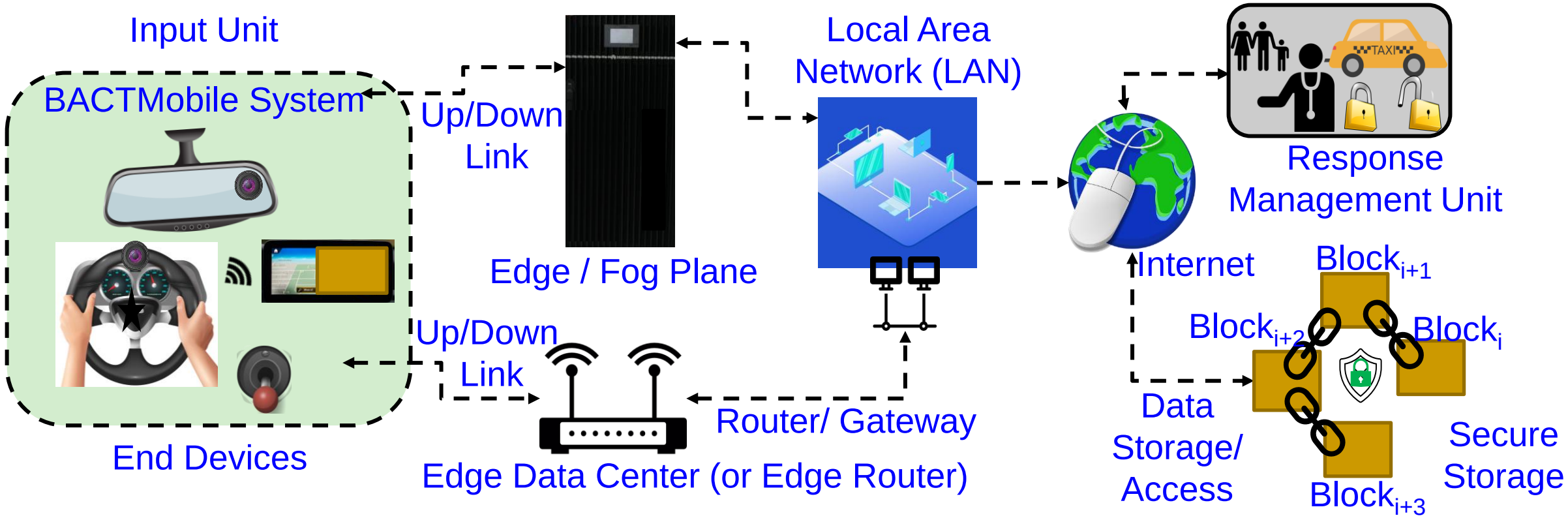




Transaction times of Private Ethereum in SaYoPillow is 2X faster in operations as compared to public ethereum test network Ropsten, as it is impacted by network congestion.

Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougianos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.

Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile

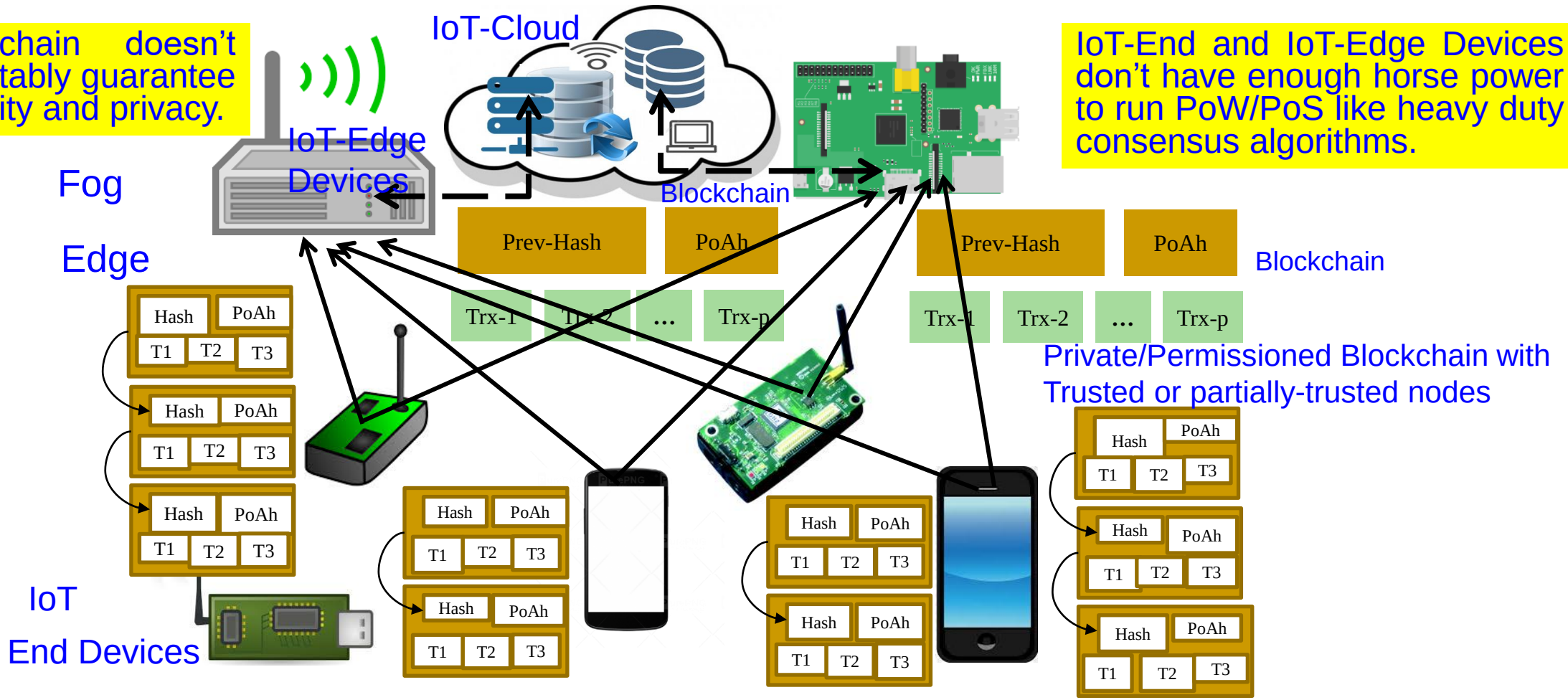


Source: L. Rachakonda, A. K. Bapatla, **S. P. Mohanty**, and E. Kougianos, "BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in Healthcare CPS Framework", *Springer Nature Computer Science (SN-CS)*, Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: https://doi.org/10.1007/s42979-022-01142-9.

IoT-Friendly Blockchain – Our EasyChain

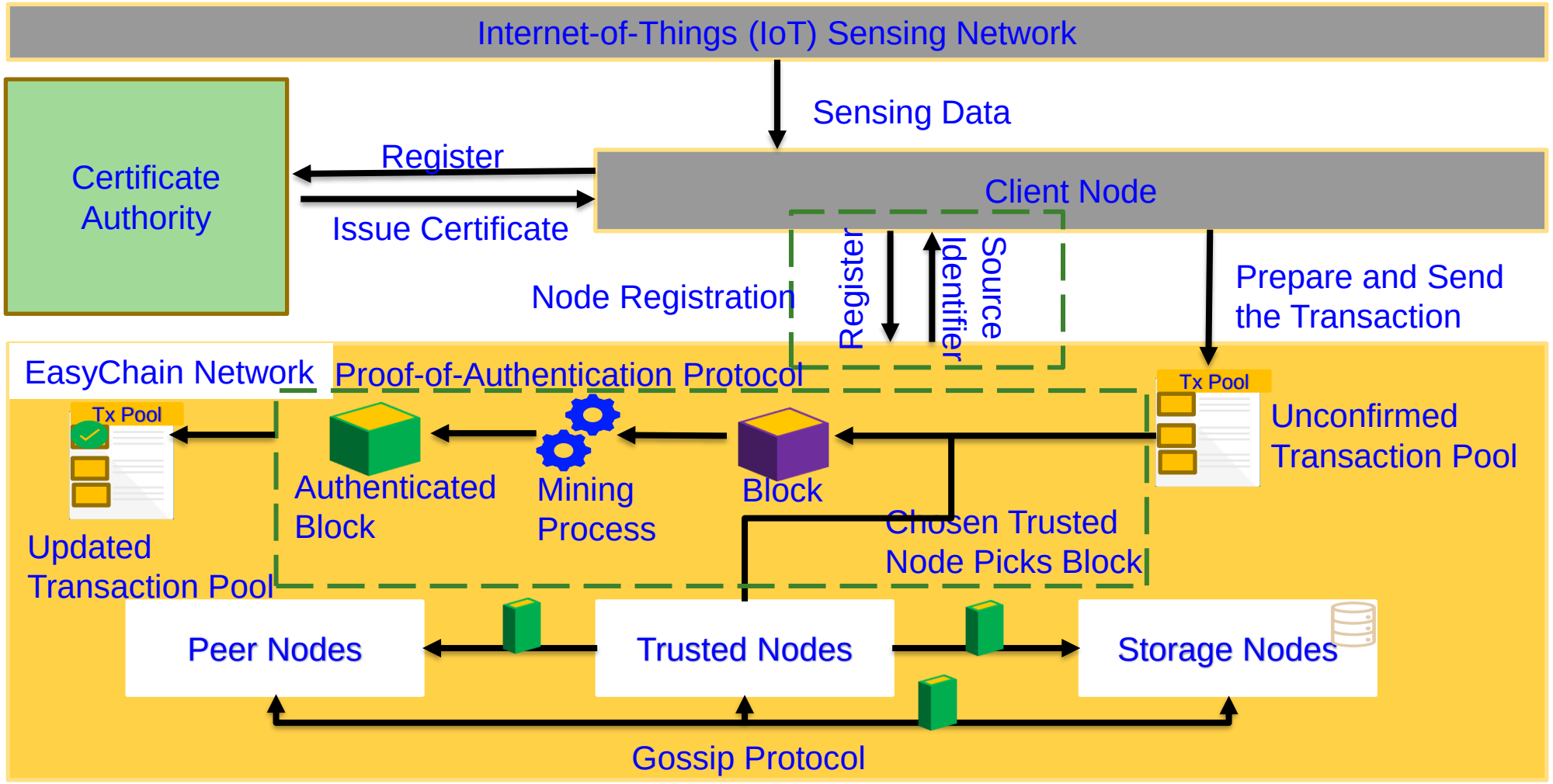
Blockchain doesn't inheritably guarantee security and privacy.

IoT-End and IoT-Edge Devices don't have enough horse power to run PoW/PoS like heavy duty consensus algorithms.



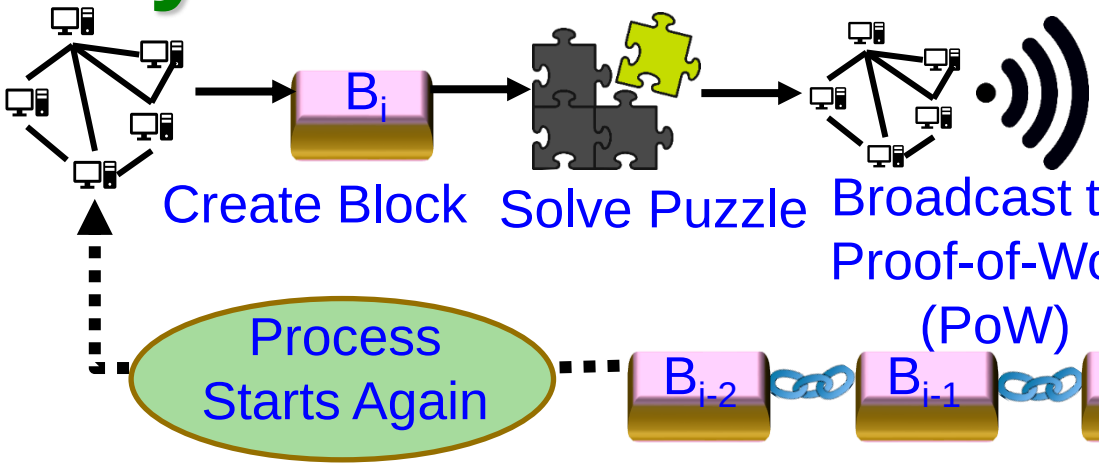
Source: D. Puthal and S. P. Mohanty, "Proof of Authentication: IoT-Friendly Blockchains", *IEEE Potentials Magazine*, Vol. 38, No. 1, January 2019, pp. 26--29.

Our EasyChain: Architectural Overview



Source: A. K. Bapatla, D. Puthal, **S. P. Mohanty**, V. P. Yanambaka, and E. Kougianos, "EasyChain: An IoT-Friendly Blockchain for Robust and Energy-Efficient Authentication", *Frontiers in Blockchain*, Vol. 6, No. 1194883, Aug 2023, pp. 1--19, DOI: https://doi.org/10.3389/fbloc.2023.1194883.

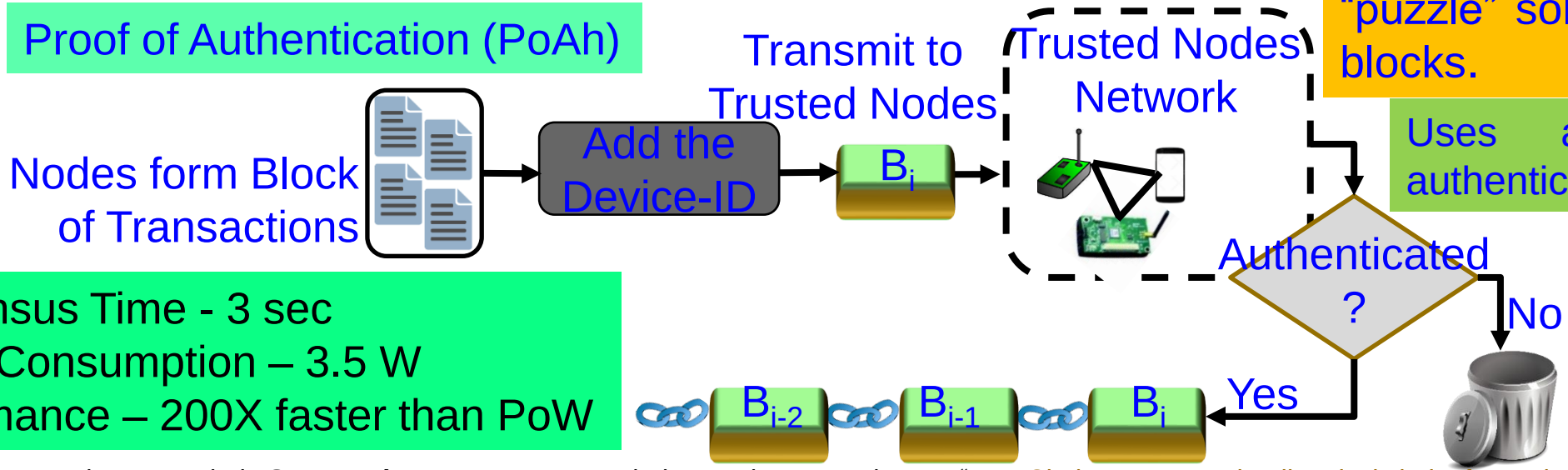
Our EasyChain: Proof-of-Authentication (PoAh)



Proof-of-Work (PoW)

Eliminates cryptographic "puzzle" solving to validate blocks.

Proof of Authentication (PoAh)

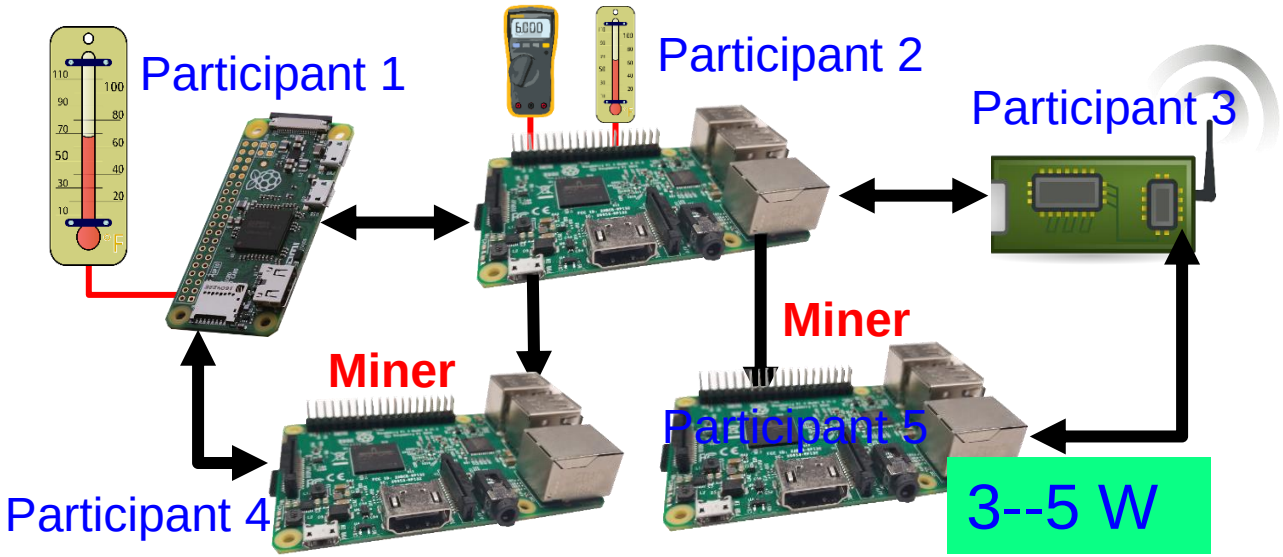


Uses a cryptographic authentication mechanism.

Consensus Time - 3 sec
Power Consumption – 3.5 W
Performance – 200X faster than PoW

Source: A. K. Bapatla, D. Puthal, **S. P. Mohanty**, V. P. Yanambaka, and E. Kougianos, "EasyChain: An IoT-Friendly Blockchain for Robust and Energy-Efficient Authentication", *Frontiers in Blockchain*, Vol. 6, No. 1194883, Aug 2023, pp. 1--19, DOI: https://doi.org/10.3389/fbloc.2023.1194883.

Our EasyChain with PoAh Runs in Resource Constrained Environment



Our PoAh-Chain Runs even in IoT-end devices.

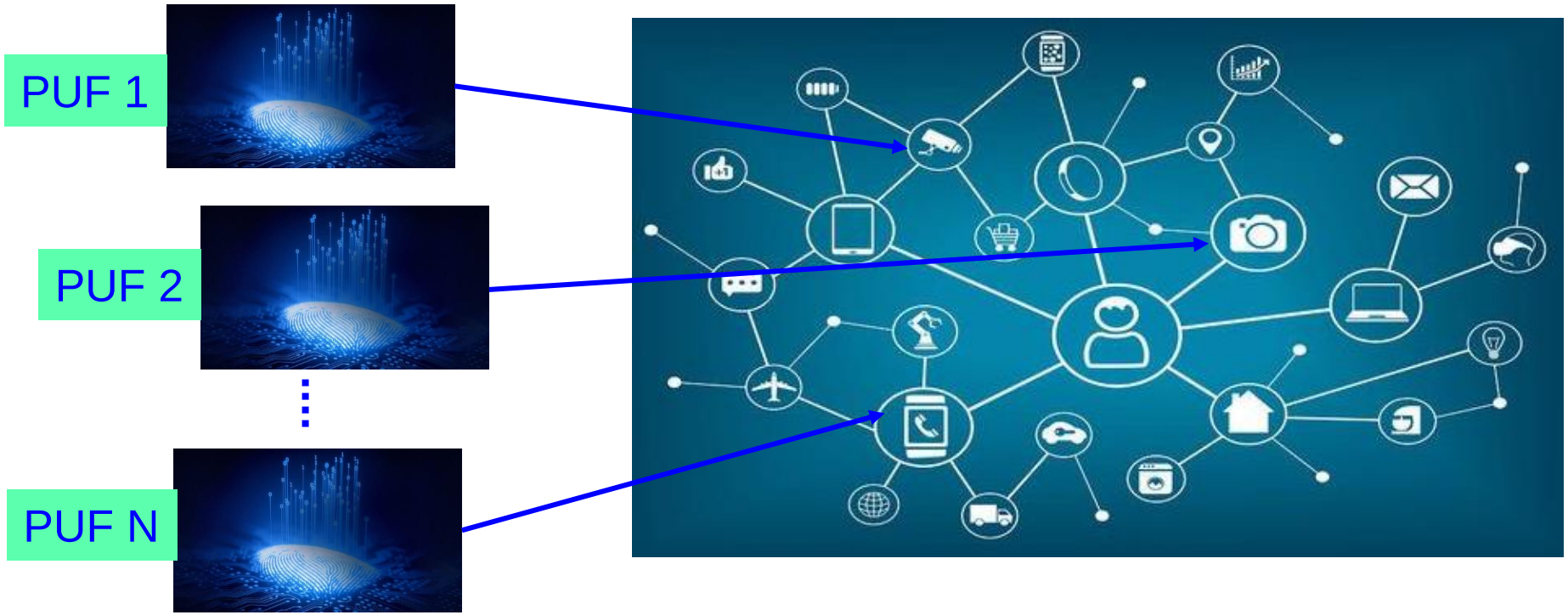
Blockchain using PoW Needs Significant Resource

500,0000 W

Source: https://www.iea.org/newsroom/news/2019/july/bitcoin-energy-use-mined-the-gap.html

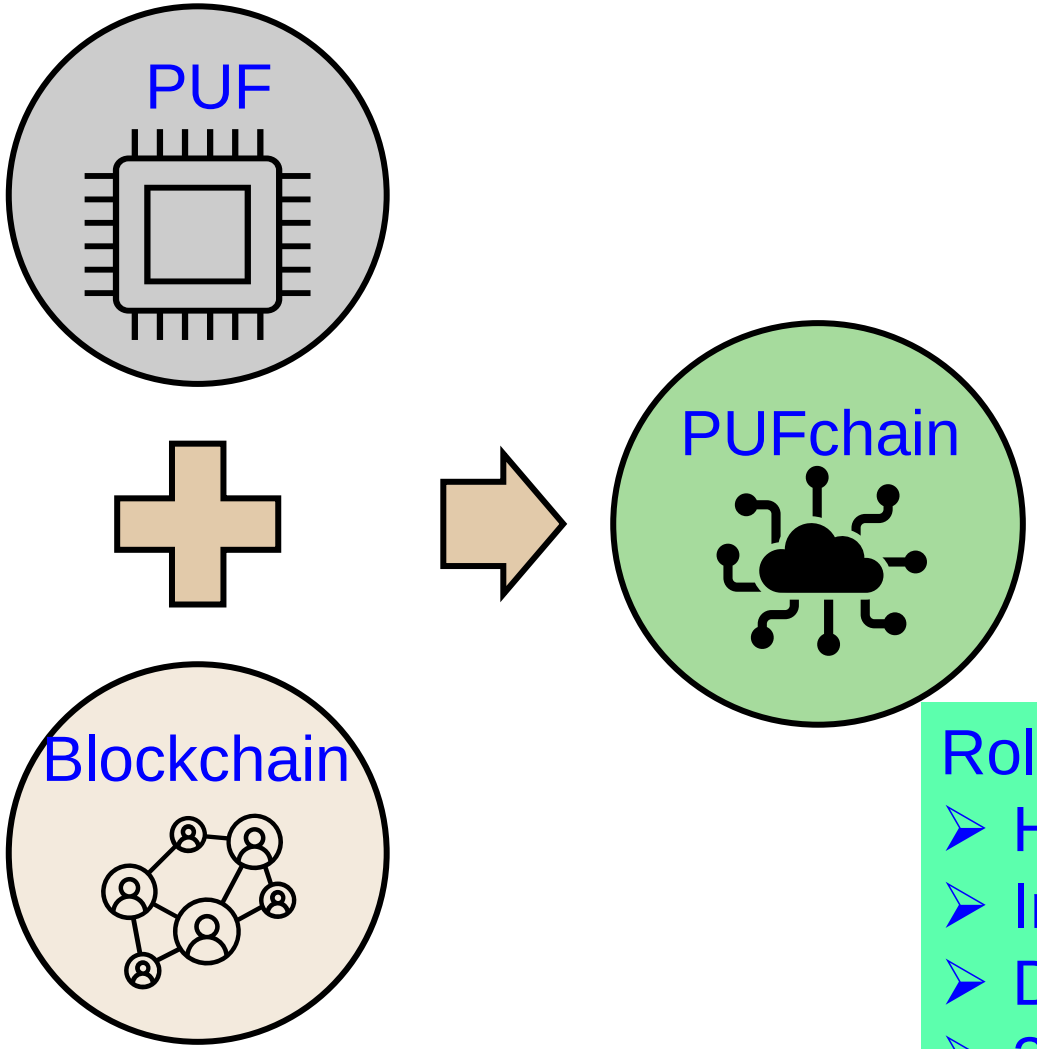
Source: D. Puthal, S. P. Mohanty, V. P. Yanambaka, and E. Kougianos, “PoAh: A Novel Consensus Algorithm for Fast Scalable Private Blockchain for Large-scale IoT Frameworks”, *arXiv Computer Science*, arXiv:2001.07297, January 2020, 26-pages.

We Proposed World's First Hardware-Integrated Blockchain (PUFchain) that is Scalable, Energy-Efficient, and Fast



Source: S. P. Mohanty, V. P. Yanambaka, E. Kougianos, and D. Puthal, "PUFchain: Hardware-Assisted Blockchain for Sustainable Simultaneous Device and Data Security in Internet of Everything (IoE)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 2, March 2020, pp. 8-16.

PUFchain – The Big Idea



Blockchain Technology is integrated with Physically Unclonable Functions as PUFchain by storing the PUF Key into immutable Blockchain

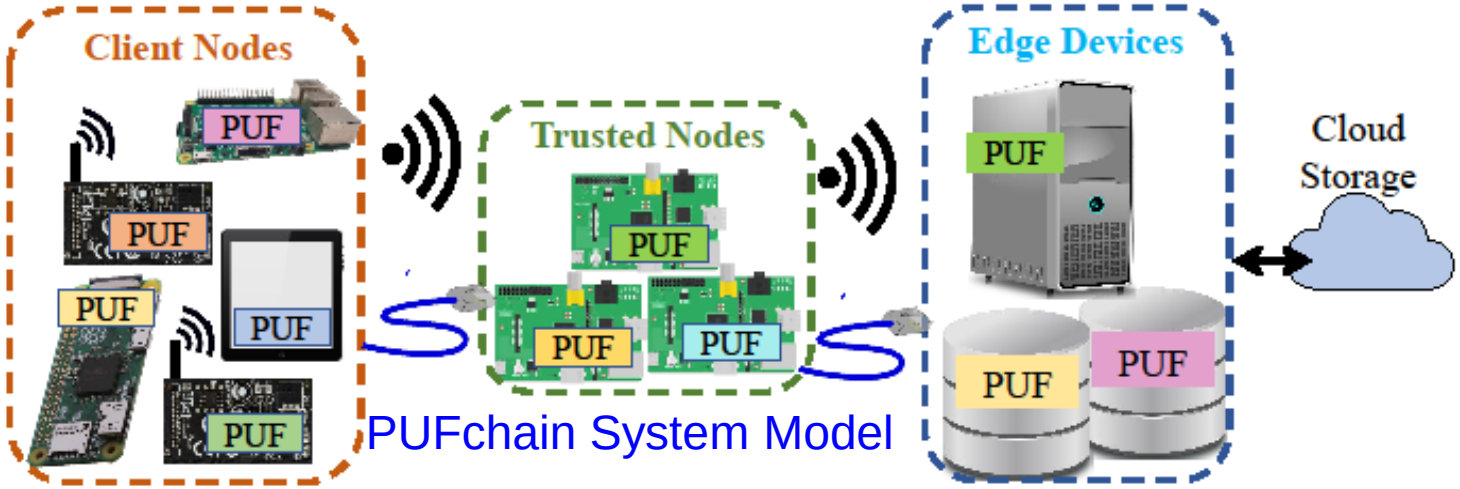
Roles of PUF:

- Hardware Accelerator for Blockchain
- Independent Authentication
- Double-Layer Protection
- 3 modes: PUF, Blockchain, PUF+Blockchain

Our PUFchain – 3 Variants

Research Works	Distributed Ledger Technology	Focus Area	Security Approach	Security Primitive	Security Principle
PUFchain	Blockchain	IoT / CPS (Device and Data)	Proof of Physical Unclonable Function (PUF) Enabled Authentication	PUF + Blockchain	Hardware Assisted Security (HAS) or Security-by-Design (SbD)
PUFchain 2.0	Blockchain	IoT/CPS (Device and Data)	Media Access Control (MAC) & PUF Based Authentication	PUF + Blockchain	Hardware Assisted Security (HAS) or Security-by-Design (SbD)
PUFchain 3.0	Tangle	IoT/CPS (Device and Data)	Masked Authentication Messaging (MAM)	PUF + Tangle	Hardware Assisted Security (HAS) or Security-by-Design (SbD)

PUFchain: Our Hardware-Assisted Scalable Blockchain

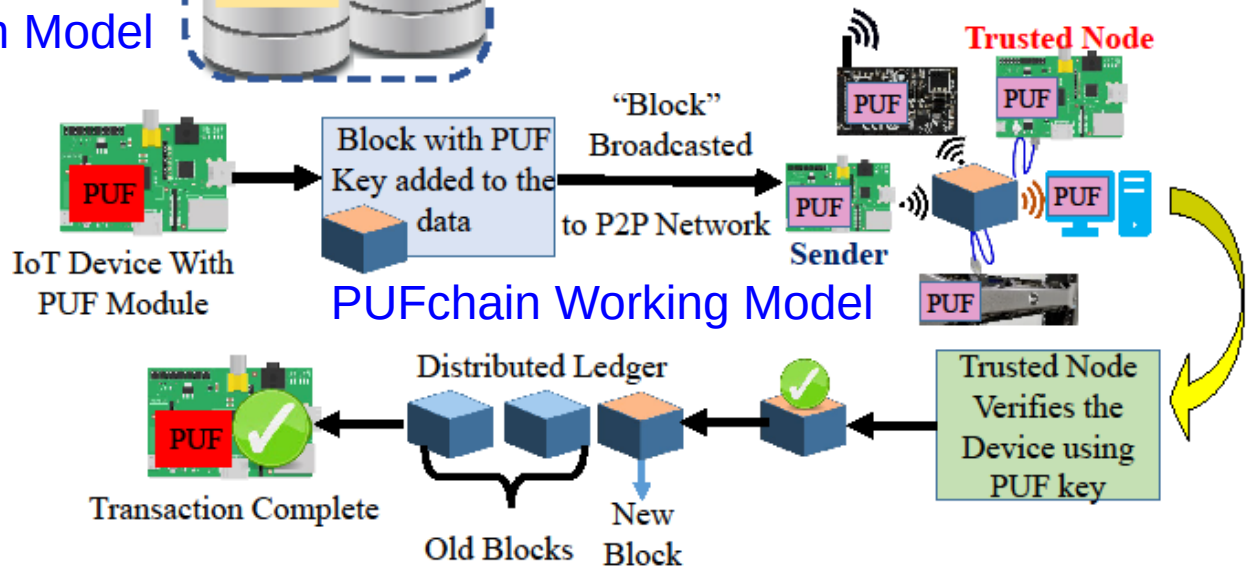


PUFchain System Model

Can provide:
Device, System, and Data Security

PUFChain 2 Modes:
(1) PUF Mode and
(2) PUFChain Mode

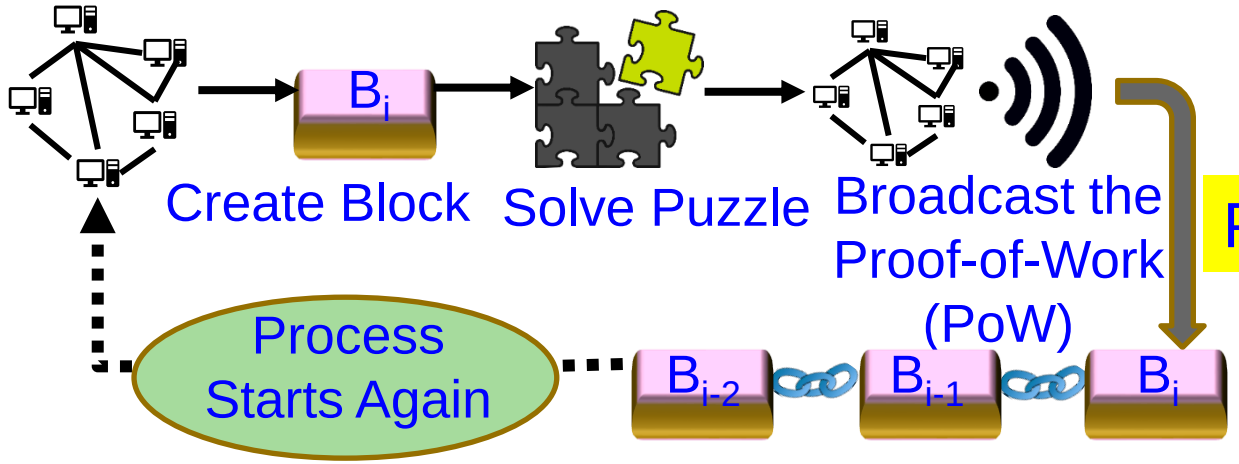
- ✓ PoP is 1,000X faster than PoW
- ✓ PoP is 5X faster than PoAh



PUFchain Working Model

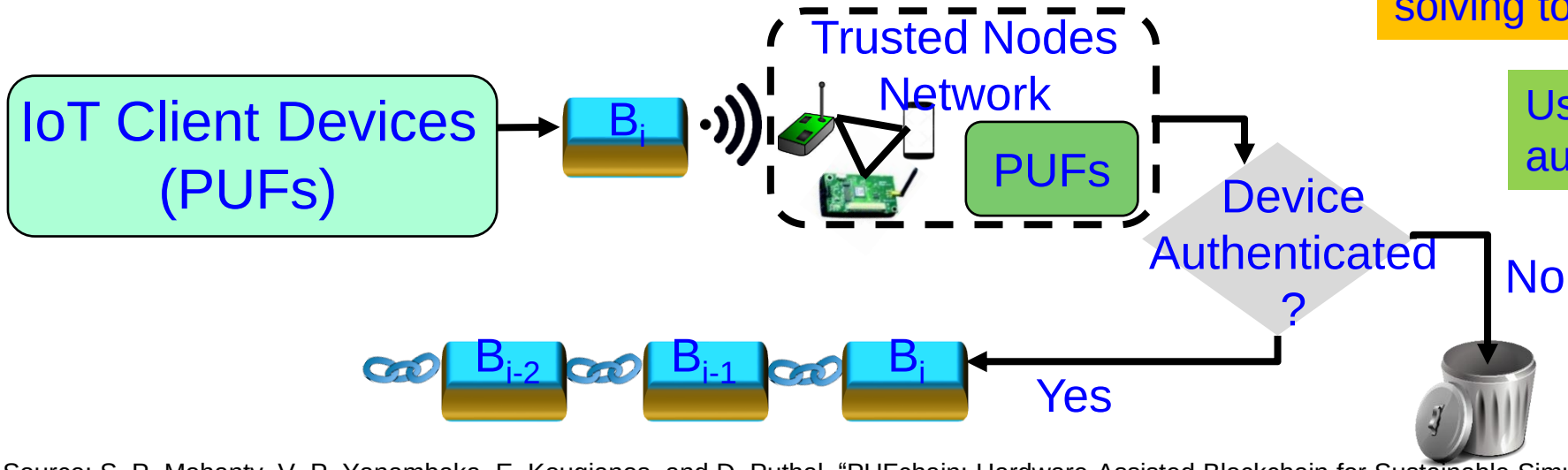
Source: S. P. Mohanty, V. P. Yanambaka, E. Kougianos, and D. Puthal, "PUFchain: Hardware-Assisted Blockchain for Sustainable Simultaneous Device and Data Security in Internet of Everything (IoE)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 2, March 2020, pp. 8-16.

Our Proof-of-PUF-Enabled-Authentication (PoP)



Proof-of-Work (PoW)

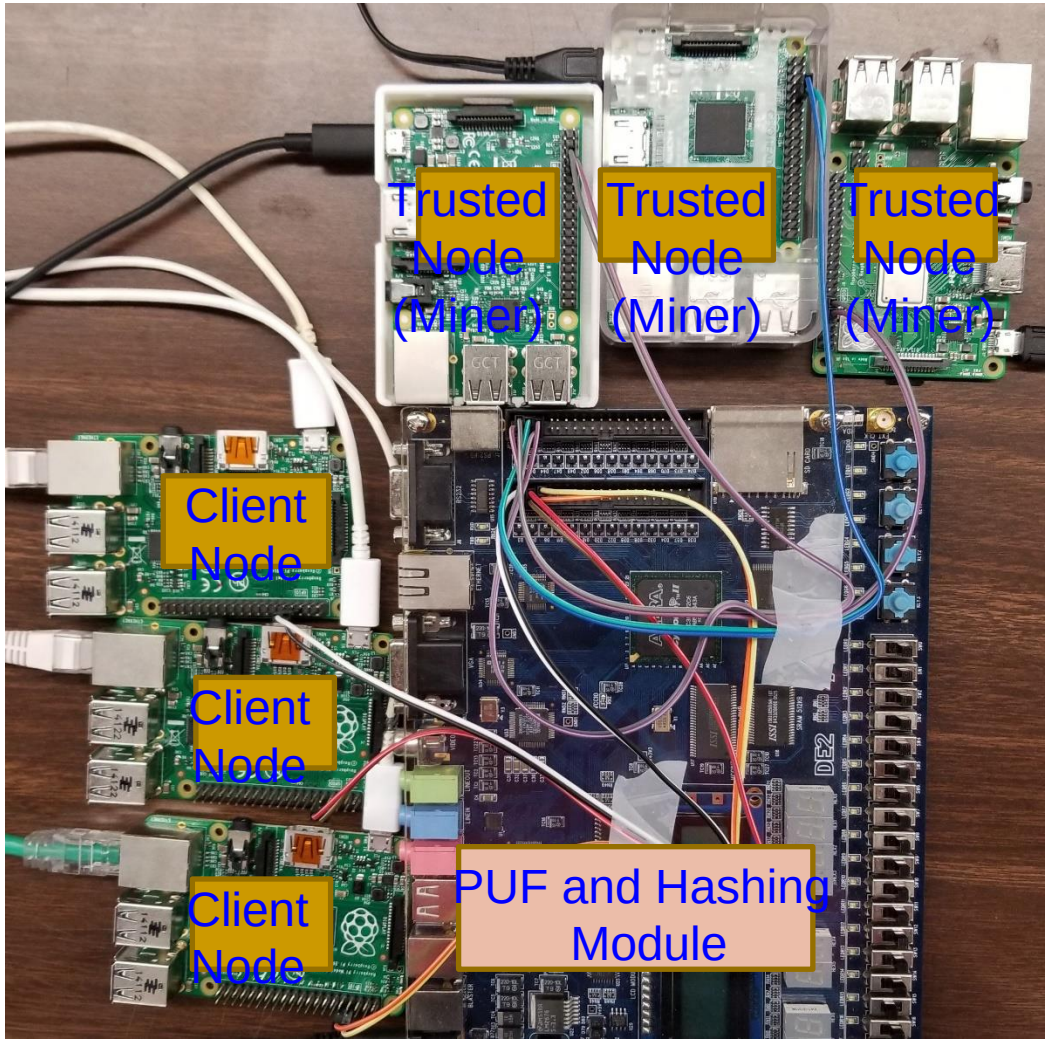
Eliminates cryptographic "puzzle" solving to validate blocks.



Uses a PUF-based authentication mechanism.

Source: S. P. Mohanty, V. P. Yanambaka, E. Kougianos, and D. Puthal, "PUFchain: Hardware-Assisted Blockchain for Sustainable Simultaneous Device and Data Security in Internet of Everything (IoE)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 2, March 2020, pp. 8-16.

PUFchain: Our PoP is 1000X Faster than PoW

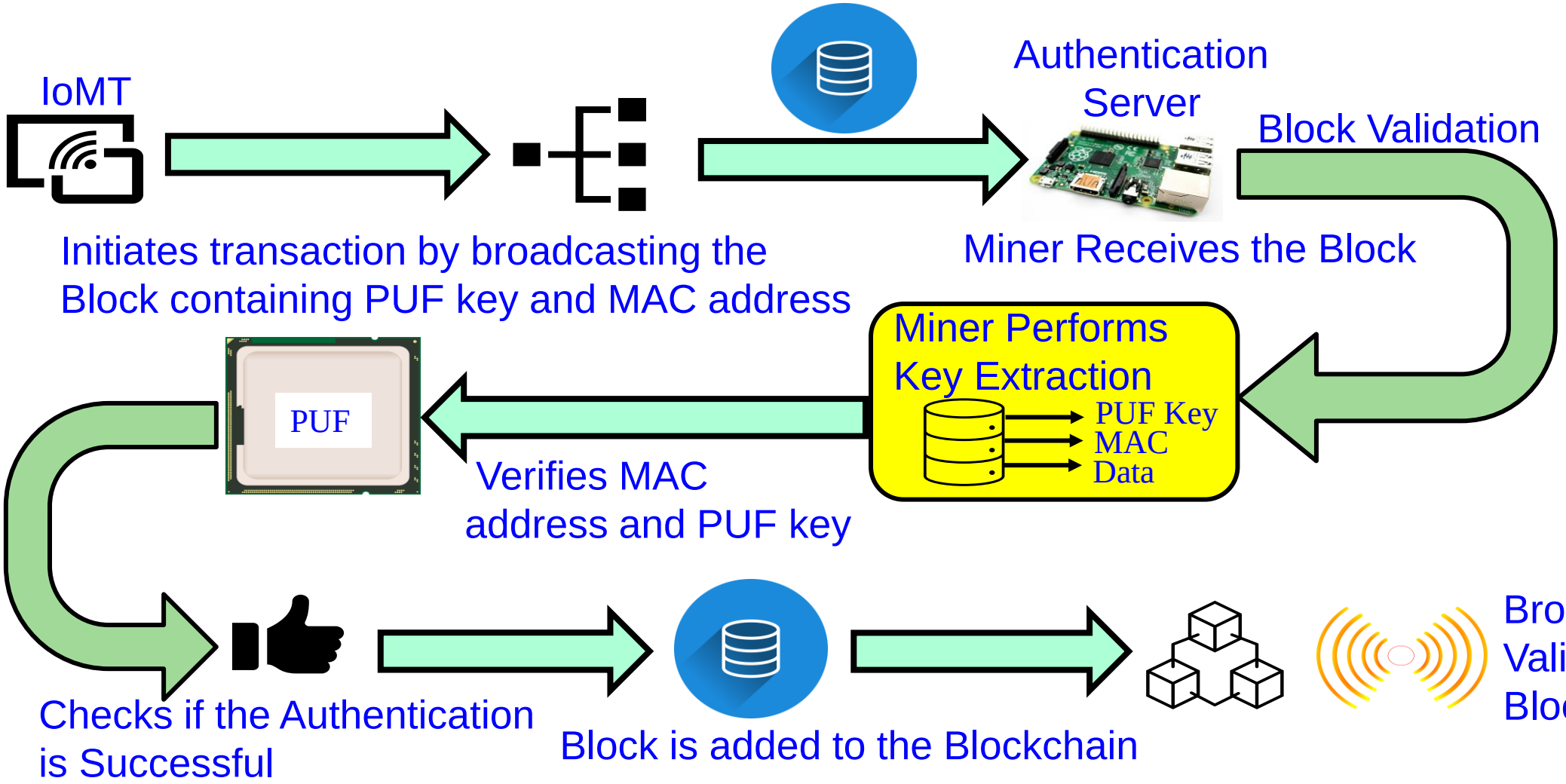


PoW - 10 min in cloud	PoAh – 950ms in Raspberry Pi	PoP - 192ms in Raspberry Pi
High Power	3 W Power	5 W Power

- ✓ PoP is 1,000X faster than PoW
- ✓ PoP is 5X faster than PoAh

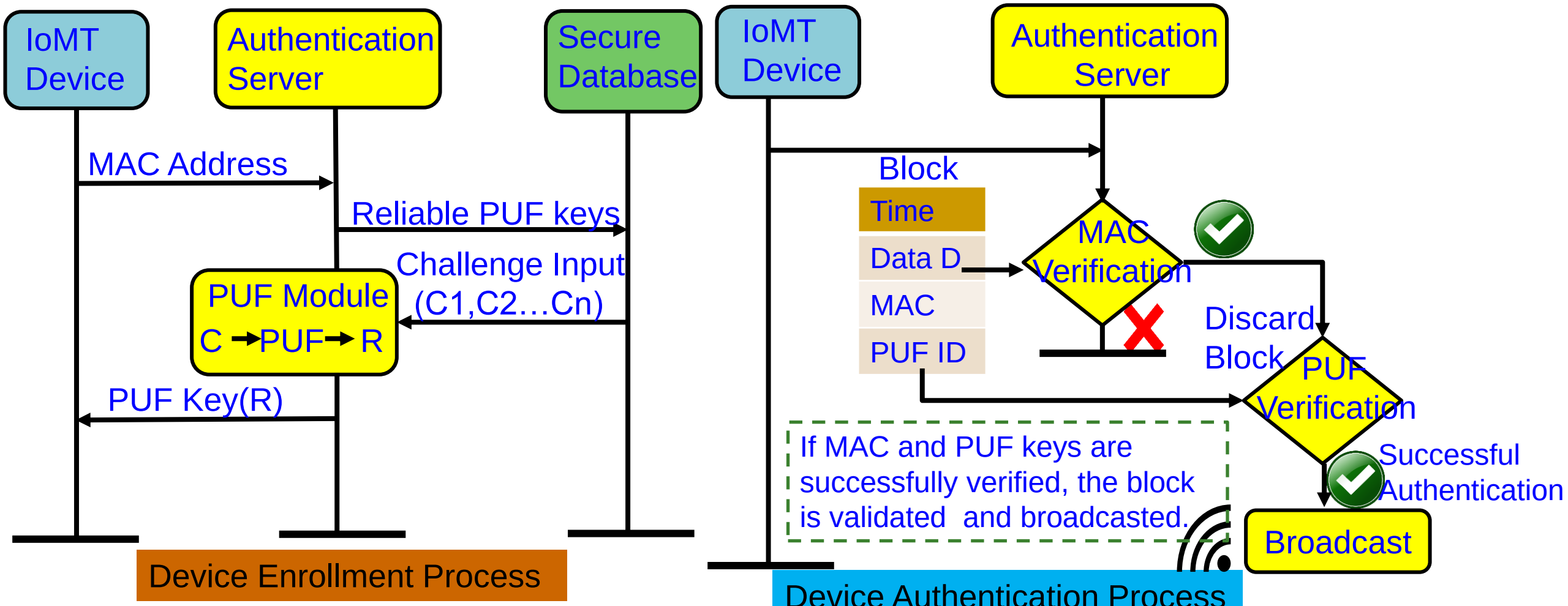
Source: S. P. Mohanty, V. P. Yanambaka, E. Kougianos, and D. Puthal, "PUFchain: Hardware-Assisted Blockchain for Sustainable Simultaneous Device and Data Security in Internet of Everything (IoE)", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 2, March 2020, pp. 8-16.

PUFchain 2.0: Our Hardware-Assisted Scalable Blockchain



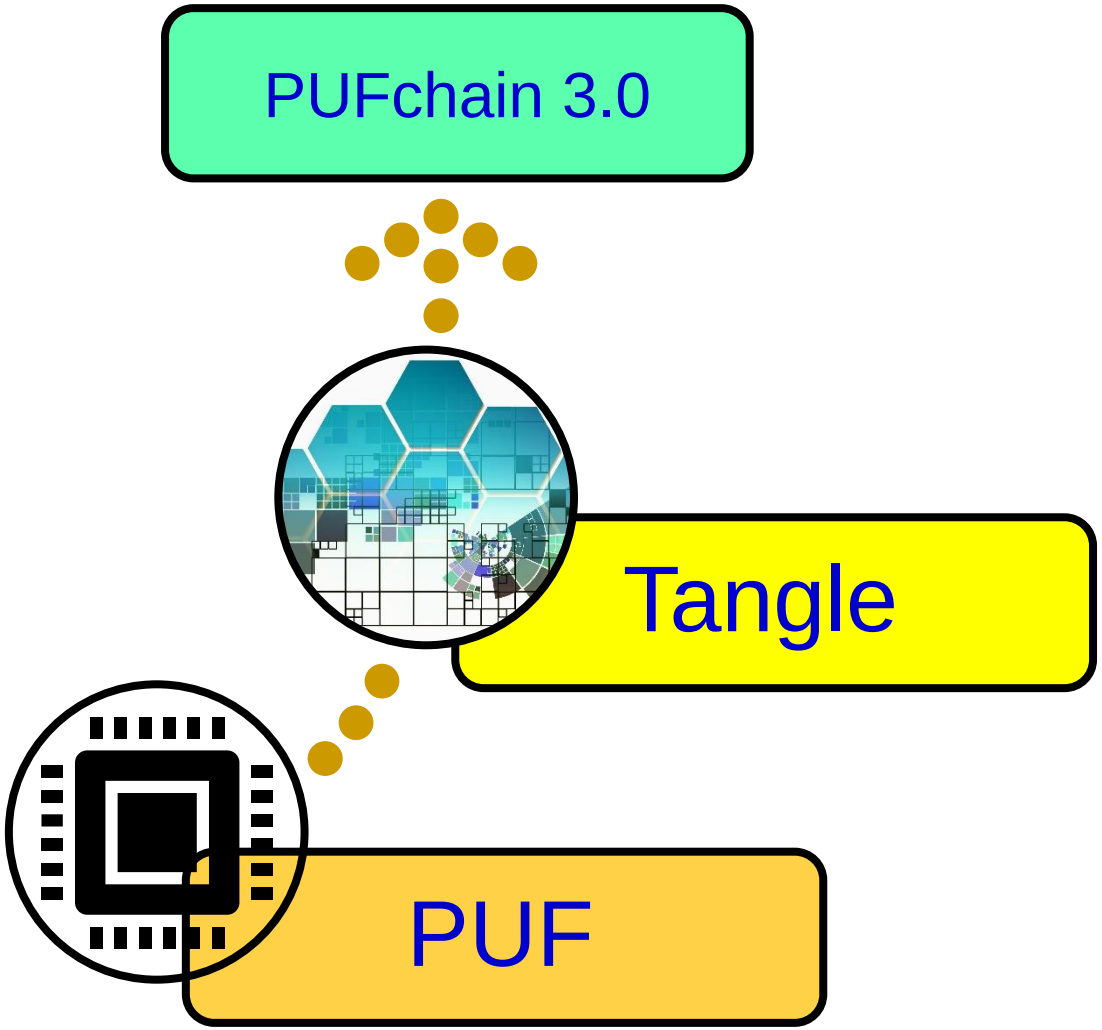
Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, B. K. Baniya, and B. Rout, "PUFchain 2.0: Hardware-Assisted Robust Blockchain for Sustainable Simultaneous Device and Data Security in Smart Healthcare", *Springer Nature Computer Science (SN-CS)*, Vol. 3, No. 5, Sep 2022, Article: 344, 19-pages, DOI: https://doi.org/10.1007/s42979-022-01238-2.

PUFchain 2.0: PUF Integrated Blockchain …



Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, B. K. Baniya, and B. Rout, "PUFchain 2.0: Hardware-Assisted Robust Blockchain for Sustainable Simultaneous Device and Data Security in Smart Healthcare", *Springer Nature Computer Science (SN-CS)*, Vol. 3, No. 5, Sep 2022, Article: 344, 19-pages, DOI: https://doi.org/10.1007/s42979-022-01238-2.

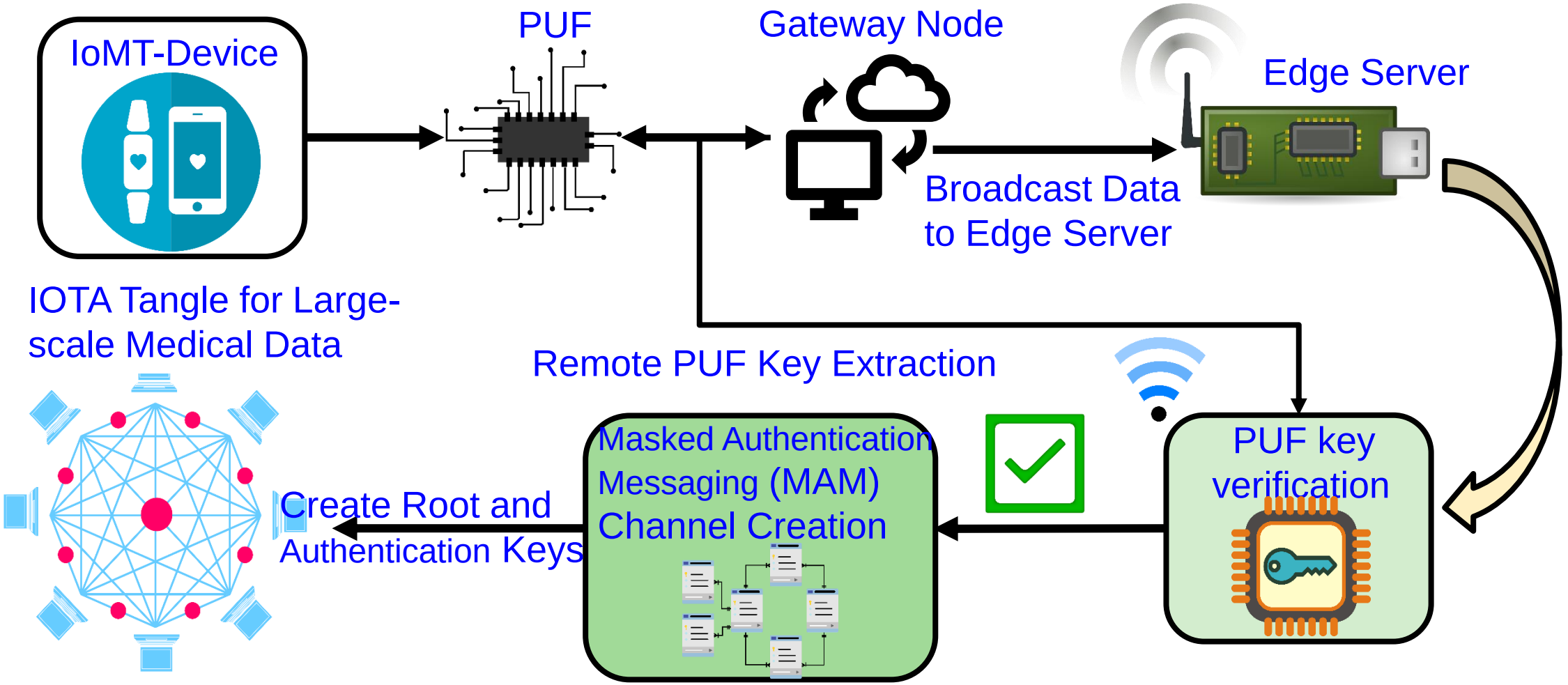
PUFchain 3.0 - Conceptual Idea



- PUFchain 3.0 is the idea of integrating PUF with scalable Tangle DLT using MAM communication protocol by creating a MAM communication channel in Tangle using PUF key

Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, B. K. Baniya, and B. Rout, "PUFchain 3.0: Hardware-Assisted Distributed Ledger for Robust Authentication in the Internet of Medical Things", in *Proceedings of IFIP International Internet of Things Conference (IFIP-IoT)*, 2022, pp. 23--40, DOI: https://doi.org/10.1007/978-3-031-18872-5_2.

PUFchain 3.0 - Architecture



Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, B. K. Baniya, and B. Rout, "PUFchain 3.0: Hardware-Assisted Distributed Ledger for Robust Authentication in the Internet of Medical Things", in *Proceedings of IFIP International Internet of Things Conference (IFIP-IoT)*, 2022, pp. 23--40, DOI: https://doi.org/10.1007/978-3-031-18872-5_2.

PUFchain 3.0: Comparative Analysis

Research Works	Application	DLT or Blockchain	Authentication Mechanism	Performance Metrics
Mohanty et al. 2020 - PUFchain	IoMT (Device and Data)	Blockchain	Proof-of-PUF-Enabled Authentication	PUF Design Uniqueness - 47.02%, Reliability-1.25%
Chaudhary et al. 2021 - Auto-PUFchain	Hawrdware Supply Chain	Blockchain	Smart Contracts	Gas Cost for Ethereum transaction 21.56 USD (5-Stage)
Al-Joboury et al. 2021 - PoQDB	IoT (Data)	Blockchain & Cobweb	IoT M2M Messaging (MQTT)	Transaction Time - 15 ms
Wang et al. 2022 - PUF-Based Authentication	IoMT (Device)	Blockchain	Smart Contracts	NA
Hellani et al. 2021- Tangle the Blockchain	IoT (Data)	Blockchain & Tangle	Smart Contracts	NA
Bathalapalli et al. 2022-PUFchain 2.0	IoMT (Device)	Blockchain	Media Access Control (MAC) & PUF based Authentication	Total On-Chip Power - 0.081 W, PUF Hamming Distance - 48.02 %
Our PUFchain 3.0 in 2022	**IoMT (Device)**	**Tangle**	**Masked Authentication Messaging**	**Authentication 2.72 sec, Reliability - 100% (Approx), MAM Mode-Restricted**

Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, B. K. Baniya, and B. Rout, "PUFchain 3.0: Hardware-Assisted Distributed Ledger for Robust Authentication in the Internet of Medical Things", in *Proceedings of IFIP International Internet of Things Conference (IFIP-IoT)*, 2022, pp. 23--40, DOI: https://doi.org/10.1007/978-3-031-18872-5_2.

Smart Healthcare – Trustworthy Pharmaceutical Supply Chain

Counterfeits in Healthcare

Source: GA-FDD (Government Analyst –Food and Drug Department) issues warning over "fake" drug on local market, https://www.inewsguyana.com/ga-fdd-issues-warning-over-fake-drug-on-local-market/

The original product:

- sold in a white box with blue borders
- contains sixty (60) 500mg tablets
- divided on four (4) silver blister packs, each containing fifteen (15) tablets

The fake product:

- sold in a white box with no border
- contains sixty (60) 500mg tablets
- divided on six (6) silver with blue blister packs, each containing ten (10) tablets

Daflon 500 is used to treat gravitational (stasis) dermatitis and dermatofibrosclerosis

Counterfeits in Healthcare

Tamiflu is an antiviral drug for the treatment of the flu.

- Drug Components: Active Pharmaceutical Ingredient (API) + Excipients or inactive ingredients
- Counterfeit Drugs: Less API or no API or wrong API drugs produced in sub-standard conditions

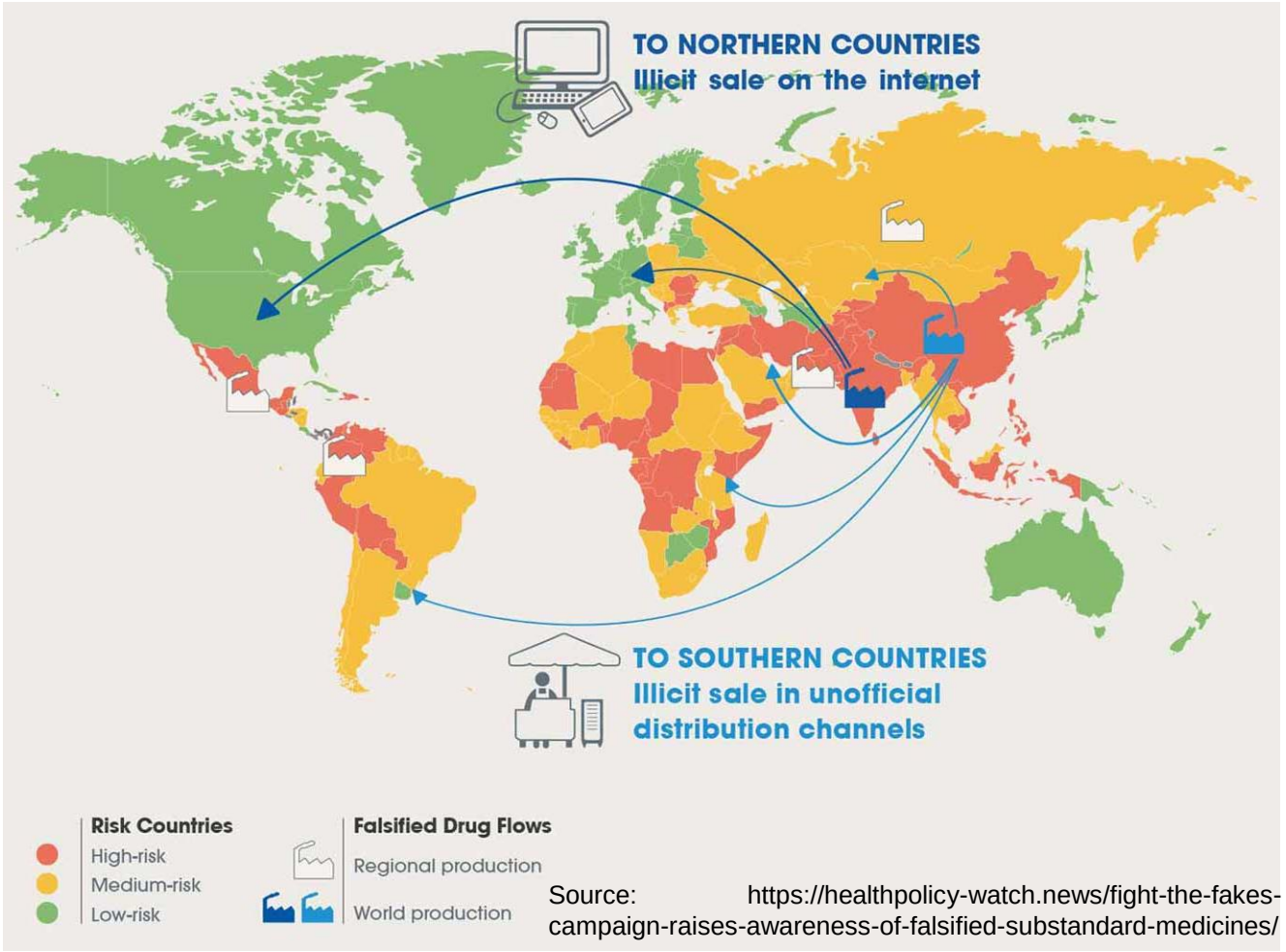
Source: GA-FDD's (Government Analyst –Food and Drug Department's) occasional fake drugs disclosures may be tip of the iceberg, https://www.stabroeknews.com/2019/09/06/business/ga-fdds-occasional-fake-drugs-disclosures-may-be-tip-of-the-iceberg/

Fake Medicine - Serious Global Issue

- It is estimated that close to $83 billion worth of counterfeit drugs are sold annually.
- One in 10 medical products circulating in developing countries are substandard or fake.
- In Africa: Counterfeit antimalarial drugs results in more than 120,000 deaths each year.
- USA has a closed drug distribution system intended to prevent counterfeits from entering U.S. markets, but it isn't foolproof due to many reason including illegal online pharmacy.

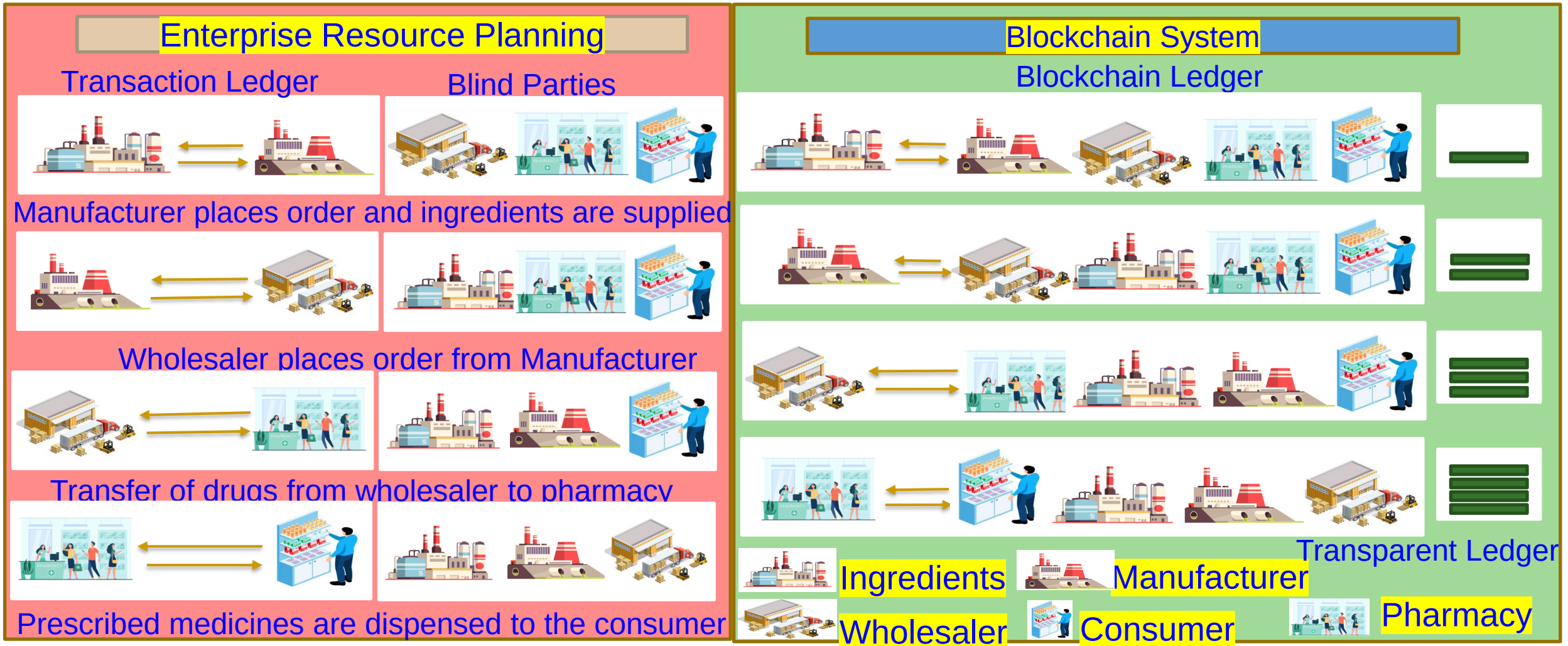
Source: https://fraud.org/fakerx/fake-drugs-and-their-risks/counterfeit-drugs-are-a-global-problem/

Source: https://allaboutpharmacovigilance.org/be-aware-of-counterfeit-medicine/



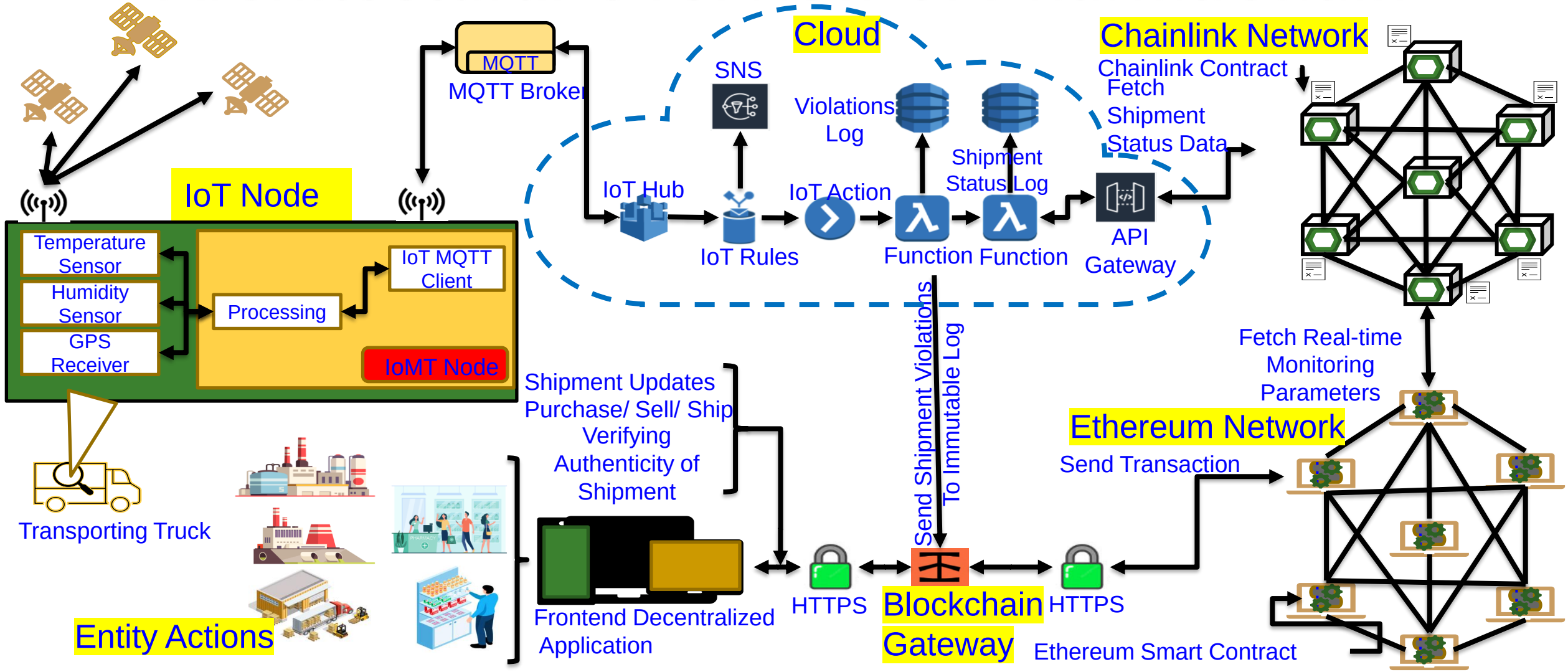
Source: https://healthpolicy-watch.news/fight-the-fakes-campaign-raises-awareness-of-falsified-substandard-medicines/

PharmaChain - Counterfeit Free Pharmaceutical



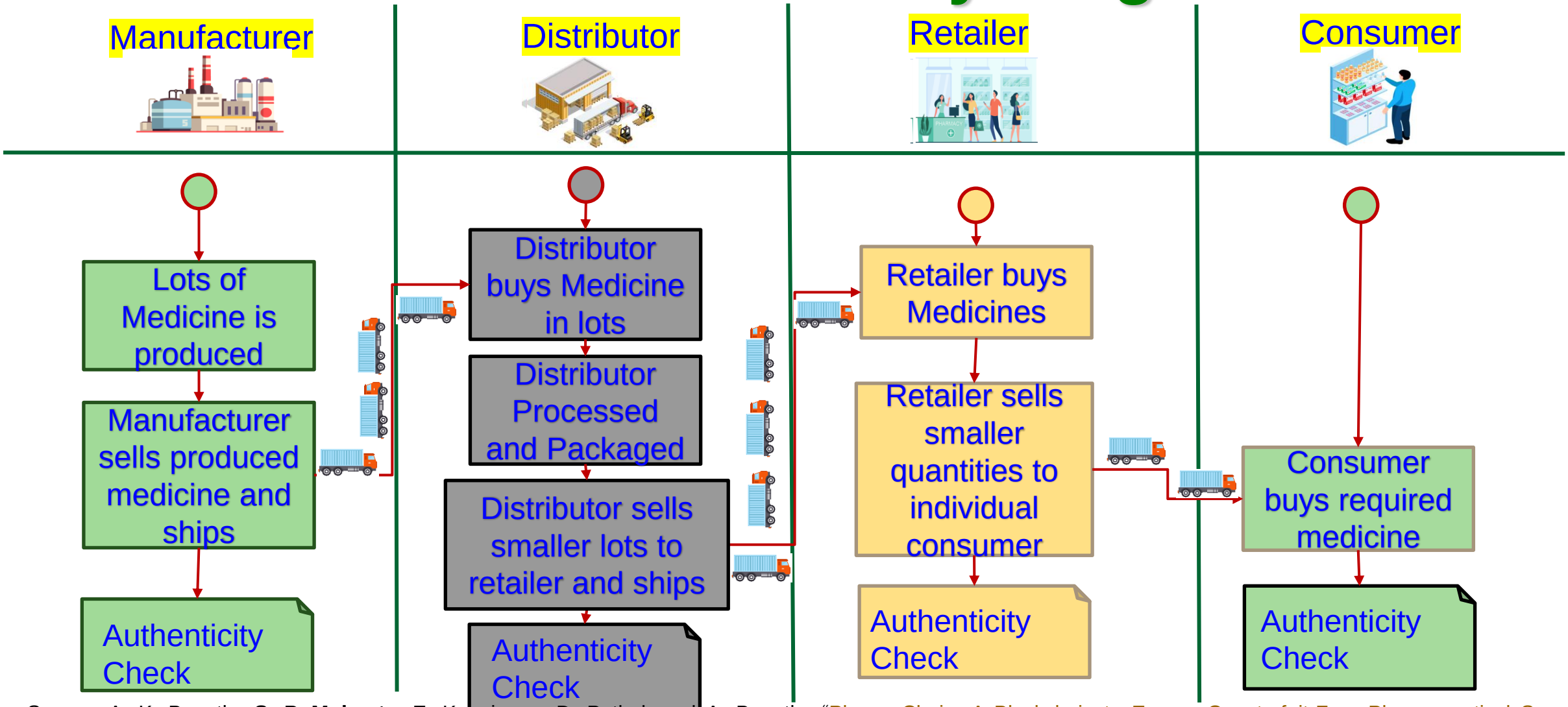
Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, D. Puthal, and A. Bapatla, "PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain", *IET Networks*, Vol. XX, No. YY, ZZ 2022, pp. Accepted on 24 June 2022, DOI: https://doi.org/10.1049/ntw2.12041. (Dataset for Research: GitHub)

Architectural Overview of PharmaChain



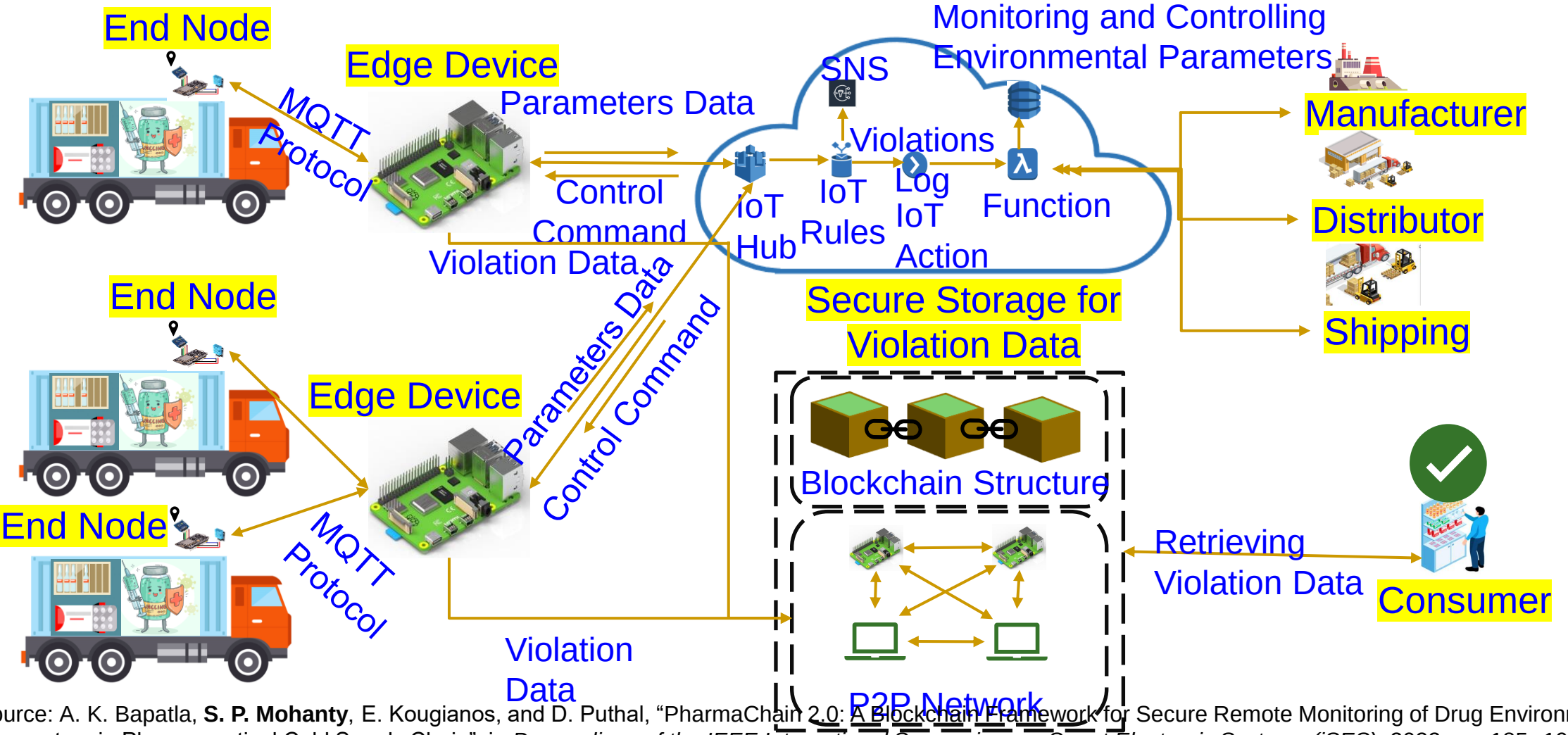
Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, D. Puthal, and A. Bapatla, "PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain", *IET Networks*, Vol. 12, No. 2, March 2023, pp. 53--76, DOI: https://doi.org/10.1049/ntw2.12041. (Dataset for Research: GitHub)

PharmaChain Entity Diagram



Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, D. Puthal, and A. Bapatla, "PharmaChain: A Blockchain to Ensure Counterfeit-Free Pharmaceutical Supply Chain", *IET Networks*, Vol. 12, No. 2, March 2023, pp. 53--76, DOI: https://doi.org/10.1049/ntw2.12041. (Dataset for Research: GitHub)

PharmaChain 2.0 - Architecture Overview



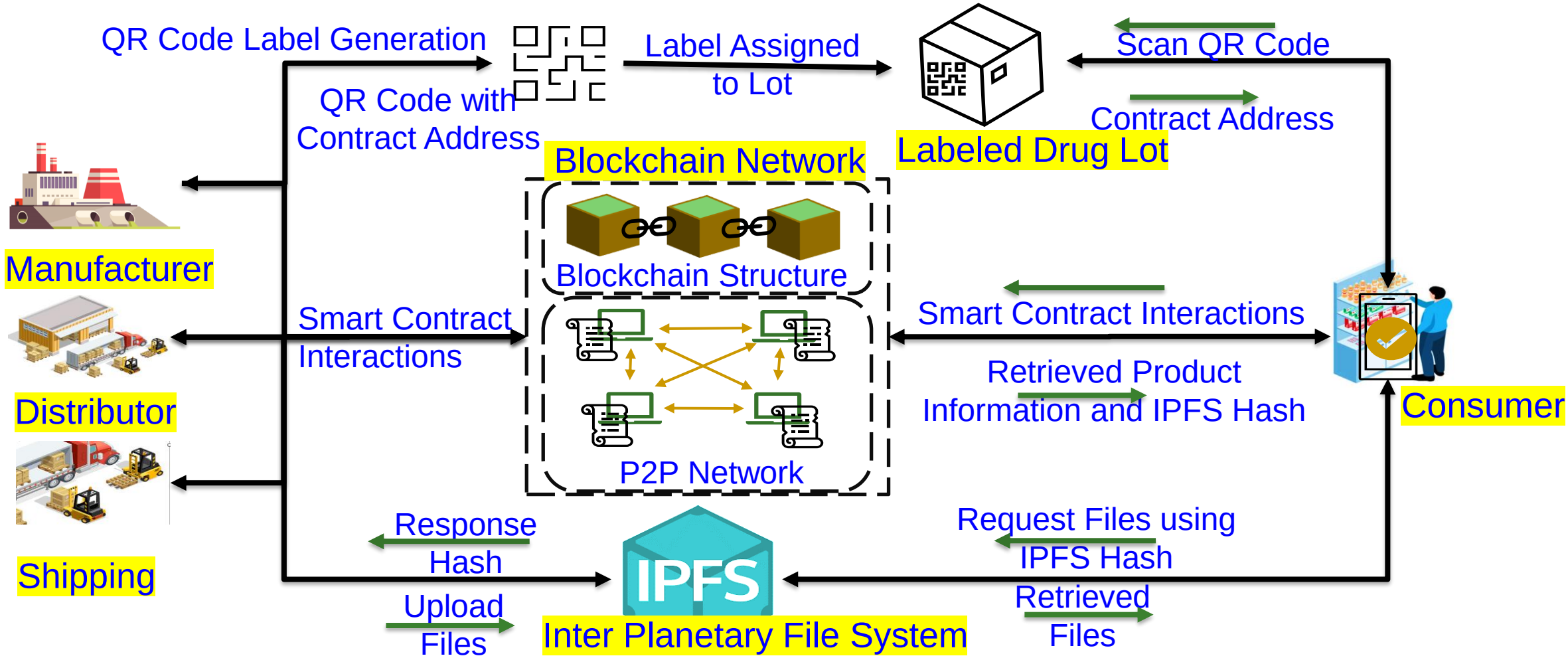
Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, and D. Puthal, "PharmaChain 2.0: A Blockchain Framework for Secure Remote Monitoring of Drug Environmental Parameters in Pharmaceutical Cold Supply Chain", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. 185--190, DOI: https://doi.org/10.1109/iSES54909.2022.00046.

PharmaChain Versus PharmaChain 2.0

PharmaChain	PharmaChain 2.0
Tracking and Tracing in Pharmaceutical Supply Chain	Both Tracking & Tracing along with Monitoring and Controlling Temperature Excursions
Ethereum Blockchain	PoAh Consensus Based Blockchain (our EasyChain)
Proof-of-Authority (PoA) with less throughput compared to PoAh	Proof-of-Authentication (PoAh) with higher throughput
Private Blockchain with only nodes participating from Entities	Private Blockchain with only nodes participating from Entities
Not IoT friendly Consensus	IoT Friendly Consensus with less power and computations
Average transaction processing time is 5.6 sec.	Average transaction time has been improved significantly to 322.28 ms

Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, and D. Puthal, "PharmaChain 2.0: A Blockchain Framework for Secure Remote Monitoring of Drug Environmental Parameters in Pharmaceutical Cold Supply Chain", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. 185--190, DOI: https://doi.org/10.1109/iSES54909.2022.00046.

PharmaChain 3.0 - Architectural Overview



Source: A. K. Bapatla, **S. P. Mohanty**, and E. Kougianos, "PharmaChain 3.0: Efficient Tracking and Tracing of Drugs in Pharmaceutical Supply Chain using Blockchain Integrated Product Serialization Mechanism", *Springer Nature Computer Science (SN-CS)*, Vol. 5, No. 1, Jan 2024, Article: 149, 22-pages, DOI: https://doi.org/10.1007/s42979-023-02510-9.

PharmaChain 2.0 Versus PharmaChain 3.0

PharmaChain 2.0	PharmaChain 3.0
Both Tracking & Tracing along with Monitoring and Controlling Temperature Excursions	Integrating QR Code Mechanism for easy Tracking and Tracing and Drug Information
PoAh Consensus Based Blockchain (Our EasyChain)	Ethereum Blockchain into the CPS
Proof-of-Authentication (PoAh) with higher throughput	Proof-of-Stake (PoS) Consensus mechanism is used with lesser throughput than PoAh
Private Blockchain with only nodes participating from Entities	Private Blockchain with only nodes participating from Entities
IoT Friendly Consensus with less power and computations. Doesn't support smart Contracts.	P2P nodes are maintained by the entities and are computationally capable. No need for IoT-Friendly Consensus
The average transaction time is 322.28ms	The average Transaction time is 16.2 Sec
Less information storage capabilities	More information can be stored

Source: A. K. Bapatla, **S. P. Mohanty**, E. Kougianos, and D. Puthal, "PharmaChain 3.0: Blockchain Integrated Efficient QR Code Mechanism for Pharmaceutical Supply Chain", in *Proc. OITS International Conference on Information Technology (OCIT)*, 2022, 625--630, DOI: https://doi.org/10.1109/OCIT56763.2022.00121.

PharmaChain 3.0 - Comparative Analysis

Works	Blockchain	Consensus Mechanism	Computational Needs	Openness	QR Code Integrated	Storage	Handling Large data
Crypto Cargo [11]	Ethereum	Proof-of-Work (PoW)	High	Public	No	On-Chain and Cloud	No
Kumar et.al. [9]	NA	NA	NA	NA	Yes	On-chain	No
PharmaChain [12]	Ethereum	Proof-of-Authority (PoA)	Low	Private	No	On-Chain and Cloud	No
PharmaChain 2.0	Our EasyChain	Proof-of-Authentication (PoAh)	Low	Private	No	On-Chain and Cloud	No
Current Solution (PharmaChain 3.0)	Ethereum	Proof-of-Stake (PoS)	Low	Private	Yes	On-Chain and off-Chain	Yes

Is Physical Unclonable Function (PUF) the Solution for Every Cybersecurity Problem?

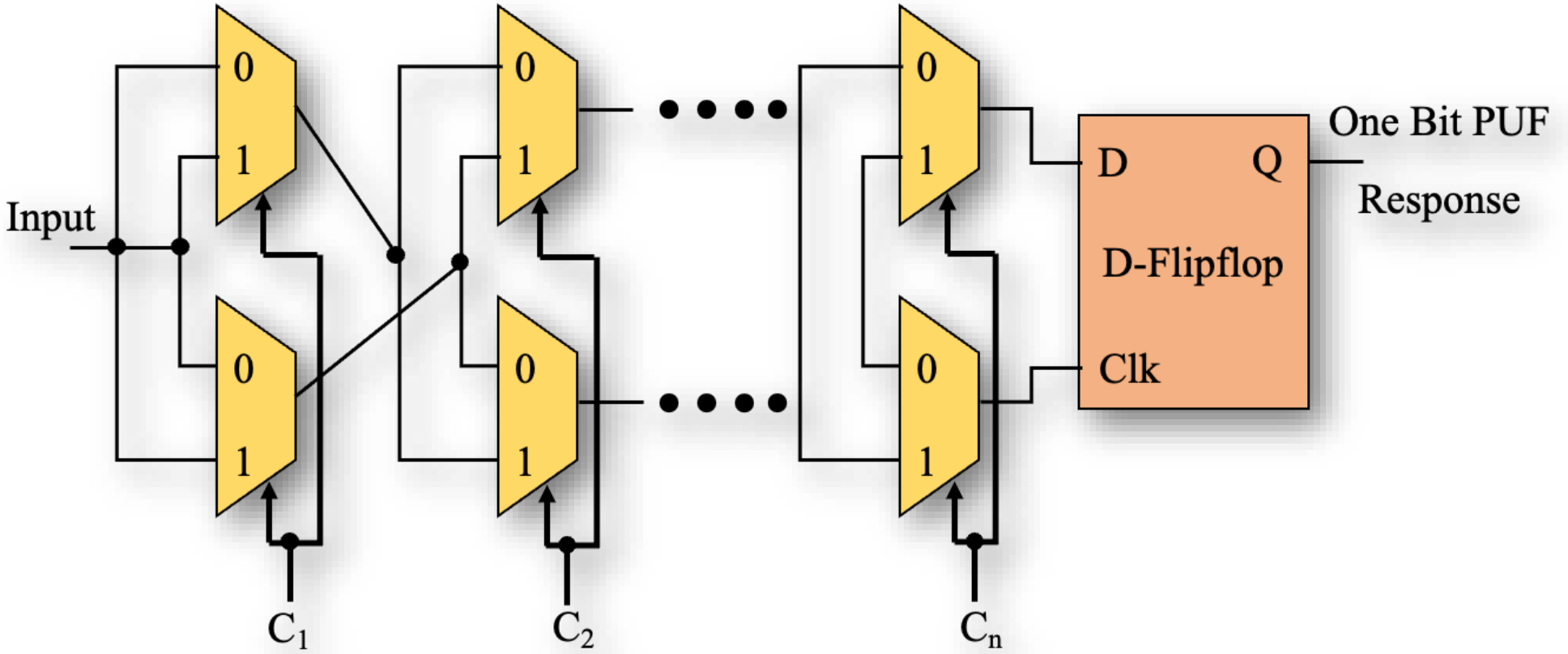
If PUF is So Great, Why Isn't Everyone Using It?

- PUF technology is difficult to implement well.
- In addition to security system expertise, one needs analog circuit expertise to harness the minute variances in silicon and do it reliably.
- Some PUF implementations plan for a certain amount of marginality in the analog designs, so they create a PUF field of 256 bits (for example), knowing that only 50 percent of those PUF features might produce reliable bits, then mark which features are used on each production part.
- PUF technology relies on such minor variances, long-term quality can be a concern: will a PUF bit flip given the stresses of time, temperature, and other environmental factors?
- Overall the unique mix of security, analog expertise, and quality control is a formidable challenge to implementing a good PUF technology.

Source: https://embeddedcomputing.com/technology/processing/semiconductor-ip/demystifying-the-physically-unclonable-function-puf

PUF Limitations – Larger Key Needs Large ICs

- Larger key requires larger chip circuit.

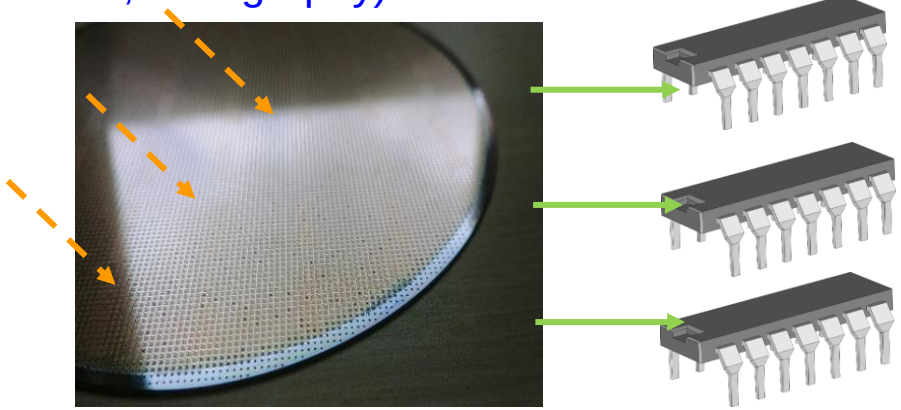


1 – Bit Arbiter PUF Architecture

IC for PUF – Contradictory Design Objective - Variability versus Variability-Aware Design

Variability → Randomness for PUF

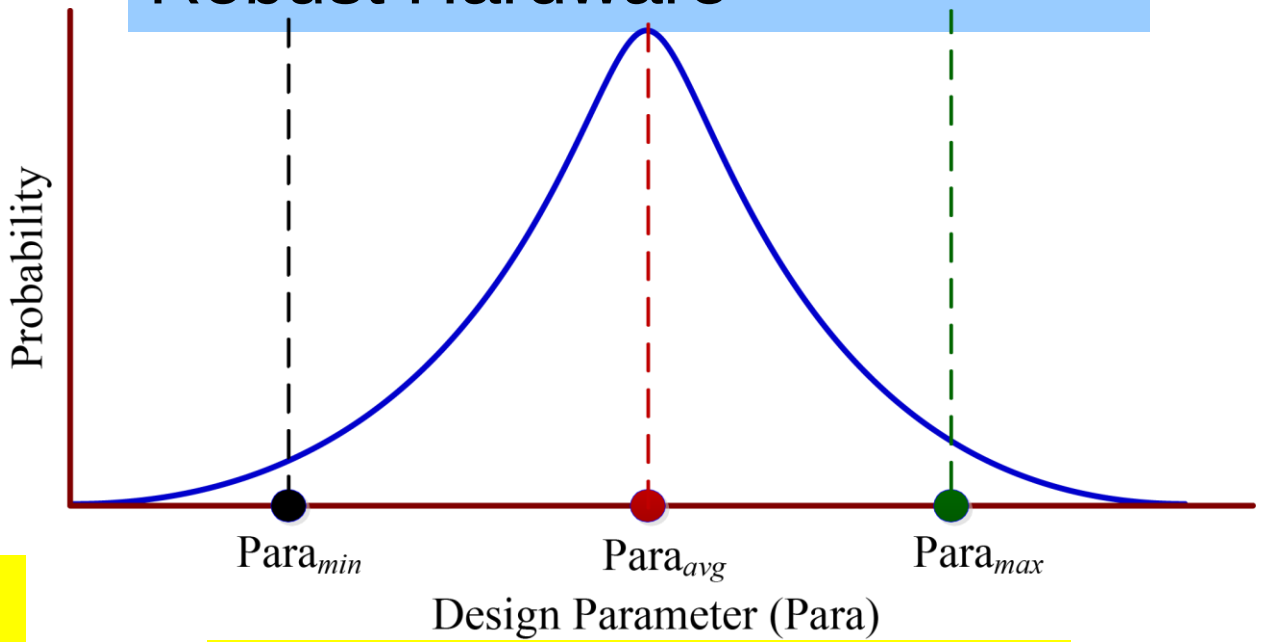
Manufacturing Variations (e.g. Oxide Growth, Ion Implantation, Lithography)



Variability Features → Randomness → PUF

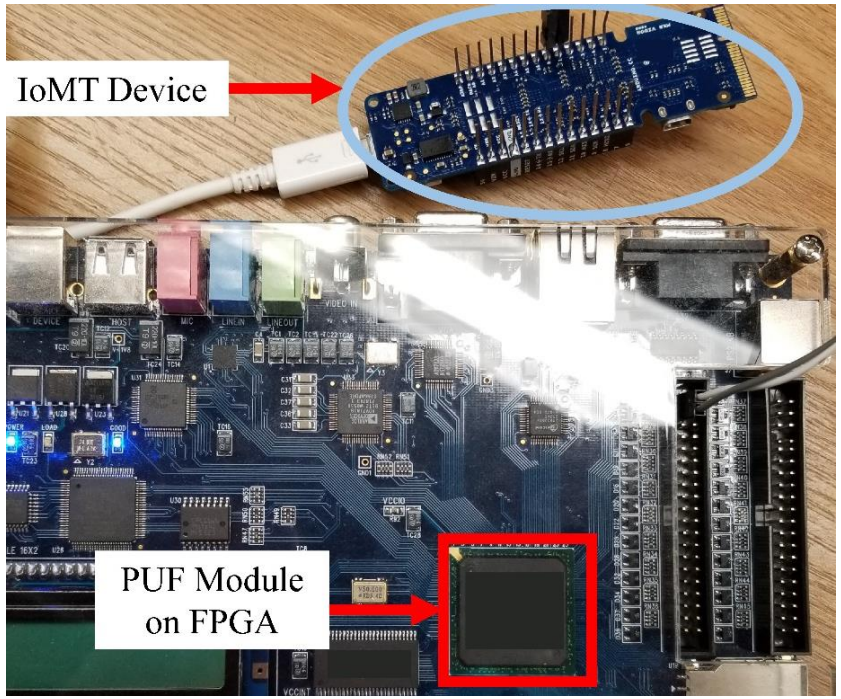
Is it not case of Conflicting Objectives?
How to have a Robust-IC design that functions as a PUF?

Variability-Aware Design → Robust Hardware



Optimize (μ+nσ) to reduce variability for Robust Design

PUF – FPGA versus IC



Source: V. P. Yanambaka, **S. P. Mohanty**, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

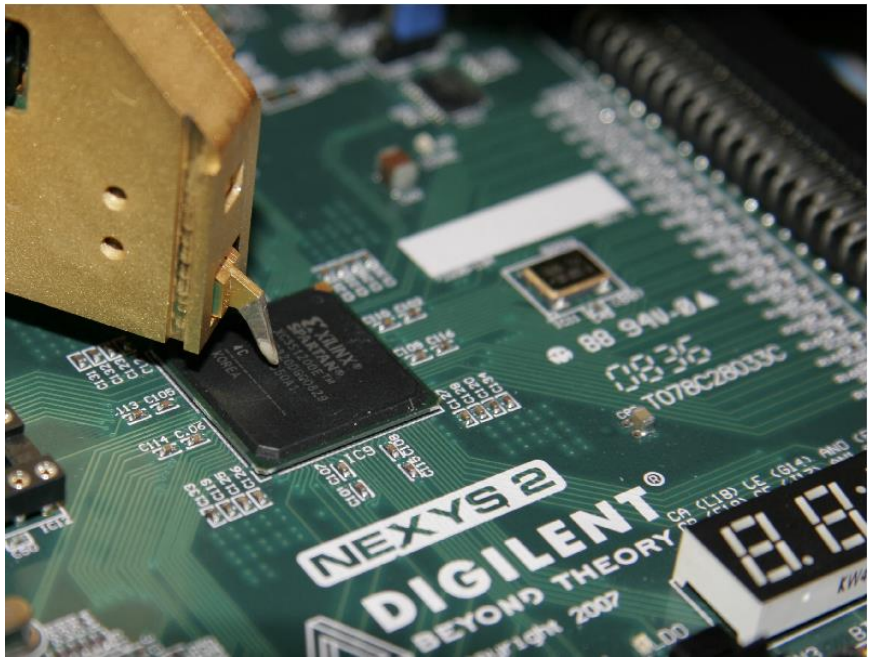
- Faster prototyping
- Lesser design effort
- Minimal skills
- Cheap
- Rely on already existing post fabrication variability

Source: **S. P. Mohanty** and E. Kougianos, "Incorporating Manufacturing Process Variation Awareness in Fast Design Optimization of Nanoscale CMOS VCOs", *IEEE Transactions on Semiconductor Manufacturing (TSM)*, Volume 27, Issue 1, February 2014, pp. 22--31.

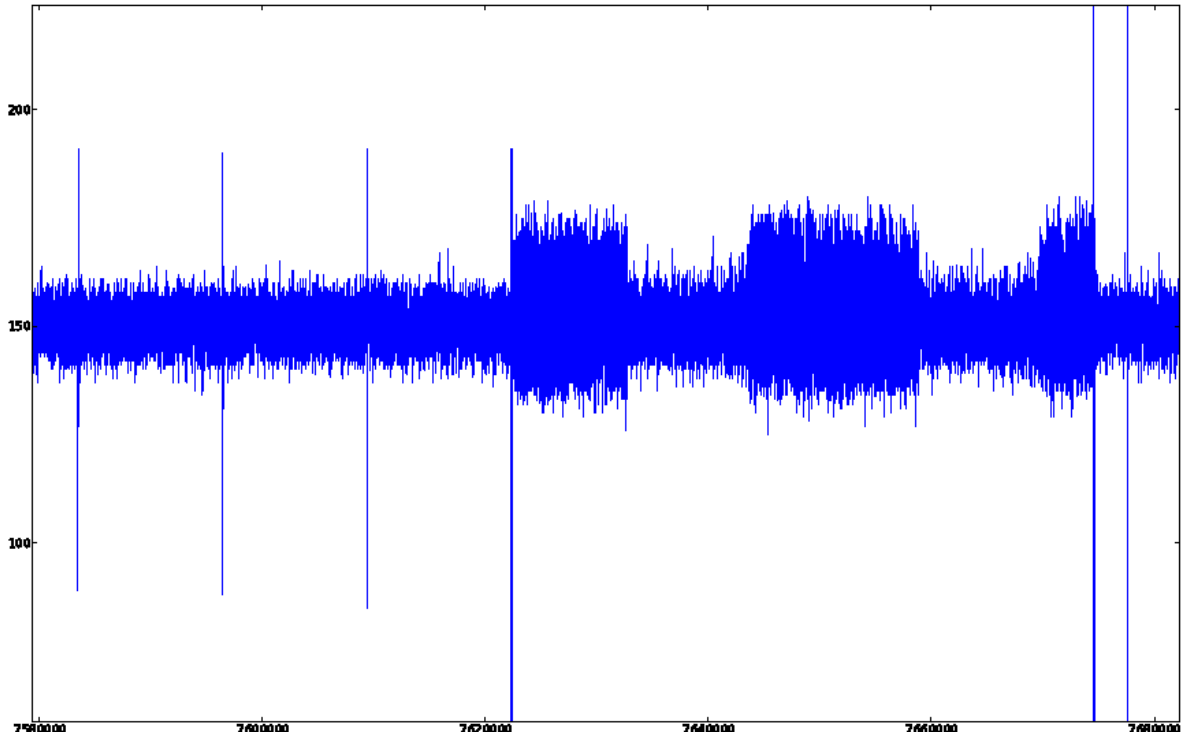
- Takes time to get it from fab
- More design effort
- Needs analog design skills
- Can be expensive
- Choice to send to fab as per the need

PUF - Side Channel Leakage

- Delay-based PUF implementations are vulnerable to side-channel attacks.



Langer ICR HH 150 probe over Xilinx Spartan3E-1200 FPGA



Magnification of the last part of the complete trace. Three trigger signals can be identified: (1) between oscillator phase and error correction phase, (2) between error correction and hashing, and (3) at the end of hashing.

Source: Merli, D., Schuster, D., Stumpf, F., Sigl, G. (2011). Side-Channel Analysis of PUFs and Fuzzy Extractors. In: McCune, J.M., Balacheff, B., Perrig, A., Sadeghi, AR., Sasse, A., Beres, Y. (eds) Trust and Trustworthy Computing. Trust 2011. Lecture Notes in Computer Science, vol 6740. Springer, Berlin, Heidelberg. https://doi.org/10.1007/978-3-642-21599-5_3

PUF – Trojan Issue

- Improper implementation of PUF could introduce "backdoors" to an otherwise secure system.
- PUF introduces more entry points for hacking into a cryptographic system.

Provide backdoor to adversary.
Chip fails during critical needs.

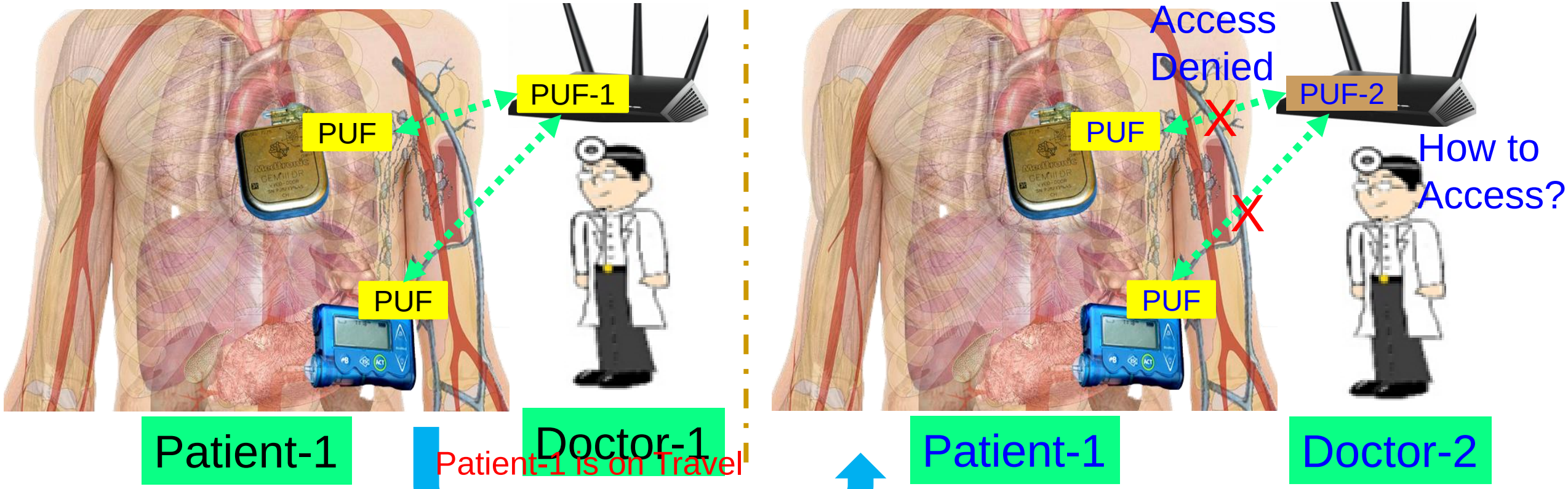
Source: Rührmair, Ulrich; van Dijk, Marten (2013). *PUFs in Security Protocols: Attack Models and Security Evaluations* (PDF), in *Proc. IEEE Symposium on Security and Privacy*, May 19–22, 2013

PUF – Machine Learning Attack

- One types of non-invasive attacks is machine learning (ML) attacks.
- ML attacks are possible for PUFs as the pre- and post-processing methods ignore the effect of correlations between PUF outputs.
- Many ML algorithms are available against known families of PUFs.

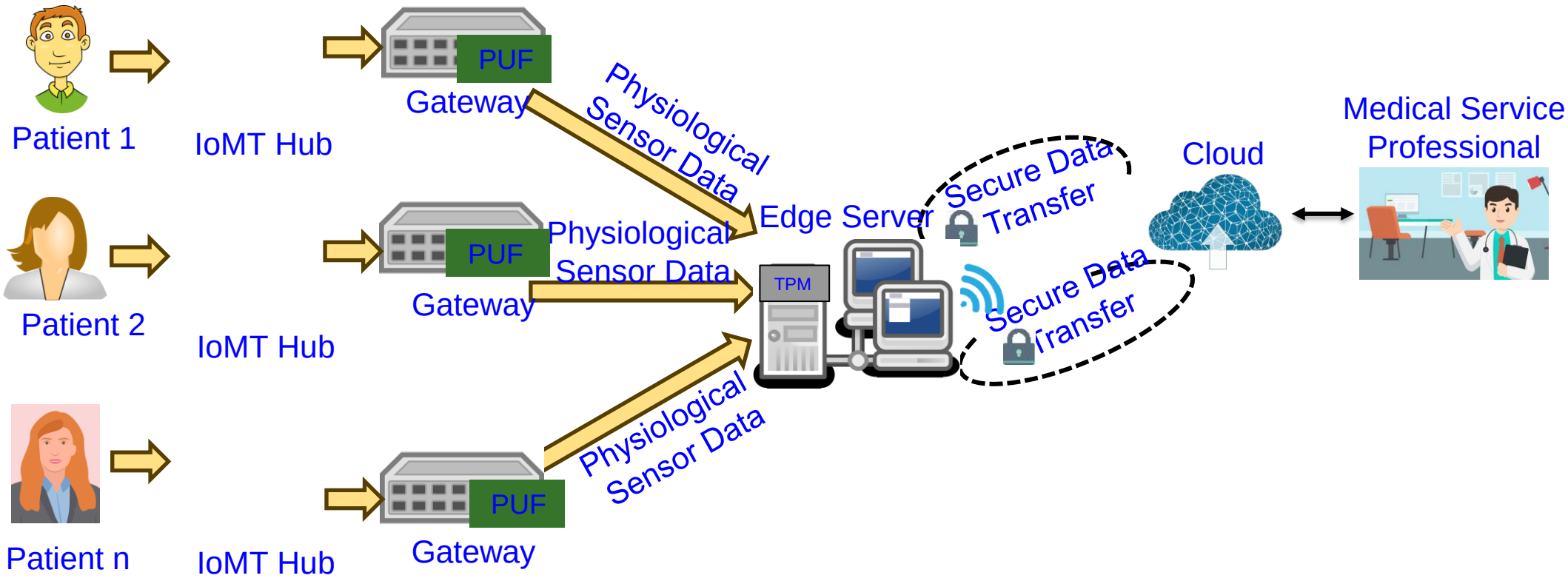
Source: Ganji, Fatemeh (2018), ”On the learnability of physically unclonable functions”, Springer. ISBN 978-3-319-76716-1.

PUF based Cybersecurity in Smart Healthcare - Doctor's Dilemma



Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, V. Iyer, and B. Rout, "PMsec 2.0: A Security-By-Design Solution for Doctor's Dilemma Problem in Smart Healthcare", in *Proceedings of the OITS International Conference on Information Technology (OCIT)*, 2023, pp. 456--461, DOI: https://doi.org/10.1109/OCIT59427.2023.10430808.

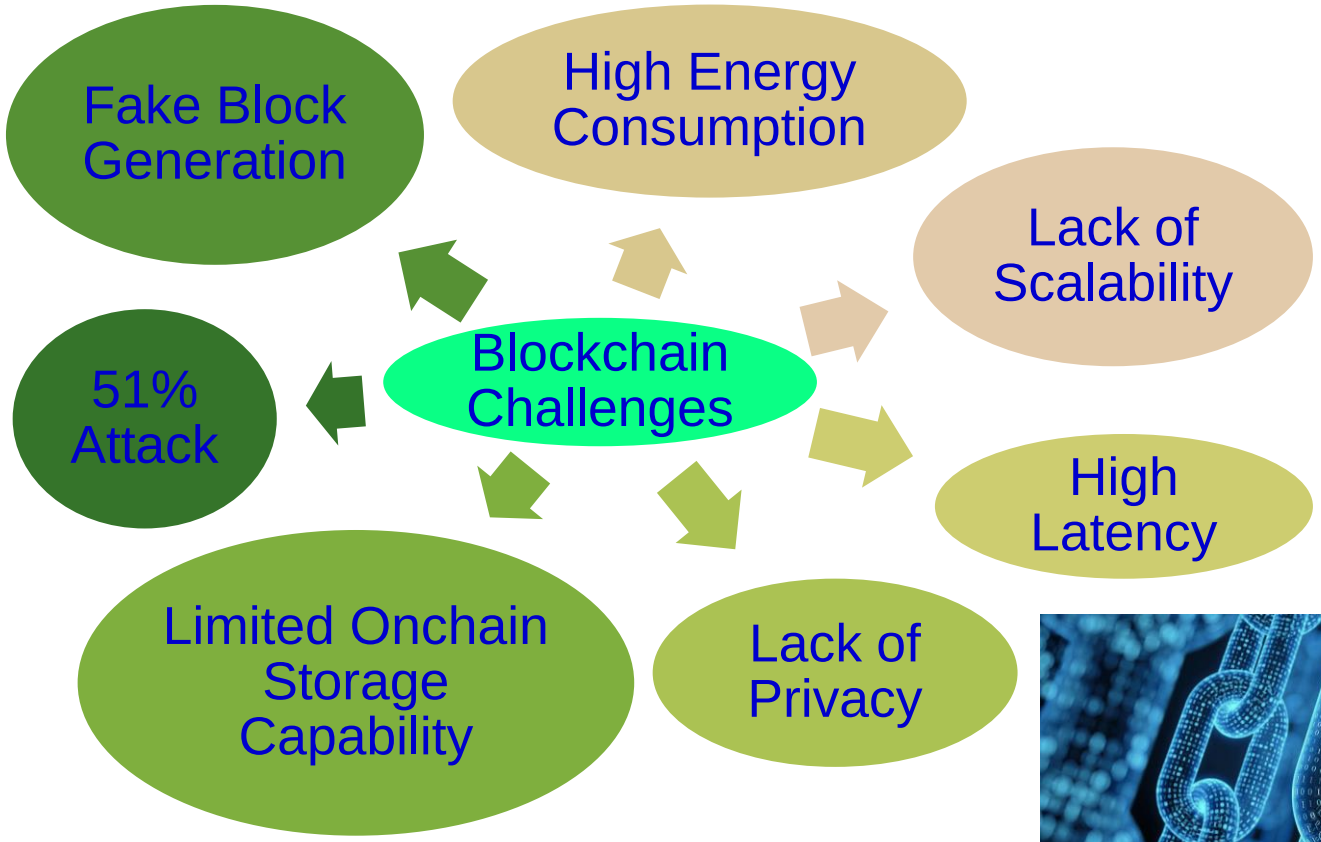
PMsec 2.0: A Security-By-Design Solution for Doctor's Dilemma Problem in Smart Healthcare



Source: V. K. V. V. Bathalapalli, **S. P. Mohanty**, E. Kougianos, V. Iyer, and B. Rout, "PMsec 2.0: A Security-By-Design Solution for Doctor's Dilemma Problem in Smart Healthcare", in *Proceedings of the OITS International Conference on Information Technology (OCIT)*, 2023, pp. 456--461, DOI: https://doi.org/10.1109/OCIT59427.2023.10430808.

Is Blockchain the Solution for Every Cybersecurity Problem?

Blockchain has Many Challenges



Source: https://www.etorox.com

Source: https://www.monash.edu/blockchain/news/how-do-we-know-blockchain-cant-be-hacked-or-manipulated-or-can-it

Source: D. Puthal, N. Malik, S. P. Mohanty, E. Kougianos, and G. Das, "Everything you Wanted to Know about the Blockchain", *IEEE Consumer Electronics Magazine*, Volume 7, Issue 4, July 2018, pp. 06--14.

Blockchain Energy Need is Huge

Energy for mining of 1 bitcoin

=

Energy consumption 2 years of a US household

=

Energy consumption for each bitcoin transaction

=

80,000 X

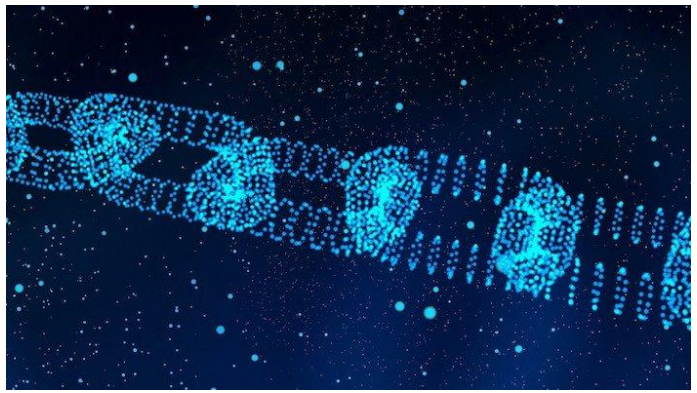
Energy consumption of a credit card processing

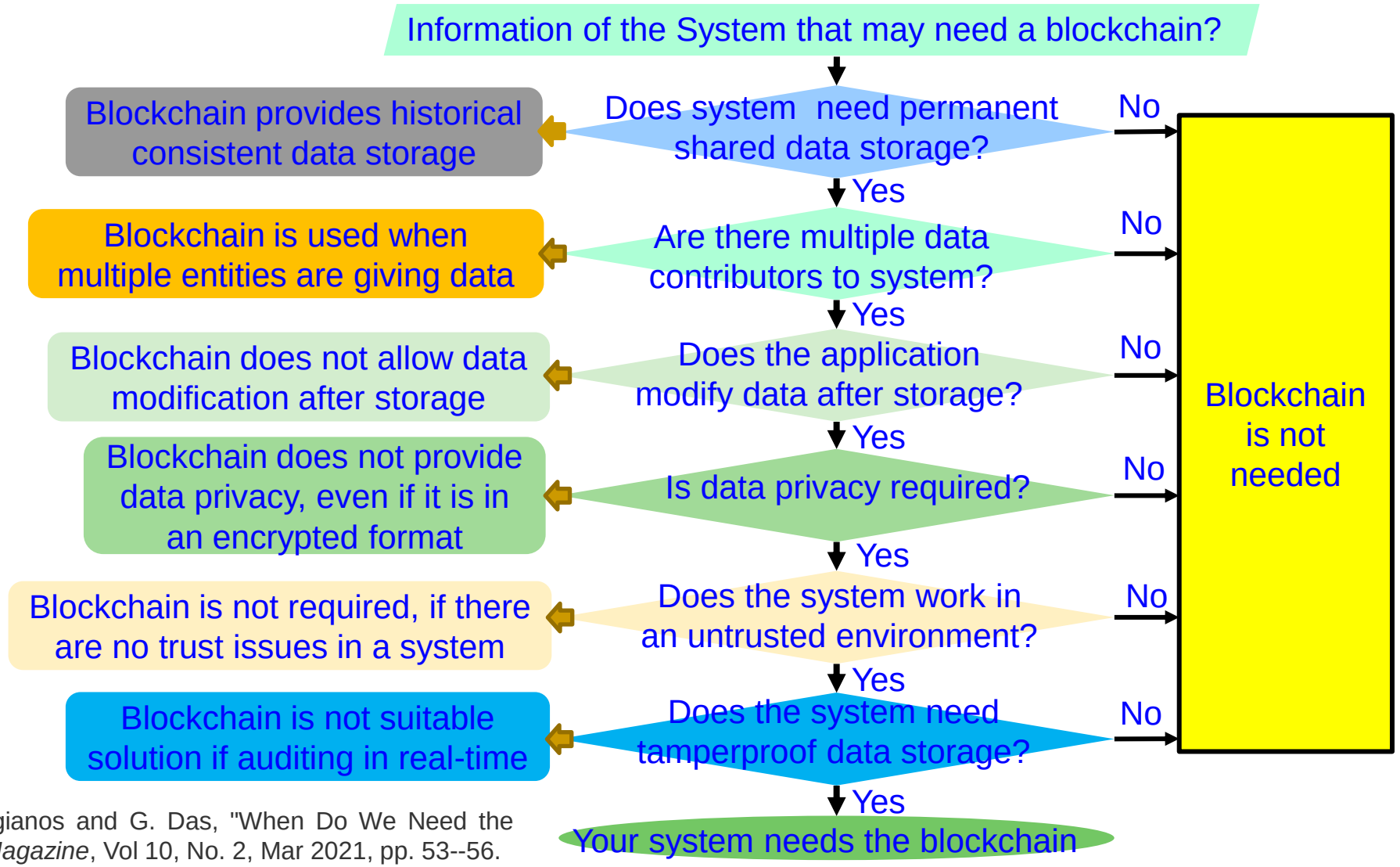
Blockchain has Cybersecurity Challenges

Selected attacks on the blockchain and defences		
Attacks	Descriptions	Defence
Double spending	Many payments are made with a body of funds	Complexity of mining process
Record hacking	Blocks are modified, and fraudulent transactions are inserted	Distributed consensus
51% attack	A miner with more than half of the network's computational power dominates the verification process	Detection methods and design of incentives
Identity theft	An entity's private key is stolen	Reputation of the blockchain on identities
System hacking	The software systems that implement a blockchain are compromised	Advanced intrusion detection systems

Source: N. Kolokotronis, K. Limniotis, S. Shiaeles, and R. Griffiths, "Secured by Blockchain: Safeguarding Internet of Things Devices," *IEEE Consumer Electronics Magazine*, vol. 8, no. 3, pp. 28–34, May 2019.

When do You Need the Blockchain?





Source: D. Puthal, S. P. Mohanty, E. Kougianos and G. Das, "When Do We Need the Blockchain?," *IEEE Consumer Electronics Magazine*, Vol 10, No. 2, Mar 2021, pp. 53--56.

Conclusions and Future Research

Conclusions

- Healthcare has been evolving to Healthcare-CPS (H-CPS).
- Internet of Medical Things (IoMT) is key for smart healthcare.
- Smart healthcare can reduce cost of healthcare and give more personalized experience to the individual.
- IoMT provides advantages but also has limitations in terms of security, and privacy; thus challenging to build sustainable smart healthcare.
- Cybersecurity in smart healthcare is a serious challenge as device as well as data security and privacy are important.
- Medical device security is a difficult problem as these are resource and battery constrained; thus challenge for sustainable H-CPS.
- Security-by-Design and/or Privacy-by-Design is critical for IoMT/H-CPS.

Future Research

- TinyML for smart healthcare that can run at user-end (edge/sensor) needs research.
- H-CPS will need robust data, devices, along with cybersecurity and privacy assurance to be sustainable and hence need more research.
- Security of IWMDs needs to have extremely minimal energy overhead to be useful and hence needs research.
- Integration of blockchain for smart healthcare need research due to energy and computational overheads associated with it.
- SbD research for IoMT/H-CPS is needed.
- PbD research for IoMT/H-CPS is needed.
- Trustworthy Pharmaceutical Supply Chain needs research.